UNE Online
University of New England

855-751-4447
online.une.edu/applied-nutrition

UNE's Master of Science in Applied Nutrition is a

SCIENTIFICALLY RIGOROUS PROGRAM IN WHICH YOU CAN CUSTOMIZE YOUR FOCUS

The U.S. National Institutes of Health (NIH) defines scientific rigor as "the strict application of the scientific method to ensure robust and unbiased experimental design, methodology, analysis, interpretation and reporting of results. This includes full transparency in reporting experimental details so that others may reproduce and extend the findings."

In UNE's MSAN scientifically rigorous program, you will study advanced concepts in nutrition and learn how to use evidence-based research to elevate your nutrition practice. Through your work in the classroom and practice settings, you will be challenged to ask critical research questions, generate hypotheses, develop assessment strategies, uncover evidence, scrutinize results and draw conclusions that help move knowledge in the field forward.

In the Master of Science in Applied Nutrition (MSAN) program at the University of New England, you will study advanced concepts in nutrition education and science and learn how to use evidence-based research to elevate your nutrition practice.

1. SIX CORE COURSES

Trends and Issues in Nutrition*

Nutrition Across the Lifespan

Research Methods

Nutrition & Metabolism*

Nutrition Education & Health Behavior Change

Nutrition Practice for Health Promotion & Disease Prevention

**These two courses and the Medical Nutrition Therapy elective are waived for current RDNs who choose our streamlined RDN-to-MSAN pathway. A copy of your current CDR Registration card must be provided to enroll in this pathway.*

NECHE
New England Commission of Higher Education

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2. FOUR ELECTIVES**

Electives provide the opportunity for students to delve into a variety of topics relevant to the field of nutrition. Students can choose a specific focus area, which has predetermined electives, or customize the program of study to align with personal and professional interests.

***Students in the RDN-to-MSAN Pathway take only three electives.*

3. CO-REQUISITE AND CAPSTONE COURSES

In the Co-Requisite course, students will critically review and evaluate current nutrition and wellness literature as well as develop and present nutrition-related research. IIn the Capstone course, students synthesize previous coursework and in consultation with a faculty mentor, complete a final comprehensive, evidence-based project in a topical area of nutrition.

Examples include conducting independent research in a clinical care or nutrition education setting, authoring a manuscript for publication, writing a thesis, or developing educational curriculum.

FOCUS AREAS	EXAMPLES OF RELATED JOB TITLES
Nutrition & Disease Prevention	Health and Nutrition Teacher (K-12), Nutrition Educator, Certifed Nutrition Specialist (CNS)***
Non-Diet Approaches to Health Promotion	Personal Nutrition Coach, Wellness Coordinator, Industry Consultant
Sustainable Nutrition	Corporate or Non-profit Nutrition & Wellness Program Manager, Nutrition Policy Advocate, Food Systems Analyst
Individualized	Varies based on electives chosen

****The CNS requirements include additional undergraduate coursework and 1000 hours of supervised practice*

The MSAN program at UNE has been designed for those who are dedicated to transforming health through evidence-based nutrition practice, possess a desire to effect positive change in health promotion settings, and who are devoted to improving the health and well-being of individuals and communities with an emphasis on the application of theory and best practices.

Having my Master of Science in Applied Nutrition makes me feel more empowered – I feel that I can really strive for some of those "reach" positions that I wouldn't have been considered for three or four years ago... It can be difficult, but you are going to be so proud of yourself when you're finished!"

– Melanie Berdyck, MSAN '18

SPEAK TO AN ENROLLMENT COUNSELOR TODAY!

Our enrollment counselors are available to discuss the best path for your education. Contact us today!

Phone: 855-751-4447
Email: nutrition@une.edu
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