PURPOSE, VISION & VALUES

PURPOSE STATEMENT:
People worldwide empowered by food and nutrition education to change behavior, food systems, and policy.

VISION STATEMENT:
The Society for Nutrition Education and Behavior advances food and nutrition education research, practice, and policy that promote equity and support public and planetary health.

STRATEGIC GOALS:
Goal 1: Build a dynamic society of researchers, practitioners, and policymakers worldwide engaged in nutrition education and behavior activities.
Goal 2: Increase capacity for effective nutrition education and behavior research, practice, and advocacy.
Goal 3: Be leaders in comprehensive nutrition education research, practice, and advocacy at individual, community, food system and policy levels.

GUIDING PRINCIPLES AND VALUES

COMMUNITY: We respect and support communities as experts in understanding their needs and collaborators in problem-solving. We are the professional home for nutrition education practitioners, academics, researchers and advocates. We share a commitment to access to evidence-based food and nutrition information, experiences and resources, and supportive local to global environments, systems and policy.

EQUITY: We believe all populations should have access to community conditions and opportunities needed to reach their full potential and experience optimal well-being; for example, access to retail food outlets that offer nutritious, safe, and affordable foods and beverages and nutrition education tailored to their resources, capabilities and context. Addressing inequities in the places where people are born, grow, live, work, learn and age is critical.

FISCAL RESPONSIBILITY: We maintain accurate and sustainable finances and avoid conflicts of interest. We recognize resources are limited and should be used wisely to enhance our impact and avoid waste.

INCLUSION: We welcome membership and participation from a broad range of food-, food system-, food sector-, and nutrition-related practitioners, academics, researchers, policy makers, government officials, and advocates.

SCIENCE-AND EVIDENCE-BASED PLANNING: The best policies, programs, and practices are ones based on research, with evidence that demonstrates effectiveness.

OPENNESS: We work to ensure all our resources are accessible to all health and nutrition professionals, and we demonstrate a willingness to consider divergent views and beliefs.

PROFESSIONALISM: We conduct ourselves in a timely way being punctual in our actions. We take responsibility for our research and outreach and are accountable and well-organized in our work.

PREVENTION: We focus on preventing chronic diseases and ensuring an environment where healthy food and beverage choices are available, affordable, and accessible and we strive to effectively integrate nutrition education at the individual, family, community, and policy levels.

RESPECT: We have committed to effective and constructive communication, honest and ethical dealings, and civility and grace.

TRUST AND INTEGRITY: We value honesty, straightforwardness, sincerity, fairmindedness, and truthfulness.
STRATEGIC GOALS:

Goal 1: Build a dynamic society of researchers, practitioners, and policymakers worldwide engaged in nutrition education and behavior activities.

Goal 2: Increase capacity for effective nutrition education and behavior research, practice, and advocacy.

Goal 3: Be leaders in comprehensive nutrition education research, practice, and advocacy at individual, community, food system and policy levels.

When the SNEB Board met in July 2020 the decision was made to step back from the Strategic Plan adopted in 2019 in order to reflect on the organization can be part of the solution to end racism, inequities, and discrimination. That time of reflection included six 90-minute training sessions led by Joanne Burke and Karen Spiller. The trainings included readings, personal reflection, and group discussion on topics including racial identity and socialization, indigenous food ways, food and farm workers, racism and racial narrative.

A key tool used early in the discussions was the Continuum on Becoming an Anti-Racist, Multicultural Institution. This tool allowed leadership to honestly access what steps SNEB needed to take to become a fully inclusive, anti-racist, multicultural organization in a transformed society. With this goal in mind the current strategic plan was refined and a new Diversity, Equity and Inclusion Committee formed with Board Secretary Susan Stephenson-Martin as chair. Watch for more details about this committee to be announced during the annual conference.

Other key strategic plan activities included:

• This change will allow for a more robust leadership team with greater distribution of responsibilities as well as better continuity between leadership terms, a supportive executive team and increase opportunities for member leadership.

• Increased funding for division projects by moving unspent funds forward into the next fiscal year.

• Expanding the staff of the Journal of Nutrition Education and Behavior to include a Senior Associate Editor, additional associate editors and increased hours for managing editor support.

