



Conference Hotel:

Hyatt Regency Washington on Capitol Hill, 400 New Jersey Avenue Northwest, Washington, DC 20001

All times are Eastern Time Zone

This schedule was accurate as of 4/23/2022. Please go online to <https://www.sneb.org/2023-international-conference-schedule/> to check for updates.

For conference information please email info@sneb.org or call 317-328-4627.

RE-CONNECT-Thursday, 20 July, 2023

CAPITOL HILL VISIT: Duration: 5 hours/ \$25 - RSVP is required – 25 person limit

TIME	TYPE OF EVENT
8:30 AM- 1:00 PM	<p>Advocating for Nutrition Education: A Day on Capitol Hill (Organizers: SNEB's Advisory Committee on Public Policy)</p> <p><i>Join colleagues from across the nation to hone your communication skills, and support key policy issues that impact our profession. The first twenty SNEB members to sign up for this pre-conference will participate in a pre-conference advocacy training and issues orientation webinar to learn about the difference between advocacy and education, the Society's top policy efforts, and what you can do to support these efforts. We will walk to Capitol Hill to meet with the staff members of committees that are key to health and nutrition issues. The training session will address how nutrition educators who cannot lobby are still able to educate their elected officials on the expertise of nutrition educators on health and nutrition security issues.</i></p>

DEEP DIVE" WORKSHOPS: Duration: 6 hours/ A separate registration fee is required. Space is limited.

TIME	TYPE OF EVENT
9:30 AM- 3:30 PM	<p>Community Food Security and Nutrition in Action (Organizers: SNEB's Food and Nutrition Extension Education Division and International Nutrition Education (DINE)) Cost: \$75</p> <p>The Food and Agricultural Organization of the United Nations (FAO) has identified four Pillars of Food Security: Availability, Accessibility, Utilization, and Stability. Food citizens require empowerment of these four pillars to achieve and sustain food security and nutrition through local food networks with food, nutrition education and policy, system, and environmental changes. In this deep-dive workshop, attendees will first tour and learn about DC Central Kitchen, a nationally recognized community organization in Washington D.C. doing innovative food security and nutrition work. Then, Food and Nutrition Extension Education practitioners and session attendees will participate in moderated table discussions to formulate takeaways ideas and action steps to improve food security and nutrition education by applying the four pillars of food security for their underserved and diverse target audience communities (e.g., underserved rural/urban areas, Native Nations, immigrants, and refugees)</p>

9:30 AM-3:30 PM	Qualitative Data Analysis for Nutrition Education Research <i>(Organizers: SNEB's Research Division)</i> <i>Cost: \$25</i> Qualitative research is one way that nutrition educators and practitioners can connect with community members, honor their voices, and develop evidence-based solutions to these critical issues. In this deep-dive workshop, participants will receive introductory training in conducting qualitative analysis through a series of interactive lessons and practice sessions. Participants will learn how to develop codes and codebooks and explain the development of themes and theoretical models from qualitative data. A special emphasis will be placed on ensuring rigor throughout the qualitative analysis process, including concepts like coder training, bracketing, memoing, inter-rater reliability, and consensus building.
9:30 AM-3:30 PM	Defining, Applying, and Measuring Food Literacy Frameworks for Health and Education. <i>(Organizers: New Jersey Healthy Kids Initiative and Queensland University of Technology, Australia)</i> <i>Cost: \$25</i> The workshop will begin with an overview of the contemporary use of the term food literacy with a focus on aspects definitions have in common presented by their authors. Attendants will collaboratively identify key aspects of presented definitions which they would seek to retain in an international definitions. Groups will apply these aspects to varying contexts and discuss their suitability. Finally using deidentifiable collaborative technology, participants will individually vote to arrive at a final definition. The workshop will end with a pathway forward regarding international endorsement. Speakers for this session are being finalised with international representation sought.

EXPERIENTIAL FIELD TRIP: Duration: 3-6 hours/ *A separate registration fee is required. Space is limited.*

TIME	TYPE OF EVENT
TBD	Learning journey: Exploring Farm to School in D.C. (to be finalized by May 1st)

LEARNING LABS: Duration: 2-3 hours/ Registration is required, NO additional fee.

