



Society for  
Nutrition Education  
and Behavior



# Empowering Food Citizens

# SNEB2023

INTERNATIONAL ANNUAL CONFERENCE  
Washington, D.C. | July 20-23, 2023

Detailed Programme Schedule

*Together for nutrition and food systems transformation*



## Message from Conference Chair Yenory Hernández-Garbanzo, PhD

We are delighted and honored to invite all SNEB members, prospective members, and partners from around the world to participate fully in the upcoming 2023 SNEB Conference. The event will be held in the beautiful city of Washington D.C. from July 20-23, 2023, and will focus on the theme "Empowering Food Citizens: Together for Nutrition and Food Systems Transformation. Re-connect, Re-nourish, Re-inspire."

The conference's theme builds on SNEB's expertise in promoting effective nutrition education and behavior through research, policy, and practice, as it aims to bring everyone together to identify and propose the most powerful ways to empower food citizens, who must be at the heart of nutrition and food systems transformation.

Today, there is an urgent need to re-connect, re-nourish, and re-inspire everyone's effort to work towards actionable "pathways for transitioning food systems to protect human and planetary health". Several opportunities have been put in place to ensure all people's active and meaningful participation. Two remarkable examples are the past 2021 United Nations Food Systems Summit and the 2022 White House Conference on Hunger, Nutrition and Health.

The 2023 SNEB conference will also serve as the perfect platform to share and apply new developments, evidence, and expertise to better understand and influence the interconnections between food-related behaviors, food systems, nutrition education research, and practice approaches and policies for healthier diets.

By working together towards maximizing the "multiplier effect" of nutrition education and behavior, we can ensure that everyone is empowered to become active food citizens, real partners, and drivers of change.



This 2023 conference will also be the place to unleash, discover and/or live what makes SNEB unique. Undoubtedly, its uniqueness and true richness come from each of its members. SNEB people, through its specialized Divisions, inspire others with innovative approaches and cultivate strong connections to nourish each other's professional growth. You will not leave the conference without feeling solidarity everywhere!

We extend our heartfelt appreciation to the conference planning committee members, SNEB divisions and volunteers, sessions organizers and speakers, and government and non-government organizations for their invaluable support in organizing and delivering what promises to be a fulfilling 2023 SNEB experience. On behalf of our dedicated and exceptional team, we sincerely hope you will relish this opportunity to re-connect with friends, re-nourish your knowledge and expertise, and feel re-inspire to make a positive impact in your respective fields.

Yenory Hernández-Garbanzo, PhD  
2023 SNEB Conference Chair  
2022-2023 SNEB President-elect  
2023-2024 SNEB President



## Schedule Icons and Colors Key

In this schedule, there are three icons associated with each day:



RE-CONNECT  
Day 1



RE-NOURISH  
Days 2-3



RE-INSPIRE  
Day 4

Some events follow certain Conference Tracks, each with its own associated color:



