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Lillian Karina Diaz Rios Receives 2023 SNEB Early Professional Achievement Award

INDIANAPOLIS, Ind. (August 30, 2023) The Society for Nutrition Education and Behavior (SNEB) selected Lillian Karina Diaz Rios, PhD, RDN to receive the Early Professional Achievement Award at the 2023 SNEB Annual Conference.

This award recognizes one SNEB member who has made notable contributions in the field of nutrition education and behavior and to SNEB as an organization during the early stages of their career (less than 10 years as a nutrition educator). The award was presented at the 2023 SNEB Annual Conference during the awards ceremony on July 21, 2023, in Washington, D.C.

Diaz Rios is an associate specialist in the Cooperative Extension Division of Agriculture and Natural Resources at the University of California, Merced. She is responsible for research and outreach to improve health equity via eating and feeding practices of communities vulnerable to malnutrition in California. An SNEB member since 2013, Diaz Rios has served on the Journal Committee since 2018, chairing the committee in 2022.

SNEB member Marilyn Townsend, PhD, RD nominated Diaz Rios for the award.

“I am continually impressed with the depth of her knowledge in areas of expertise and the impact her work is having on professionals in nutrition education, health and behavior,” said Townsend. “Dr. Diaz Rios is responsible for research and outreach to improve health equity via eating and feeding practices of communities vulnerable to malnutrition in California. Her work includes the application of cross-cultural principles to design and evaluate nutrition education interventions that promote health equity and the tools to measure their impact.”

Diaz Rios serves as a statistical reviewer for the Journal of Nutrition Education and Behavior. She is a registered dietitian with the Commission on Dietetic Registration.

ABOUT THE SOCIETY FOR NUTRITION EDUCATION AND BEHAVIOR

The Society for Nutrition Education and Behavior (SNEB) represents the unique professional interests of nutrition educators worldwide. The Society for Nutrition Education and Behavior advances food and nutrition education research, practice, and policy that promote equity and support public and planetary health and has a vision of people worldwide empowered by food and nutrition education to change behavior, food systems, and policy.