• Formation of a Journal including the creation of a forward-looking timeline of upcoming legislative and regulatory activity.

• Continued alignment of all areas of SNEB education with the Nutrition Educator Competencies including webinars along with conference abstracts and conference programming.

• Weekly review of opportunities to participate in global projects with SNEB's special consultative status with the United Nations.

• Piloted “office hours” with the Society President to discuss timely issues and open a dialogue between members and leadership.

• Reflected on our first virtual conference in 2020 to thoughtfully plan for improving virtual events and open up the possibility of hybrid or regional conferences in the future as our world continues to change.

• The Student and Higher Education Divisions worked together to rethink, reenergize and reinvigorate our mentor program so that it continues all year, beyond annual conference.

• Transitioned SNEB’s membership database to a Salesforce-based platform to improve member directory, create discussion forums, more efficiently process transactions, and track engagement of website visitors.
PAST PRESIDENTS

A special thank you to these visionary leaders who volunteered their time and effort to make SNEB a success!

Jennifer Wilkins, PhD, RD ........................................... 1995 – 1996
Jean Skinner, PhD, RD .............................................. 1994 – 1995
Guendoline Brown, PhD, RD ................................. 1993 – 1994
Jennifer Anderson, PhD, RD ........................................ 1992 – 1993
Barbara Shannon, PhD, RD ........................................ 1991 – 1992
Nancy Schwartz, PhD, RD ........................................ 1990 – 1991
Judy Brun, PhD ................................................. 1989 – 1990
Janet Tenney, MS, RD ............................................. 1988 – 1989
Lenora Moragne, PhD, RD ........................................ 1987 – 1988
Janice Dodds, EdD ............................................. 1986 – 1987
Audrey Maretzki, PhD, MS ......................................... 1985 – 1986
Kathryn Kolasa, PhD, RD ........................................ 1984 – 1985
Kristen McNutt, PhD (dec.) ..................................... 1983 – 1984
Jerry Moore, PhD .................................................. 1982 – 1983
Katherine Clancy, PhD, RD ......................................... 1981 – 1982
Roslyn Alfin-Slater, PhD (dec.) .............................. 1978 – 1979
Helen Guthrie, PhD (dec.) ........................................ 1977 – 1978
Johanna Dwyer, ScD, RD ........................................ 1976 – 1977
Philip L. White, ScD (dec.) ..................................... 1975 – 1976
Jean Mayer, PhD (dec.) ........................................... 1974 – 1975
George F. Stewart, PhD (dec.) .............................. 1972 – 1973
Gaylord P. Whitlock, PhD (dec.) .......................... 1971 – 1972
Ruth L. Hueneemann, PhD (dec.) ......................... 1970 – 1971
Helen E. Walsh, MA, RD (dec.) ............................ 1969 – 1970
George M. Briggs, PhD (dec.) .............................. 1968 – 1969

Jennifer Willkins, PhD, RD ................................. 2019 - 2020
Jennifer McCaffrey, PhD, MPH, RD .................... 2018 - 2019
Adrienne White, PhD, RD ......................................... 2017 - 2018
Mary Murimi, PhD, RD, LDN .................................. 2016 - 2017
Suzanne Piscopo, PhD ............................................. 2015 - 2016
Kendra Kattelmann, PhD, RDN, LN, FAND .............. 2014 - 2015
Joanne Ikeda, MA, RD (dec.) .................................... 2013 - 2014
Linda Drake, MS ................................................... 2012 - 2013
Brian Wansink, PhD ................................................. 2011 - 2012
Tracy Fox, MPH, RD ................................................ 2010 - 2011
Geoffrey Greene, PhD, RD, LDN ............................ 2009 - 2010
Martha Archuleta, PhD, RD ...................................... 2008 - 2009
Debrah M. Palmer, PhD, MEd .................................. 2007 - 2008
Robin Orr, PhD (dec.) .............................................. 2006 - 2007
Patricia Kendall, PhD, RD ........................................ 2005 - 2006
Elizabeth Crockett, PhD, RD, CDN ......................... 2004 - 2005
Jane Voichick, PhD ................................................ 2003 - 2004
Kathleen McMahon, PhD, RD .............................. 2002 - 2003
Marilyn Briggs, PhD, RD, SNS .................................. 2001 - 2002
Joann Heppes, MS, RD (dec.) .................................. 2000 - 2001
Lynn Parker, MS ..................................................... 1999 - 2000
Jean Pennington, PhD, RD ....................................... 1998 - 1999
Laura Sims, PhD, RD .............................................. 1997 - 1998
Ardyth Gillespie, PhD ................................................ 1996 - 1997
The year-end finances of SNEB show a $40,658 loss for 2019-2020 versus a budgeted loss of $47,301. The budgeted loss accounted for technology and website updates which was completed as planned. Revenue loss was due to the cancellation of the in-person annual conference. Although we had a very successful virtual event the registration fees did not recover the lost revenue. JNEB revenue did exceed budget again.