TIME	TYPE OF EVENT
9:30 AM-12:30 PM	The Power of Graphic Style Stories to Empower Sustainable Healthy Eating Behaviors. Story sharing is an effective empowerment strategy in promoting health behavior change. As readers become engaged and identify with the characters, they become more receptive to the story's message and more open to adopting behavior modeled by the story characters. This learning lab will start with an overview of story-making and the principles of creating success stories. Next, facilitators will provide clear steps to create stories with community co-designers and an example of a story seeking to increase food literacy in breast cancer survivors. Attendee groups will then choose a topic, identify three big ideas, and draft a script following a 3-step story arc. Groups will read their story out loud as its characters and complete a story impact survey. A Comic Life demo will be shared. It will end with a Q&A and sharing of resources including "Power of Stories How-To Guide."
9:30 AM-12:30 PM	Application of the Mobile Teaching Kitchen as an Innovation to Tackle Food Insecurity in the US and Internationally The session will address the double burden of malnutrition, plus the Mobile Teaching Kitchen Initiative – a flagship project from the NNEdPro Global Institute for Food, Nutrition and Health that aims to implement a powerful, scalable behaviour change tool for improved Nutrition Knowledge, Attitudes, and Practices (KAP) in communities and addressing food insecurity worldwide. The topics will range from rigorous science research to capacity building and implementation with the pursuit of reducing nutrition inequity and improving health outcomes.

01:30 PM-3:30 PM	Client Directed Counseling for the Nutrition Professional This interactive session provides nutrition educators with techniques for refining their counseling skills—a critical component in promoting positive client behavior change. Client-directed counseling training offers specific techniques that can be practiced and utilized immediately. This session is intended to be an introduction that encourages nutrition educators to further explore ways to enhance their counseling skills. Ultimately, with longer term education and practice, practitioners will be more effective and confident, their ability to serve their clients will be much improved, and their clients will leave the sessions feeling more empowered and committed to making healthy changes.
01:30 PM-3:30 PM	New SNAP-Ed Tools and Strategies to Help Communities Reach 2030 White House Conference Targets. Participants will tour recent nationwide changes in SNAP-Ed partnerships and practices that offer fresh opportunities to capture the collective power of nutrition assistance and other federal programs, state and local projects, and private sector commitments generated by the 2022 White House Conference. After being introduced to new, inclusive tools – such as asset-based needs assessments, multi-sector collaboration, equity mapping, timely dashboards, and electronic reporting – participants will leave with new tools to develop strategies that empower food citizens and community partners to help end hunger, improve nutrition and physical activity, and reduce disease risk in underserved communities.

SNEB LEADERSHIP WELCOME MEETING

TIME	TYPE OF EVENT
3:45 PM-4:45 PM	SNEB Leadership Welcome Meeting (by invitation only)

MENTORING INITIATIVE

TIME	TYPE OF EVENT
4:00 PM-4:45 PM	Mentor-Mentee MEET UP

OPENING SESSION & SETTING THE SCENE

TIME	TYPE OF EVENT
5:00 PM-7:00 PM	-Opening and Welcome Remarks by Barbara Lohse, President of SNEB -Introduction of Conference Theme by Yenory Hernández, President-elect of SNEB -Special Address: <i>“The Vital Role of Nutrition Education and Courageous Leadership for Healthy Diets and Sustainable Food Systems”</i> - Cooking Demo and Panel Discussion: <i>“Cooking up Empowerment: Ingredients for Food Citizens Transformation”</i> - featuring Keynote Speaker Celebrity Chef Daniel Thomas together with Tamba Raye Stevenson, Founder and CEO, Women Advancing Nutrition Dietetics and Agriculture (WANDA); Chanda Robinson Banks, Co-Director of Ujamaa Cooperative Farming Alliance; Jenn Mampara, Director of Education, FreshFarm; and Virginie Zoumenou, Professor and Nutrition/Health Program Director, University of Maryland Eastern Shore. (to be finalized by May 1st)

7:00 PM-8:30 PM: Welcome Reception

<ul style="list-style-type: none"> • Re-connect with friends & meet new people. • Renourish with tasty local food appetizers and cash bar • Re-inspire your spirit with music and entertainment
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8:30 PM-9:30 PM: Students' Social