Nutrition Equity, Leaving No One Behind



Healthy Diets, Healthy Food Systems, and a Healthy Planet



Nutrition Education and Behavior Theory, Research, Evaluation and Policy



Digital Technology and Nutrition Education



Healthy and Sustainable Pathways for Children and Youth



Advances for the Future of Nutrition Education and Behavior



Capacity Development and Training for the Next Generation of Nutrition Educators





# DAY 1: RE-CONNECT

Thursday, July 20th, 2023


TIME	EVENT
REGISTRATION OPEN	7:30 AM - 5:30 PM
CAPITOL HILL VISIT	Duration: 5 hours/ \$25-RSVP is required - 25 person limit.
8:30 AM - 1:00 PM	 Advocating for Nutrition Education: A Day on Capitol Hill
EXPERIENTIAL FIELD TRIP	Duration: 5 hours/ \$25-RSVP is required - 20 person limit.
8:30 AM - 1:00 PM	 Exploring Farm to School in D.C. with FoodPrints: Empowering the Next Generation of Food Citizens through School-Based Experiential Food Education
DEEP DIVE WORKSHOPS	Duration: 6 hours. A separate registration fee is required. Space is limited.
9:30 AM - 3:30 PM	 Community Food Security and Nutrition in Action (Cost: \$75)
9:30 AM - 3:30 PM	 Qualitative Data Analysis for Nutrition Education Research (Cost: \$25)
9:30 AM - 3:30 PM	 Defining, Applying, and Measuring Food Literacy Frameworks for Health and Education (Cost: \$25)
LEARNING LABS	Duration: 2-3 hours. No additional fee.
9:30 AM - 12:30 PM	 The Power of Graphic Style Stories to Empower Sustainable Healthy Eating Behaviors
9:30 AM - 12:30 PM	 Application of the Mobile Teaching Kitchen as an Innovation to Tackle Food Insecurity in the US and Internationally
01:30 PM - 3:30 PM	 New SNAP-Ed Tools and Strategies to Help Communities Reach 2030 White House Conference Targets
01:30 PM - 3:30 PM	 Client Directed Counseling for the Nutrition Professional
SNEB LEADERSHIP WELCOME MEETING	
3:45 PM - 4:45 PM	SNEB Leadership Welcome Meeting (by invitation only)
MENTORING INITIATIVE	
4:00 PM - 4:45 PM	Mentor-Mentee Meet Up
OPENING PLENARY SESSION	
5:00 PM - 5:10 PM	Opening and Welcome Remarks by SNEB Leadership
5:10 PM - 5:25 PM	Land and Labor Acknowledgement and Indigenous Spiritual Ceremony
5:25 PM - 5:45 PM	Setting the Scene: The Vital Role of Nutrition Education and Courageous Leadership for Healthy Diets and Sustainable Food Systems
5:45 PM - 7:00 PM	Cooking Demo and Multistakeholder Panel Discussion: Cooking Up Empowerment: Ingredients for Food Citizens Transformation
WELCOME RECEPTION AND LIVE MUSICAL PERFORMANCE BY AY YOUNG, UN YOUTH LEADER FOR THE SDGs	
7:00 PM - 8:30 PM	Re-connect with friends & meet new people
7:00 PM - 8:30 PM	Renourish with tasty local food appetizers and cash bar
7:00 PM - 8:30 PM	Re-inspire your spirit with music and entertainment
STUDENT'S SOCIAL	
8:30 PM - 9:30 PM	





# DAY 2: RE-NOURISH

## Friday, July 21st, 2023

TIME	EVENT
<b>GETTING READY</b>	
7:00 AM - 5:00 PM	Registration Open
7:00 AM - 5:00 PM	Speakers Ready Room (Computer available for presenters)
<b>ENERGIZE YOUR DAY #BeActive</b>	
6:15 AM - 6:45 AM	Start the Day on the Right Foot (#SNEB2023 Morning Walk/Run in D.C.)
6:45 AM - 7:00 AM	Mindfulness Meditations and/or Nature Connections to Start the Day
<b>BREAKFAST AND NETWORKING</b>	
7:00 AM - 8:00 AM	Coffee with JNEB Editor-in-Chief and Editors (All welcome) (Sponsored by Elsevier).
<b>MORNING PLENARY SESSION</b>	
8:00 AM - 9:30 AM	 Youth Change-Makers and Nutrition Education: Connecting, Nourishing and Inspiring a Better Food Future.
<b>ACTIVE BREAK-DANCE PERFORMANCE</b>	
9:30 AM - 9:45 AM	Let's Dance for A Better Food Future: UN Food Heroes Music Video and School Children's Performance.
<b>CONCURRENT SESSIONS I</b>	
9:45 AM - 10:45 AM	 Eating Competence Research: A Global Happening
9:45 AM - 10:45 AM	 Strategies to Integrate Racial and Health Equity into Nutrition Education and Food System Transformation Plans
9:45 AM - 10:45 AM	 Nurturing Young Food Citizens of the Future through Policy, Systems, and Environmental Changes
9:45 AM - 10:45 AM	 Nutrition Security and Equitable Access to WIC Nutritious Foods: United States Federal Policy Implications
<b>NUTRITION BREAK IN EXHIBIT HALL</b>	
10:45 AM - 11:15 AM	Nutrition Break Served
10:45 AM - 4:00 PM	Exhibit Hall Open
<b>POSTER SESSION AND TECH PLAYGROUND</b>	
10:45 AM - 12:00 PM	Poster Abstracts
10:45 AM - 12:00 PM	Tech Playground
<b>LUNCH ON THEIR OWN, MEETINGS &amp; NETWORKING</b>	
11:00 AM - 12:00 PM	Research Division
11:00 AM - 12:00 PM	DigiTech Division
11:00 AM - 12:00 PM	DINE Division
11:00 AM - 12:00 PM	FNEE Division