The 2020 loss pushed net assets to $779,787 as can be seen in Table A. The results for the 2021 fiscal year end are not yet compiled but revenue for the 2021 virtual conference is very strong.

Membership numbers are beginning to increase due to a higher retention rate in 2021 and the increasing growth of institutional group memberships. Trends in membership are illustrated in Table B.
Revenue and Other Support

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Total Revenue and Other Support: $569,611

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Total Expenses: $610,269

CHANGE IN NET ASSETS: ($40,658)

ASSETS

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TOTAL ASSETS: $757,495

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TOTAL LIABILITIES: $143,547

CHANGE IN NET ASSETS

Unrestricted

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TOTAL NET ASSETS: $613,951

TOTAL LIABILITIES AND NET ASSETS: $757,498
2020-2021 Membership Committee:
Marissa Burgermaster, Chair
Navika Gangrade, Chair
Laura Bauer
Mary Anne Burman
Danielle DeVries-Navarro
Mackenzie Ferrante
Kristen Johnson
Padideh Lovan
Habiba Nur
Diane Smith
Rachel Vollmer
Nick Estrada, Staff Liaison

As of July 31, 2021, SNEB had 948 members which is an increase of 101 members since June 30, 2019. Professional members make up 68% of members and 18% are students.

Institutional Groups
New in 2019 was the ability to form an institutional group of any size. Forming an institutional group allows the institution to change or add group members as staffing changes.

- Arizona Department of Education, Health and Nutrition
- Ascentria Care Alliance
- Auburn University
- Cal Fresh Healthy Living UC
- California Department of Social Services
- DC Department of Health
- Florida International University
- Iowa Department of Public Health
- Iowa State University
- Laurie M. Tisch Center for Food, Education & Policy
- Michigan Fitness Foundation
- Michigan State University Extension
- Mississippi State University
- Oklahoma State University
- Oklahoma Tribal Engagement Partners LLC
- Polk State College-Healthy Eagles Soar Program
- Purdue University
- School of Dietetics and Nutrition of ISSSTE
- South Dakota State University Extension
- Tarrant Area Food Bank
- The Ohio State University
- UConn Health, Center for Public Health
- UNH Cooperative Extension
- University of Arizona
- University of Illinois Extension
- University of Wisconsin-Madison, Division of Extension
- Visualz
- Washington State University Extension, SNAP-Ed

Organizational Members
- Commission on Economic Opportunity
- Cooking Matters by Share Our Strength
- Dairy Council of California
- Health Promotion Council
- RTI International
- The Food Trust
- The University of New England

Membership

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<td>694</td>
</tr>
<tr>
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<td>738</td>
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Divisions represent the special, focused interests of members and provide critical networking and educational opportunities for members. All Divisions worked to expand their leadership teams this year to include a secretary/treasurer position and launched new online forums for their members.