RE-NOURISH: Friday, 21 July 2023

TIME	TYPE OF EVENT			
GETTING READY				
7:00 AM-5:00 PM	Registration Open			
7:00 AM-5:00 PM	Speakers ready room (Computer available for presenters)			
ENERGIZE YOUR DAY #BeActive				
6:15 AM-6:45 AM	Start the Day on the Right Foot (#SNEB2023 Morning Walk/Run in DC)			
6:45 AM-7:00 AM	Mindfulness Meditations and/or Nature Connections to Start the Day			
BREAKFAST AND NETWORKING				
7:00 AM-8:00 AM	Coffee with JNEB Editor-in-Chief and Editors (All welcome) (Sponsored by Elsevier).			
MORNING PLENARY SESSION				
8:00 AM-9:30 AM	Youth Change-Makers and Nutrition Education: Connecting, Nourishing and Inspiring a Better Food Future.			
ACTIVE BREAK-DANCE PERFORMANCE				
9:30 AM-9:45 AM	Let’s Dance for A Better Food Future: UN Food Heroes Music Video and School Children’s Performance.			
CONCURRENT SESSIONS I				
9:45 AM-10:45 AM	<p>Eating Competence Research: A Global Happening (Organizers: SNEB’s Research Division)</p> <p>A significant amount of research has been conducted about the eating competence approach to food and eating behavior. Findings have concurred with the initial findings that eating competence is a proxy for health, well-being, and reduced risk for chronic diseases. To date, nearly 200 researchers and practitioners) are using an eating competence approach. They are from 29 US states and 19 countries, representing six continents. Eating competence is measured in ten languages. This session updates this global</p>	<p>Strategies to Integrate Racial and Health Equity into Nutrition Education and Food System Transformation Plans</p> <p>USDA provides critical nutrition assistance through Food and Nutrition Service programs, such as the Special Supplemental Nutrition Program for Women, Infants and Children. This session highlights the impact of Federal food policies on equitable access to nutritious foods and quality nutrition education services among low-income populations. Speakers will discuss: 1) recent USDA food policy changes and implications for outreach and program activities to provide nutritious</p>	<p>Nurturing Young Food Citizens of the Future through Policy, Systems, and Environmental Changes</p> <p>Empowering food citizens to promote healthy diets and sustainable food systems can be achieved through multiple ways based on needs and available resources in different countries. Nutrition programs targeting early ages are particularly critical because they can help children reach their optimal growth and development with life-long impacts. This session will start with a brief overview of policy, systems, and environmental changes to promote food and nutrition security. Speakers will present success stories and challenges in their food and nutrition</p>	<p>Nutrition Security and Equitable Access to WIC Nutritious Foods: United States Federal Policy Implications</p> <p>Health Equity is when everyone has access to the opportunities necessary to satisfy their essential needs, advance their health and well-being, and achieve their full potential regardless of their background. This session will explore strategies to reconnect with communities to advance health equity in nutrition education. Findings from the comprehensive Southeast Multi-State Racial and Health Equity SNAP-Ed Needs Assessment will be shared, the Georgia SNAP-Ed</p>

	research and details findings from locations in Finland, Brazil and Washington State to enhance integration of eating competence into research and practice venues.	and cultural foods to respond to the needs of diverse population, 2) the research and evaluation evidence that are critical to informing effective policies and strong management in the Federal Nutrition assistance programs.	programs offered in schools and daycare centers to promote healthy, sustainable eating, targeting children and adolescents in Ghana, Pacific Islands region, and South Korea. The programs include school-feeding program, menu planning program with management support and nutrition education, and food procurement programs. Education for future nutrition professionals via international collaboration will also be shared. It will end with a panel discussion and Q&A.	program will highlight their community engagement model to advance equity, and the panel will discuss next steps nutrition leaders can take to ensure health equity is considered in nutrition education and food system transformation plans.
NUTRITION BREAK IN EXHIBIT HALL				
10:45 AM-11:15 AM	Nutrition break served			
10:45 AM-4:00 PM	Exhibit Hall Open			
POSTER SESSION AND TECH PLAYGROUND				
10:45 AM-12:00 PM	Poster Abstracts			
10:45 AM-12:00 PM	Tech Playground			
LUNCH ON THEIR OWN, MEETINGS & NETWORKING				
11:00 AM-12:00 PM	ACPP Committee	Nominating Committee	DINE Division	FNEE Division
12:00 PM-1:00 PM	Student Division	Public Health Division	Children’s Division	DigiTech Division
11:00 AM-1:00 PM	Meet USDA-NIFA leaders <i>(Sign-up today for a one-on-one meeting with USDA-NIFA leaders. Meetings will take place at USDA offices.)</i>			
DIALOGUE NOW SESSION WITH THE FOOD TRUST				
12:00 PM - 1:00 PM	Strengthening Farm to School Initiatives: Innovative Ideas for Creating Connections between Schools and Farmers			
SKILL-BUILDING SESSIONS				
1:15 PM-2:45 PM	Creative Connections Theater games, based in "improv" or improvisation, have been used in the classroom for years as an education strategy. Not only can improv help people	Sustainable Food Consumption Strategies to Promote Household and Community Civic Engagement How can the concept of food citizenship promote a more	From anchored to equitable ... Centering community voice, transforming policies, and connecting communities to relevant nutrition education	Empowering Our Youngest Food Citizens: Nourishing Bodies and Minds Through Responsive Eating and Family-Style Dining