TIME		EVENT
12:00 PM - 1:00 PM		Student Division
12:00 PM - 1:00 PM		Children’s Division
12:00 PM - 1:00 PM		Public Health Division
12:00 PM - 1:00 PM		Journal Committee; Nominating Committee, ACPP
11:00 AM - 1:00 PM		Meet USDA-NIFA Leaders (Sign-up today for a one-on-one meeting with USDA-NIFA leaders)
DIALOGUE NOW SESSION WITH THE FOOD TRUST		
12:00 PM - 1:00 PM		Strengthening Farm to School Initiatives: Innovative Ideas for Creating Connections Between Schools and Farmers
SKILL-BUILDING SESSIONS		
1:15 PM - 2:45 PM		Creative Connections
1:15 PM - 2:45 PM		Sustainable Food Consumption Strategies to Promote Household and Community Civic Engagement
1:15 PM - 2:45 PM		From Anchored to Equitable ... Centering Community Voice, Transforming Policies, and Connecting Communities to Relevant Nutrition Education
1:15 PM - 2:45 PM		Empowering Our Youngest Food Citizens: Nourishing Bodies and Minds Through Responsive Eating and Family-Style Dining
ORAL ABSTRACT PRESENTATIONS		
3:00 PM - 4:00 PM		Oral abstracts 01 -04: Exploring Research on Diet Quality, Nutrition Behavior, Breastfeeding, and Infant Health.
3:00 PM - 4:00 PM		Oral abstracts 05-08: Exploring Research on Food Security, Health Outcomes, and Access to Healthy Food
3:00 PM - 4:00 PM		Oral abstracts 09-12: Exploring Research on Novel Approaches to E-Nutrition Education Interventions
3:00 PM - 4:00 PM		Oral abstracts 13-16: Exploring Research on Food Behaviors, Community-Based Interventions, and Food Literacy Assessment
REFRESHING BREAK		
4:00 PM - 4:15 PM		Walk, Talk and Recharge with Coffee, Tea, or Water
CONCURRENT SESSIONS II		
4:15 PM - 5:15 PM		Empowering Communities through Digital Technology
4:15 PM - 5:15 PM		Promoting Equity Through Language Access: Lessons Learned Developing the Dietary Guidelines for Americans Recursos en Español
4:15 PM - 5:15 PM		Why aren’t Americans Eating Seafood: Consumer Input to Better Shape Education and Policy
4:15 PM - 5:15 PM		Asset-Based Community Nutrition Education: Aligning Program and Partner Efforts for Equity-Centered Nutrition and Food Systems Transformation
AFTERNOON PLENARY SESSION		
5:30 PM - 6:45 PM		SNEB Presidential Address and Awards Ceremony
SOCIAL NIGHT AT D.C.		
7:00 PM - 8:30 PM		Reception at USDA Headquarters Complex
7:00 PM - 8:30 PM		Optional dinners organized by Divisions