**Digital Technology in Nutrition Education and Behavior Change Division**
Tatyana El-Kour, MA, MS, RDN, FAND, Chair
Jared McGuirt, PhD, MPH, Chair-Elect
- Weekly tech-dives with 30 minute speakers

**Food & Nutrition Extension Education Division**
Teresa Henson, MS, BS, Chair
Elizabeth Gollub, PhD, MPH, RD, Chair-Elect
- Pre-conference workshop
- Monthly forums and evaluation discussions

**Healthy Aging Division**
Alison Berg, PhD, RD, LD, Chair
Seung Eun Jung, PhD, RD, Chair-Elect
- Member meetings
- Webinars

**Higher Education Division**
Megan Patton-Lopez, PhD, RD, Chair
Zubaida Qamar, PhD, Chair-Elect
- SOTL and Research awards selected
- Multiple subcommittees focused on specific topics
- ACPP webinar

**International Nutrition Education (DINE) Division**
Eunice Bonsi, PhD, Chair
Andrea Bersamin, PhD, Chair-Elect
- Monthly meetings
- Fruit and Vegetable webinar organized with FNEE

**Nutrition Education Beyond Weight**
Margarita Teran-Garcia, MD, PhD, FTOS, Chair
Norma Olvera, PhD, Chair-Elect
- Name change for the Division

**Nutrition Education for Children Division**
Georgianna Mann, PhD, Chair
Rachel Vollmer, PhD, RD, Chair-Elect
- JNEB Editorial
- Annual Poster competition
- Webinar on Child Nutrition Reauthorization

**Nutrition Educators in the Food Sector**
Katie Brown, EdD, RDN, Chair
Erin DeSimone, MS, RD, LDN, FAND, Chair-Elect
- Name change for the Division
- Meetings focused on networking among members
- JNEB Editorial
- ACPP webinar

**Public Health Nutrition Division**
Tanya O’Connor, MS, Chair
Chelsea Singleton, PhD, MPH, Chair-Elect
- Writing Fall 2021 JNEB Editorial
- Awarded the Division research awards
- Multiple webinars

**Research Division**
Madeleine Sigman-Grant, PhD, RD, Chair
Chris Taylor, PhD, RDN, LD, Chair-Elect
- Research members on funding in order to present a webinar
- Supported Journal Club webinar series on methodology

**Student Division**
Geb Bastian, RDN, Chair
Kritika Gupta, PhD, Chair-Elect
- Researched SNEB mentor program in order to launch new mentor/mentee matching effort
- Held virtual happy hours
- Re-established SNEB Instagram account

**Sustainable Food Systems Division**
Diane Smith, RD, MA, Chair
- Jobs in sustainable food webinar
- Newsletter and listserv
Annual Conference Committee Chair
Jasie Steinmetz, PhD, RD, CD

Conference Co-Chairs
Andrea Anater, PhD, MPH, MA
Kavitha Sankavaram

Abstract Committee Co-Chairs
Nurgul Fitzgerald PhD RDN
Betty Izumi

Conference Committee
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Constance Gewa PhD
Elizabeth Golllub PhD MPH RD
Nooreem Mena PhD RD

Kristin Riggsbee
Alison Rosenstock MS RD
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Jeanette Andrade PhD, RDN, LDN, FAND
Cheryl Armstrong PhD, MBA, RDN, LD
Oyinlola Babatunde PhD, MPH, RDN, FAND
Sandra Baker EdD, RDN, LDN
Aysegul Baltaci Ms. and PHD student
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Andrea Bersamin PhD
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Whitney Fung Uy MS
Navinka Ganagrade PhD Candidate, RD
Heather Gibbs PhD, RD
Deborah Goddard MS, NDTR
Stacey Gomes MS
Karen Gordon PhD, RD, LD
Maggie Grate MS, RDN
Virginia Gray PhD, RDN
Kritika Gupta MS (Doctoral Student)
Heather Hartline-Grafton DrPH, MPH, RD
Saima Hasnin Doctoral Candidate
Kristen Keitman MS, RDN, LD
Teresa Henson MS.
Deana Hildebrand PhD, RE
Emily Hill MS, RD, LD and PhD candidate
Lanae Hood PhD
Amelia Huelskamp PhD
Jonathan Isbill MS, RD
Cathryn Johnson MPH, IBCLC
Gerry Kasten RD, MSc FDC
Kathryn Keim PhD, RDN
Emily Kiresich PhD, RD (MS, MPH), FAND
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Matthew Landry PhD, RDN
Seung-Yeon Lee PhD
Jung Sun Lee PhD, RDN
Megan Lehnerd PhD
Mary Li RD, MPH, CHES
Brian Lo PhD, RD, MPH
Barbara Lohse PhD, RD
Elaine Long PhD RDN LD FAND
Elaine Long PhD, RDN, LD, FAND
Meghan Longacre PhD
Padideh Lovan