	learn to communicate better, but it provides a novel and effective education strategy that can help the audience access new nutrition information and explore their attitudes and beliefs. In this session, participants will engage in hands on improv "theater games" that will help participant's increase their comfort presenting in front of crowds but also provide examples of activities practitioners can use later in their own nutrition education efforts.	sustainable food system? Participants will explore this question via a hands-on learning format. An expanded food consumption model combines dietary choices with the practices of eating - food access, preparation, consumption, and disposal. Principles of sustainability-related food literacy and agency will be introduced. Attendees will then form small groups to brainstorm strategies for promoting civic action at the individual, household, and community levels. Attendees will reconvene as a single group to report back on their discussions. The resulting ideas, constituting progressive food system intervention strategies, will be compiled and shared.	To grow equitable centering of community voice that integrates needs-based policy, systems, and environmental change (PSE) into transformational community-based work, Michigan Fitness Foundation (MFF) staff instituted organizational change through adopting equitable evaluation principles, guided by the Equitable Evaluation Initiative. In response, MFF shifted reading about community needs in written proposals to welcoming community teams to use storytelling and testimony to identify their own nutrition-related needs. These changes have made it possible for nutrition educators to share power with community members and program participants. Changing the power dynamic and disrupting anchored structures make pathways to nutrition-related behavior change more equitable.	This interactive session will allow you to practice new hands-on approaches for introducing, implementing, or improving family style dining and responsive feeding practices with young children in child care settings and beyond. Attendees will learn about new audience-informed training resources from the US Department of Agriculture's Team Nutrition initiative and research findings and key takeaways from the University of Nebraska's EAT-Family Style Dining Program. Discover evidence-based strategies and resources that can foster positive mealtime environments and build the foundation for healthy eating that can last a lifetime.
ORAL ABSTRACT PRESENTATIONS	Group 1	Group 2	Group 3	Group 4
3:00 PM-4:00 PM	Healthy Diets, Healthy Food Systems, and a Healthy Planet	Nutrition equity, leaving no one behind	Digital technology and nutrition education	Nutrition education and behavior theory, research, evaluation, and policy strengthening
REFRESHING BREAK 4:00 PM-4:15 PM	Walk, Talk and Recharge with Coffee, Tea, or Water			
CONCURRENT SESSIONS II				
4:15 PM-5:15 PM	Empowering Communities through Digital Technology <i>(Organizers: SNEB's Digital technology Division)</i> In this session, investigators will share nutrition and health promotion research that	Promoting Equity Through Language Access: Lessons Learned Developing the Dietary Guidelines for Americans Recursos en Español Professional and consumer resources for the Dietary	Why aren't Americans Eating Seafood: Consumer Input to Better Shape Education and Policy Americans do not eat recommended amounts of seafood as a lean protein alternative to other meats. To teach people to	Asset-based Community Nutrition Education: Aligning Program and Partner Efforts for Equity-Centered Nutrition and Food Systems Transformation

	incorporates various digital technology strategies that allow community members to meaningfully engage in the research process. The goal of these strategies is to create interventions and research methods that are rooted in community insight and priorities, thus empowering individuals through more relevant and effective nutrition-related programs, policies, and environments. Attendees will come away with practical research strategies that empower citizens and that can be applied to a wide array of nutrition education and behavior research projects and programs.	Guidelines for Americans, 2020-2025 are now available in Spanish! Access Recursos en Español on DietaryGuidelines.gov and learn about the process undertaken, from needs assessment through implementation, to translate Dietary Guidelines supporting resources and MyPlate materials into Spanish. Presenters will discuss the challenges faced and lessons learned while working to ensure equity through language access. Attendees will learn about applicable strategies including selecting translation partners, navigating the nuances of dialects, and developing adaptable and culturally relevant resources.	eat more seafood a program was developed in NJ to encourage greater consumption while also supporting the local economy during the COVID-19 pandemic. Creators of this program realized that more knowledge from consumers on barriers to seafood consumption could better shape programming and potentially contribute to policy changes in this space. This session will focus on data collected from this seafood consumption study and discuss how using consumer data can support change in food systems through increased knowledge and access.	Systems change is rarely the result of a single person or organization’s efforts; rather, it requires collective effort to empower community members, including neighbors and organizations, to work with shared purpose. This session shares a “whole community” approach to supporting community systems via SNAP-Ed nutrition education and PSE strategies tailored to local needs, partner priorities, and community context. Deciphering how one program complements another is difficult, even more challenging is determining program impact on real people’s lives. This session features a panel highlighting transformative nutrition education program design, evaluation methods, and community collaboration approaches that yield health behavior impact.
AFTERNOON PLENARY SESSION				
5:30 PM-6:45 PM	SNEB Presidential Address and Awards Ceremony			
SOCIAL NIGHT AT D.C				
7:00 PM-8:30 PM	Awards Reception at USDA Headquarters Complex			
7:00 PM-8:30 PM	Division Dinners			