# DAY 3: RE-NOURISH

## Saturday, July 22nd, 2023

TIME	EVENT	
GETTING READY		
7:00 AM - 5:00 PM	Registration Open	
7:00 AM - 5:00 PM	Speakers Ready Room (Computer available for presenters)	
ENERGIZE YOUR DAY #BeActive		
6:15 AM - 6:45 AM	Start the Day on the Right Foot (#SNEB2023 Morning Yoga Practice)	
6:45 AM - 7:00 AM	Mindfulness Meditations and/or Nature Connections to Start the Day	
BREAKFAST AND NETWORKING		
7:00 AM - 8:00 AM	Breakfast and Networking (All welcome)	
7:00 AM - 8:00 AM	SNEB Past Presidents Breakfast (Invitation only)	
7:00 AM - 8:00 AM	EFNEP Meeting (invitation only)	
MORNING PLENARY SESSION		
8:00 AM - 9:30 AM	George M. Briggs Nutrition Science Symposium: Aquatic Foods - Current Evidence and Implications for Food Systems and Individual and Planetary Wellbeing	
ACTIVE BREAK		
9:30 AM - 9:45 AM	.	
CONCURRENT SESSIONS III		
9:45 AM - 11:15 AM		Transforming the Charitable Food Systems for the Future
9:45 AM - 11:15 AM		Getting Beyond 50% - Closing the Gap with WIC Outreach, Innovation, and Modernization
9:45 AM - 11:15 AM		School Meals for All: Exploring Global Initiatives and Lessons Learned from California and Maine
9:45 AM - 11:15 AM		Transforming Food Labeling: Empowering Food Citizens with Accurate Information
NUTRITION BREAK IN EXHIBIT HALL		
11:15 AM - 11:45 AM	Nutrition Break Served	
11:15 AM - 4:00 PM	Exhibit Hall Open	
POSTER SESSION AND TECH PLAYGROUND		
11:15 AM - 12:30 PM	Poster Abstracts	
11:15 AM - 12:30 PM	Tech Playground	
LUNCH ON THEIR OWN, MEETINGS & NETWORKING		
11:00 AM - 12:00 PM	SNEB Foundation	
11:00 AM - 12:00 PM	DEI Committee	
11:00 AM - 12:00 PM	Competencies	
11:00 AM - 12:00 PM	Sustainable Food Systems Division	



TIME		EVENT
12:00 PM - 1:00 PM		Food Sector Division
12:00 PM - 1:00 PM		Higher Education Division
12:00 PM - 1:00 PM		Healthy Aging Division
12:00 PM - 1:00 PM		
11:00 AM - 5:00 PM		JNEB Rapid reviews (Sign-up today for a one-on-one meeting with a Journal of Nutrition Education and Behavior Associate Editor or Editor-in-Chief to discuss your paper or research project)
DIALOGUE NOW SESSION WITH THE DAIRY COUNCIL OF CALIFORNIA		
12:00 AM - 1:00 PM		Reimagining Nutrition Education: Collaborating to Build Healthier Communities
SKILL-BUILDING SESSIONS		
1:15 PM - 2:45 PM		Empower Consumers to Connect the Dots from Savings to Table with Shop Simple with MyPlate
1:15 PM - 2:45 PM		Innovative and Inclusive Methods for Teaching Nutrition Education to Children with Disabilities
1:15 PM - 2:45 PM		Inspiring Food Citizens Through USDA-NIFA’s Community Food Projects Competitive Grant Program: A program that links the Whole Food System to Improve Food Access, Affordability and Reduce Food Insecurity for American Households
1:15 PM - 2:45 PM		Behavior Change Through Teaching Kitchens: A Deep Dive
ORAL ABSTRACT PRESENTATIONS		
3:00 PM - 4:00 PM		Oral abstracts 17-20: Exploring Research on Nutrition Behaviors, School Lunches, Interactive Cooking Classes, and Family Mealtime
3:00 PM - 4:00 PM		Oral abstracts 21-24: Exploring Research on Food Security, and Dietary Patterns Among Diverse Populations
3:00 PM - 4:00 PM		Oral abstracts 25-28: Exploring Research on Innovative Approaches to Nutrition Education and Training for Nutrition Professionals
3:00 PM - 4:00 PM		Oral abstracts 29-32: Exploring Research on Diet and Consumer Perceptions
REFRESHING BREAK		
4:00 PM - 4:15 PM		Walk, Talk and Recharge with Coffee, Tea, or Water
CONCURRENT SESSIONS IV		
4:15 PM - 5:15 PM		Cultivating Opportunity Through Farm-to-School Efforts
4:15 PM - 5:15 PM		Community Gardens Impact on Food Security and Health
4:15 PM - 5:15 PM		Empowering Nutrition Educators to Engage Populations in Substance Use Recovery
4:15 PM - 5:15 PM		Exploring Mediterranean Food Systems through Study Abroad Education
AFTERNOON PLENARY SESSION		
5:30 PM - 6:45 PM		ACPP Plenary: A Case Study in Policy Advocacy: Transforming the Food System with Produce Rx
SOCIAL NIGHT AT D.C.		
7:00 PM - 8:00 PM		New Member Reception
7:00 PM - 8:30 PM		Dinner Organized by Each Division
7:00 PM - 11:00 PM		D.C. Tour at Night (\$50 per person)