Alexandra MacMillan Uribe RD, PhD
Georgianna Mann PhD
Maya Maroto EdD, MPH, RDN, LDN
Laura McArthur PhD, RD,
Marissa McElrone PhD, RDN
Jared McGuirt PhD, MPH
Yu Meng PhD
Carol Miller RD, M, ED, LDN
Amy Mobley PhD, RD
Ana Moyeda Carabaza M.S., PhD Candidate
Jen Nickelson PhD, RD, MCHES
Wilna Oldewage-Theron PhD RD(SA)
Gerad O’Shea MA
Mardi Parelman MS, PhD
Oak-Hee Park
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Lisa Peterson MS
Giselle Pignotti PhD, RD
Suzanne Piscopo PHD, R.NUTR
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Melissa Reznar PhD, MPH
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Aliza Stark PhD
Sarah Stotz PhD, MS, RDN, CDE
Sara Tamaki
Francis Tayie
Chris Taylor PhD RD LD FAND
Krisha Thiagarajah PhD RD
Kerri Vasold PhD, ACSM-PAPHS
Rachel Vollmer PhD, RD
Cynthia Warren PhD
Annie Wetter PhD
Vanessa White-Barrow PhD, MSc, n, BSc.
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Bethany Williams MSH
Siew Sun Wong PhD, MS
Lauri Wright PhD, RDN
Lynda Zimmerman MS, RD, LD

2020-2021 YEAR IN REVIEW | www.sneb.org
2020 ANNUAL CONFERENCE

Virtual Annual Conference

- 627 Registrations
- 181 Poster Abstracts
- 24 Oral Abstracts
- 5 Exhibitors
- 97 Speakers
- 46 CEUs
- 27 Programs and Post-Conference Workshop

JOURNAL COMMITTEE

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Karla Shelnutt, PhD RD
Taren Swindle, PhD

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Rachel Daeger, CAE, Staff Liaison

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Jennifer Utter, PhD, MPH, RD

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Susan Pollock

EDITORIAL ASSISTANT
Shirley Camp, MS, RD, LDN
## Impact Factor

- **2020 Impact Factor:** 3.045
- **2019 Impact Factor:** 2.502
- **2018 Impact Factor:** 2.869
- **2017 Impact Factor:** 2.571

## Manuscripts Received, Accepted, and Published

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### Article type and year

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### Perspectives (formerly Viewpoints)

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### GEMs

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### Educational Material Review

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### Submission Averages

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<tr>
<td>2020</td>
<td>13%</td>
<td>920</td>
<td>117</td>
<td>537</td>
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<tr>
<td>2019</td>
<td>18%</td>
<td>764</td>
<td>139</td>
<td>437</td>
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<tr>
<td>2018</td>
<td>17%</td>
<td>731</td>
<td>121</td>
<td>389</td>
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### Number of Days from Submission to Decision

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<th>Days</th>
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<td>2020</td>
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<tr>
<td>2019</td>
<td>24.1</td>
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<tr>
<td>2018</td>
<td>26.7</td>
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<tr>
<td>2017</td>
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### Activity on www.jneb.org

<table>
<thead>
<tr>
<th>Year</th>
<th>Page views</th>
<th>Total Visits</th>
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<tbody>
<tr>
<td>2020</td>
<td>455,684 (up 15.5%)</td>
<td>230,563 (up 27%)</td>
</tr>
<tr>
<td>2019</td>
<td>394,471 (down 19.8%)</td>
<td>181,493 (up 4.6%)</td>
</tr>
<tr>
<td>2018</td>
<td>492,321 (up 17.6%)</td>
<td>173,392 (up 26.6%)</td>
</tr>
<tr>
<td>2017</td>
<td>418,689 (up 5.6%)</td>
<td>175,003 (up 15.5%)</td>
</tr>
</tbody>
</table>

Through the end of December 2020, JNEB received 548,440 requests for articles via the ScienceDirect institutional database, an increase of .1% for the same period in 2019.
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Miriam Seidel, Sustainable Food Systems