RE-NOURISH: Saturday, 22 July 2023

TIME	TYPE OF EVENT			
GETTING READY				
7:00 AM-5:00 PM	Registration Open			
7:00 AM-5:00 PM	Speakers ready room (Computer available for presenters)			
ENERGIZE YOUR DAY #BeActive				
6:15 AM-6:45 AM	Start the Day on the Right Foot (#SNEB2023 Morning Yoga Practice)			
6:45 AM-7:00 AM	Mindfulness Meditations and/or Nature Connections to Start the Day			
BREAKFAST AND NETWORKING				
7:00 AM-8:00 AM	Breakfast and Networking (All welcome)			
7:00 AM-8:00 AM	SNEB Past Presidents Breakfast (by invitation)			
MORNING PLENARY SESSION				
8:00 AM-9:30 AM	George M. Briggs Nutrition Science Symposium “Aquatic Foods: Current Evidence and Implications for Nutrition Education”-Featuring Keynote Speaker Dr Shakuntala Haraksingh Thilsted, WorldFish Research Program Leader for Value Chain and Nutrition, and 2021 World Food Prize Laureate (Organizers: SNEB Foundation)			
ACTIVE BREAK				
9:30 AM-9:45 AM	TBD			
CONCURRENT SESSIONS III				
9:45 AM-11:15 AM	Transforming the Charitable Food Systems for the Future The charitable food system provides direct food assistance to people experiencing food insecurity or instability. This session aims to describe novel findings on using nutritious no prep ready-to-eat meals to improve healthy eating opportunities for individuals and families that utilize charitable feeding programs and innovations in the charitable feeding program in response to the COVID-19 pandemic.	Getting Beyond 50% - Closing the Gap with WIC Outreach, Innovation, and Modernization In 2021, Congress authorized \$390 million for WIC outreach, innovation, and modernization to improve enrollment and retention, increase benefit redemption, and reduce disparities. USDA, along with federal and state partners are transforming WIC to better meet the needs of today's families by prioritizing outreach, improving the shopping experience, modernizing technology and	School Meals for All: Findings & Opportunities from California and Maine Universal school meals, where all students can eat for free, offer an opportunity to dramatically improve food insecurity and diet quality and strengthen regional food systems. Researchers and practitioners working on universal school meals programs in California and Maine will describe their work evaluating and supporting the implementation of free school meals for all and will share	

	Applications will be provided for how nutrition educators working in the charitable food space can form cross-sector collaborations with food retailers and community partners to support a futuristic model of healthy, delicious food that maximizes consumer choice and nutrition security.	service delivery, and investing in the workforce. These efforts reflect extensive stakeholder engagement and White House Conference on Nutrition priorities while embodying USDA’s commitment to nutrition security and advancing diversity, equity, inclusion, and accessibility. Speakers will review the evidence base and highlight work across all priority areas.	research findings. The session will present findings from surveys and interviews with food service directors and parents/guardians in both states, and will highlight ways in which nutrition professionals have successfully supported implementation of universal meals policies.	
NUTRITION BREAK IN EXHIBIT HALL				
11:15 AM-11:45 AM	Nutrition break served			
11:15 AM-4:00 PM	Exhibit Hall Open			
POSTER SESSION AND TECH PLAYGROUND				
11:15 AM-12:30 PM	Poster Abstracts			
11:15 AM-12:30 PM	Tech Playground			
LUNCH ON THEIR OWN, MEETINGS & NETWORKING				
11:00 AM-12:00 PM	SNEB Foundation	DEI Committee	Competencies	Sustainable Food Systems Division
12:00 PM-1:00 PM	Food Sector Division	Higher Education Division	Healthy Aging Division	Research Division
11:00 AM-1:00 PM	JNEB Rapid reviews (<i>Sign-up today for a one-on-one meeting with a Journal of Nutrition Education and Behavior Associate Editor or Editor-in-Chief to discuss your paper or research project</i>)			
DIALOGUE NOW SESSION WITH THE DAIRY COUNCIL OF CALIFORNIA				
12:00 AM-1:00 PM		Reimagining Nutrition Education: Collaborating to Build Healthier Communities		
SKILL-BUILDING SESSIONS				
1:15 PM-2:45 PM	Empower consumers to connect the dots from savings to table with shop simple with MyPlate A purely didactic approach to nutrition education for dietary change is not sufficient nor does it result in any sustained changes. This webinar will	Innovative and Inclusive Methods for Teaching Nutrition Education to Children with Disabilities (<i>Organizers: SNEB’s Nutrition Education for Children Division</i>) This session includes the presentation of specific strategies for use with children	Inspiring Food Citizens Through USDA-NIFA’s Community Food Projects Competitive Grant Program: A program that links the Whole Food System to Improve Food Access, Affordability and Reduce Food Insecurity for American Households	Behavior Change Through Teaching Kitchens: A Deep Dive A purely didactic approach to nutrition education for dietary change is not sufficient nor does it result in any sustained changes. This webinar will review the DEISGN procedure for behavior change through