# DAY 4: RE-INSPIRE

## Sunday, July 23rd, 2023

TIME	EVENT	
GETTING READY		
7:00 AM - 5:00 PM	Registration Open	
7:00 AM - 5:00 PM	Speakers Ready Room (Computer available for presenters)	
ENERGIZE YOUR DAY #BeActive		
6:15 AM - 6:45 AM	Start the Day on the Right Foot (#SNEB2023 Zumba Session)	
6:45 AM - 7:00 AM	Mindfulness Meditations and/or Nature Connections to Start the Day (Invitation only)	
BREAKFAST AND NETWORKING		
7:00 AM - 8:00 AM	Breakfast and Networking (All welcome)	
7:00 AM - 8:00 AM	SNEB New Board Meeting	
MORNING PLENARY SESSION		
8:00 AM - 9:00 AM	USDA Highlights from the NIFA’s AFRI Diet, Nutrition, and the Prevention of Chronic Diseases Projects and FNS’s Team Nutrition Projects	
ACTIVE BREAK		
9:00 AM - 9:15 AM		
CONCURRENT SESSIONS III		
9:15 AM - 10:15 AM		Culturally Responsive Practices in Food and Nutrition Security Interventions for New Americans in the United States: Grass roots and Public Health Perspectives
9:15 AM - 10:15 AM		Early Career Researchers Empowering Young Food Citizens: Exploring Models of School Food Environments and Nutrition Education Across the Globe
9:15 AM - 10:15 AM		Improving Diet Quality of Immigrant Communities: Building Access to Food Through Systems and Solidarity (BASIS) Program
9:15 AM - 10:15 AM		USDA GusNIP Nutrition Incentive and Produce Prescription Programs Role in Strengthening Community-based Food Systems
NUTRITION BREAK IN EXHIBIT HALL		
10:15 AM - 10:45 AM	Nutrition Break Served	
10:15 AM - 4:00 PM	Exhibit Hall Open	
POSTER SESSION AND TECH PLAYGROUND		
10:15 AM - 11:30 AM	Poster Abstracts, USDA NIFA-AFRI and Team Nutrition Poster Abstracts	
10:15 AM - 11:30 AM	Tech Playground	
MEETINGS & NETWORKING		
10:30 AM - 11:30 AM	2024 Conference Committee	
10:30 AM - 11:30 AM	Journal Committee	
10:30 AM - 11:30 AM	Membership Committee	



TIME	EVENT	
CELEBRATION OF THE INTERNATIONAL YEAR OF MILLETS WITH DINE (IYM 2023)		
10:20 AM - 11:20 AM		The Next Big Grain: Inspiring the Nutrition Professional to Reconnect with Millet for People and the Planet
INSPIRING CONVERSATIONS		
11:30 PM - 1:00 PM		Revitalizing Indigenous Food Systems: Fostering Inspiring Conversations to Honor and Sustain Traditional Foods and Cultures
11:30 PM - 1:00 PM		Conversations with USDA
11:30 PM - 1:00 PM		Ensuring Equitable Access to Halal Foods for K-12 and College Students: Stories from Food Equity Advocates
11:30 PM - 1:00 PM		Exploring Mediterranean Food Systems through Study Abroad Education
REFRESHING BREAK		
1:00 PM - 1:15 PM	Walk, Talk and Recharge with Coffee, Tea, or Water	
CONCURRENT SESSIONS IV		
1:15 PM - 2:15 PM		Building Capacity for Empowered Food Citizens through Involvement in SNEB
1:15 PM - 2:15 PM		EFNEP Changes Lives of Food Citizens in Urban and Rural Communities - Voices from the Lived Experience
1:15 PM - 2:15 PM		Rewards and Challenges of Start-Up Projects Promoting Nutrition Equity to Mitigate Health Disparities of the Black Community in D.C.
1:15 PM - 2:15 PM		Empowering Rural Communities for Food System and Health Equity
CLOSING PLENARY SESSION		
2:30 PM - 2:45 PM	Welcome Remarks and Highlights of the Conference	
2:45 PM - 4:00 PM	Bee Marks Communication Symposium and Multi-Stakeholder Panel Discussion: A Good Food Future Full of Verve and Visibility	
4:00 PM - 4:20 PM	Looking Ahead: SNEB Divisional Leaders’ Closing Statements	
4:20 PM - 4:30 PM	Closing and Farewell	