2020-2021 Policy Activity:
8/10: DGAC Oral Comments
8/12: National Drinking Water Alliance comments to DGAC
8/21: Federal Nutrition Research Advisory Coalition statement
9/18: Pandemic Child Hunger Prevention Act (H.R. 7887)
9/23: USDA to Extend Meal Program Waivers
9/23: 1st Intern'l Day of Awareness of Food Loss & Waste
11/15: NIH Precision Nutrition Comments
12/28: NIH comment re: transfer of Office of Nutrition Research within NIH
1/6: Respond to Waxman Strategies survey as part of Federal Nutrition Research Coalition
1/19: Black Maternal Health Momnibus
2/8: NANA letter re: COVID recovery priorities
2/17: NANA letter to Congress re: CN and nutrition ed priorities
3/5: Continued support of WIC Act
3/22: NANA letter on strengthening nutrition standards and expanding access for school meals
4/6: Updated NANA letter on recovery priorities
4/24: Support Universal School Meals Program Act
5/4: Increase Ag Approps to Support WIC
5/25: National Sustainable Agriculture Coalition
6/2: USDA Child Nutrition Waiver Extension
6/4: Medical Nutrition Therapy continued support
6/14: NANA Child Nutrition Reauthorization Priorities
6/20: USDA Thrifty Food Plan listening session

Webinars with SNEB Divisions:
COVID and Food Security – Sustainable Food Systems Division
Nutrition and Food Security during COVID – Nutrition Educators in the Food Sector
How do we Handle a Pandemic? Strategies for DPD and DI Programs during COVID-19 – Higher Education
Efforts to Expand Access to the Supplemental Nutrition Assistance Program for College Students – Higher Education
The Narrative Review Process as a Fieldwork Experience for Graduate Students During COVID 19 - Public Health
Leveraging Local Food Systems for Healthy Food Access - Public Health
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Janaki Parajuli, Dhangadhi Sub Metropolitan, Kailali, Nepal

Students:
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Olufemi Kehinde Fabusoro RD, University of Illinois at Urbana-Champaign
Kritika Gupta, MS, The University of Mississippi
Priya Krishnakumar, M.S., Florida International University
Alison Macchi, MS, Florida International University
Chisom Blessing Okoli, University of Georgia
Ashley Brooke Walther, MS, The Ohio State University

Undergraduate:
Amy Martin, Bradley University

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1968 Minutes of Giving for Scholarships
On June 7, 1968 the articles of incorporation were stamped establishing the Society for Nutrition Education and Behavior. So the Foundation dedicated 1,968 minutes on June 7 and 8 to raising funds to support scholarships. Frequent social media posts shared testimonials from past scholarship recipients and photos from SNEB conferences. The stories are online at https://www.sneb.org/1968-minutes-of-giving/.

Through generous support of members the goal of raising $1,968 was exceeded.
President’s Award
Isobel Contento, PhD, CDN

Mid-Career Professional Achievement Award
Melissa Olfert, DrPH, MS, RDN, LD

Early Professional Achievement Award
Mateja R. Savoie-Roskos PhD, MPH, RDN

Nutrition Education Research Award
Amy R. Mobley PhD, RD, FAND

Abriendo Caminos
Clearing the Path to Hispanic Health
Nutrition Education Program Impact Award
Abriendo Caminos: Clearing the Path to Hispanic Health
(presented to Dr. Margarita Teran-Garcia)

Scholarship of Teaching & Learning Nutrition in Higher Education Award
presented by the SNEB Higher Education Division
Suzie Goodell PhD, RDN

Advisory Committee on Public Policy Health Promotion Policy Award
Individual: Margo Wootan, DSc
Group: HER NOPREN COVID-19 Food & Nutrition Work Group

Korean Society of Community Nutrition and Society for Nutrition Education and Behavior International Award
Presented at the SNEB conference
Seung-Yeon Lee, PhD

JNEB Best Article:
Breastfeeding Duration Is Associated with WIC Site-Level Breastfeeding Support Practices
Stacy Gleason, MPH; Margaret K. Wilkin, MPH; Linnea Sal-lack, MPH, RD; Shannon E. Whaley, PhD; Catherine Marti-nez, MPH; and Courtney Paolicelli, DrPH, RDN
Vol. 52, Issue 7, p680-687