	review the DEISGN procedure for behavior change through nutrition education - but specifically as they apply to Teaching Kitchen programming. The session will illuminate what we know about Behavior Change theories and science that relate to diet, with special focus on the Psychosocial Determinants as well as '10 experiential Drivers of Behavior Change." Both tools will be discussed within the lens of education delivered hands-on in a teaching kitchen setting.	who have disabilities, including social stories and food chaining. A portion of the session will be used to practice the use of these strategies, and the practice session will be followed by open discussion between presenters and participants to share ideas for modification of these strategies based on the needs of different populations and communities.	This session is a deep dive into the National Institute of Food and Agriculture Community Foods Projects Competitive Grant Program (NIFA CFPCGP), authorized by Public Law 104-127 (Title IV, section 401(h), April 4, 1996) to support local food systems in the national effort to reduce food insecurity. Panelists will explore: How CFPCGP has transformed local food systems and food related behaviors? Role of nutrition educators in CFPCGP? How has the International Rescue Committee centered equity in their work serving historically underserved populations? How do these efforts lead to long-term change? What are the current challenges and future opportunities?	nutrition education - but specifically as they apply to Teaching Kitchen programming. The session will illuminate what we know about Behavior Change theories and science that relate to diet, with special focus on the Psychosocial Determinants as well as '10 experiential Drivers of Behavior Change." Both tools will be discussed within the lens of education delivered hands-on in a teaching kitchen setting.
ORAL ABSTRACT PRESENTATIONS	Goup 5	Group 6	Group 7	Group 8
3:00 PM-4:00 PM	Healthy and sustainable pathways for children and youth	Nutrition equity, leaving no one behind	Capacity development and training for the next generation of nutrition educators	Healthy Diets, Healthy Food Systems, and a Healthy Planet
REFRESHING BREAK	Walk, Talk and Recharge with Coffee, Tea, or Water			
4:00 PM-4:15 PM				
CONCURRENT SESSIONS IV				
4:15 PM-5:15 PM	Cultivating Opportunity Through Farm-to-School Efforts Serving local foods in school meals, planting edible gardens, and providing nutrition education in classrooms has taken root nationwide. Farm to school activities re-connect students to their food, re-nourish local economies, and re-	Community Gardens Impact on Food Security and Health Community gardens directly impact a community's health. Community gardens increase food security by providing safe, affordable, healthy food options for their local community. This presentation will discuss 1) how to recruit and retain community	Empowering Nutrition Educators to Engage Populations in Substance Use Recovery This session will employ a panel of experts to address and promote applied research related to identifying, engaging and empowering the 20 million American citizens in recovery for	

inspire the next generation of healthy eaters. This session will highlight best practices from the USDA Farm to School Grant Program. Attendees will also explore garden-focused resources available from USDA, State agencies, and partner organizations to enhance farm to school efforts in child care and school settings.

partners; 2) how to actively engage community partners in decision making processes surrounding the garden and produce; and 3) how to incorporate nutrition and physical activity education into a community garden setting. University of Missouri Extension partners with hundreds of community agencies throughout the state to provide educational programs as well as locally produced foods that is incorporated into community meals.

substance use. Healing the whole person (social, mental, spiritual, physical, etc.) requires nutrition educators to effectively partner with clinical professionals in the recovery setting. Recovery is characterized by malnutrition, low energy, fatigue, impaired metabolism and satiety cues, weight concerns and sleep disorders. Meaningful participation with this population will not only improve treatment outcomes but also maximize food security, nutrition and physical activity to help ensure no citizen is left behind.

AFTERNOON PLENARY SESSION

5:30 PM-
6:45 PM

ACPP Plenary: A Case Study in Policy Advocacy: Transforming the Food System with Produce Rx (*Organizers: SNEB's Advisory Committee on Public Policy (ACPP)*)

Join a panel of experienced food system advocates as they share how policy advocacy at the local, state, and federal level can be used to transform our food system. We will take a deep dive into the campaign for produce prescriptions and examine how policymaking in the healthcare, agricultural, and food security sectors can empower us all as food citizens.

SOCIAL NIGHT AT D.C

7:00 PM-
8:30 PM
7:00 PM
-8:30 PM
7:00 PM-
11:00 PM

New Member, Student, and First-time Attendee Reception by invitation

Dinner organized by each Division

DC Tour at Night (\$50 per person)

RE-INSPIRE: Sunday, 23 July 2023

TIME	TYPE OF EVENT			
GETTING READY				
7:00 AM-5:00 PM	Registration Open			
7:00 AM-5:00 PM	Speakers ready room (Computer available for presenters)			
ENERGIZE YOUR DAY #BeActive				
6:15 AM-6:45 AM	Start the Day on the Right Foot (#SNEB2023 Zumba Session))			
6:45 AM-7:00 AM	Mindfulness Meditations and/or Nature Connections to Start the Day			
BREAKFAST AND NETWORKING				
7:00 AM-8:00 AM	Breakfast and Networking (All welcome)			
7:00 AM-8:00 AM	SNEB New Board Meeting			
MORNING PLENARY SESSION				
8:00 AM-9:00 AM	USDA Highlights from the NIFA’s AFRI Diet, Nutrition, and the Prevention of Chronic Diseases Projects and FNS’s Team Nutrition Projects			
	USDA NIFA’s AFRI Diet, Nutrition and the Prevention of Chronic Diseases and USDA FNS’s Team Nutrition grantees will showcase their role preventing and controlling chronic diseases across the lifecycle. Speakers will share successes and new opportunities at the intersections of research, education, extension, and practice. Approaches include training of School Nutrition Professionals; menu and recipe development to highlight local agricultural products; identifying innovative methods for elevating school food quality; and facilitating nutrition education opportunities for all. Integrated activities advance our understanding of the most effective strategies that support lasting behavior change, which can result in improved diet and health.			
ACTIVE BREAK				
9:00 AM-9:15 AM	TBD			
CONCURRENT SESSIONS III				
9:15 AM-10:15 AM	Culturally Responsive Practices in Food and Nutrition Security Interventions for New Americans in the United States: Grass roots and Public Health Perspectives USDA NIFA’s AFRI Diet, Nutrition and the Prevention of Chronic Diseases and USDA FNS’s Team Nutrition grantees will showcase their role preventing and controlling chronic diseases	Empowering Young Food Citizens: Exploring Models of School Food Environments and Nutrition Education Across the Globe (Organizers: SNEB’s Students Division) Globally, school meals have an essential role in children's dietary behaviors and the food security of children who belong to food-insecure households. This session	Improving Diet Quality of Immigrant Communities: Building Access to Food Through Systems and Solidarity (BASIS) Program Latinx and Asian American communities in the U.S. face unique yet similar structural barriers to maintaining adequate diet quality, contributing to an increased burden of diabetes and	USDA GusNIP Nutrition Incentive and Produce Prescription Programs Role in Strengthening Community-based Food Systems Nutrition incentive (NI) and produce prescription (PPR) projects have been effective in increasing fruit and vegetable consumption and improving food security in a variety of retail settings, including farm direct

	across the lifecycle. Speakers will share successes and new opportunities at the intersections of research, education, extension, and practice. Approaches include training of School Nutrition Professionals; menu and recipe development to highlight local agricultural products; identifying innovative methods for elevating school food quality; and facilitating nutrition education opportunities for all. Integrated activities advance our understanding of the most effective strategies that support lasting behavior change, which can result in improved diet and health.	highlights the similarities and differences in school meal programs in the USA, Japan, and the Pacific Islands regarding research practices, policy implications, community-related challenges, and best practices. Participants of this session will gain valuable insights in terms of global aspects of the school meal environment from four SNEB student members. Participants will also have the opportunity to ask questions to student presenters about the topic.	non-alcoholic fatty liver disease. These inequities have been exacerbated in recent years due to overt anti-immigrant and anti-Asian sentiment during COVID-19 pandemic that amplify challenges towards accessing food and economic stability. In this session, participants will learn about how organizations from multiple sectors came together to develop the Building Access to Food through Systems and Solidarity (BASIS) program to improve diet in Sunset Park, Brooklyn, and other work done to improve socioeconomic outcomes.	(e.g., farmers markets) and local grocers. This session will feature exemplary USDA GusNIP grantees who have successfully implemented NI/PPR projects and engaged with their communities to strengthen their community-based food system. Presentations will highlight project implementation and evaluation, key considerations for NI/PPR interventions, integration of nutrition education, and partnerships with local farmers and grocers.
NUTRITION BREAK IN EXHIBIT HALL				
10:15 AM-10:45 AM	Nutrition break served			
10:15 AM-4:00 PM	Exhibit Hall Open			
POSTER SESSION AND TECH PLAYGROUND				
10:15 AM-11:30 AM	Poster Abstracts, USDA NIFA-AFRI and Team Nutrition Poster Abstracts			
10:15 AM-11:30 AM	Tech Playground			
MEETINGS & NETWORKING				
10:30 AM-11:30 AM	2024 Conference Committee	Journal Committee	Membership Committee	
DIALOGUE NOW SESSION WITH THE DIVISION OF INTERNATIONAL NUTRITION EDUCATION				
10:30 AM-11:30 AM	The Next Big Grain: Inspiring the Nutrition Professional to Reconnect with Millet for People and the Planet (TBC)			
SKILL-BUILDING SESSIONS				
11:30 PM-1:00 PM	Conversations with USDA This session aims to provide a comprehensive overview of the United States Department of Agriculture (USDA) actions to	Ensuring Equitable Access to Halal Foods for K-12 and College Students: Stories from Food Equity Advocates	Exploring Mediterranean Food Systems through Study Abroad Education Study abroad education is a transformative experience for	

	strengthen intersections between nutrition and food systems that are most relevant to those who work in nutrition education and behavior. Federal panelists will highlight relevant funding opportunities, data sources, professional development and career opportunities, among other resources. The session is designed to encourage participants to ask questions and converse with USDA representatives during and after the session.	An alarming rate of food insecurity exists in our educational systems. This includes K-12 schools as well as college and university campuses. Food insecurity leads to underdevelopment and underperformance, and impacts students' ability to study and graduate. This issue is particularly true amongst Muslim students who observe halal dietary guidelines. Student food access champions and leaders from academia, foodservice, and beyond, will share personal stories that empower the next generation of hunger, nutrition, and health stakeholders to advocate for equitable and authentic access to a variety of certified halal foods in K-12 schools and on college and university campuses.	students and linked to positive outcomes ranging from intercultural understanding to better employment outcomes for new graduates. This session explores how three university-based programs leverage the study abroad opportunity to engage and educate students in the diversity of food systems in Greece and Italy. Participants will explore the advantages of incorporating study abroad education into program curriculum, as well as appreciate the advantages of studying sustainable food systems in empowering the next generation of nutrition professionals. Session outline: 1) introduction, 2) three program profiles, 3) student perspective, 4) moderated questions from audience.	
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REFRESHING BREAK

1:00 PM-1:15 PM

Walk, Talk and Recharge with Coffee, Tea, or Water

CONCURRENT SESSIONS IV

1:15 PM-2:15 PM

Building Capacity for Empowered Food Citizens through Involvement in SNEB

This session will highlight the benefits of engagement within the Society of Nutrition Education and Behavior. Attendees will gain insight into how to make the most out of division membership and tips for increasing engagement. Division structure, such as subcommittees within the Higher Education Division, will be explained. Experiences of leadership within

EFNEP Changes Lives of Food Citizens in Urban and Rural Communities-Voces from the Lived Experience

Anticipating and adapting quickly to environmental and social change has been critical to the long-term success of the Expanded Food and Nutrition Education Program (EFNEP), the first federal nutrition education program in the United States. Through stories and informal dialogue, experienced EFNEP

Rewards and Challenges of Start-Up Projects Promoting Nutrition Equity to Mitigate Health Disparities of the Black Community in D.C

This session will address the rewards and challenges of promoting nutrition equity to mitigate health disparities in the Black community. The feasibility evaluation of the Black Wellness Matters-Nutrition Series, a curriculum aimed at increasing plant-based food intake to

Empowering Rural Communities for Food System and Health Equity

Rural communities face significant health disparities relative to their urban-dwelling counterparts. Efforts to enhance health equity and transform the food system converge in our rural communities, where health disparities exist in tandem with rich agricultural histories and traditions of communal self-reliance. It's

	divisions and subcommittees will be shared and examples of successful outputs, such as webinars and manuscripts will be presented. Discussion on leadership transitions and sustaining student involvement will be provided as a means to empower the next generation of food citizens	Coordinators and peer educator staff with lived experience will share how they have overcome obstacles and embraced opportunities in everchanging rural and urban communities to make a difference in the lives of individuals, families, and communities. Participants will be invited to share additional stories and ask questions as the session concludes.	mitigate chronic disease risk, will be highlighted. Qualitative findings on the cultural relevance of traditional and alternative tools for dietary guidelines will be reviewed. At an organizational level, the Inclusion, Diversity, Equity, and Access (IDEA) initiative to recruit minorities into the nutrition and dietetics profession through “Bridges to Dietetics through Narrative Heritage Models of the Chesapeake” in Maryland will be explored.	imperative that researchers and practitioners become well-versed in best practices for not only engaging, but empowering, this subset of the population for the sake of both nutrition and food system equity. This session will include brief presentations from each speaker on lessons learned from research studies employing community engagement best practices, followed by panel Q&A and group discussion.
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PLENARY AND CLOSING SESSION

2:30 PM-4:30 PM

- Opening and Welcome Remarks** by Yenory Hernández, President of SNEB
- Bee Marks Communication Symposium and Multi-Stakeholder Panel Discussion:** *“A Good Food Future Full of Verve and Visibility”*- Featuring Keynote Speaker Noreen Springstead, President & CEO, PHA.
- Looking Ahead:** SNEB Divisional Leaders’ Statements-Call to Action
- Closing remarks with Music Performance**