JNEB Best GEM
GEM No. 588: Food Pantries Integrating Eating Competence, Interest/Enjoyment in Physical Activity and Self-Efficacy for Pantry Participants
Josephine Umoren, PhD; Kelly Brasseur, MS, RD, LDN;
Ping Yao, PhD; Amy D. Ozier, PhD, RD, LDN; Cristal Medi-na, BS; Brianna Sommer, BS; and Jessica Maturrano, BS
Vol. 52, Issue 2, p195-197

Research Awards presented by the Public Health Nutrition Division
• Cori Sweet, MPH, RDN, UTK Extension, SNAP-Ed
• Stacey Viera, MPH, GWSPH/Aleto, Inc.

FNEE Conference Scholarship
• Gemady Langfelder, BS, CPT, University of Rhode Island
• Divya Patel, MS, University of Oklahoma Health Sciences Center

Higher Education Division Student Research Awards
Early Career Researcher
Nicholas Slagel, PhD, University of Georgia - P101
Callie Zimmerman, MPH, CHES, Michigan Fitness Foundation - O9

PhD Student
Navika Gangrade, BS, RD, Cornell University - P14
Elder Varela, MS, CHES, University of Florida - O23
Latasha Williams, MS, RDN, North Carolina State University - P49

MS Student
Joshua Brown, BS, The Ohio State University - P65
Stacey Brooke Viera, MPH, The George Washington University Milken Institute School of Public Health - O18
Undergraduate
Amy Martin, Bradley University - P35
SNEB Emeritus Member

SNEB celebrates Helen Brittin, Ph.D., RD, LD, FADA, CFCS, Professor Emeritus of Food and Nutrition at Texas Tech University, our first Emeritus Member, who reached the milestone of being a member for 50 years. Thank you to the writing team of Phrashiah Githinji, PhD Student, SNEB Student Member at Texas Tech University and Dr. Ana Moyeda-Cardaba, SNEB Member, for interviewing Dr. Brittin.

The Society for Nutrition Education and Behavior (SNEB) announces Helen Brittin, PhD, RD, LD, FADA, CFCS, as the first recipient of the Emeritus membership. This membership is given to those individuals that have been SNEB members for 50 years. Dr. Brittin, an Emeritus Professor at Texas Tech University, has had an outstanding career in Nutrition and her research predominantly focused on the cultural aspects of food which was a very unexplored subject area when she started her career.

She has travelled to all the different continents of the world except Antarctica. “I always had innate interest in people from different cultures and different parts of the world and this grew with working in the lab as a graduate student, where I interacted with other students from countries like Greece and China,” she said. While reflecting on some of the challenges she faced as a female researcher, Dr. Brittin explained that the balance of having a family with the responsibility of being a wife and mother as well as having an active career of teaching and research was particularly challenging. “More so because research is hardly an 8-hour a day job, not if you want to publish and travel to present your research at conferences”, she said. Another challenge for her that came with the early ‘80s was with adapting to the new technology.

Dr. Brittin notes that back then they had to go and scribble down material from journals in the library, however with the copy machines and computers this greatly eased her work. This growth and advancement in technology continues to date, “technology has helped with connectivity and aligning people with shared professional interest” she mentioned. It is because of this connectivity in the world now that she was able to join numerous professional organizations and travel for conferences to the US, Europe, and other parts of the world.

Dr. Brittin joined SNEB 50 years ago immediately after its conception in the late 1960s. She first learnt about the society from her mentor at that time, Dr. Mina Lamb, who was head of the department of Food and Nutrition at Texas Tech University. Since then, Dr. Brittin has remained a loyal member of SNEB, which she attributes to its unique focus on nutrition education that is not seen in any other organization. In addition, Dr. Brittin mentioned that “reading the journal helped her stay up-to-date with research and new strategies that were implemented in the area of nutrition education.” She also holds memberships with the Association of Dietetics and Nutrition (AND) and the American Association of Family and Consumer Sciences (AAFCS).

As an active member of SNEB since 1971, Dr. Brittin has attended SNEB conferences, where she has presented research papers, and contributed to the Journal of Nutrition Education and Behavior (JNEB).

Dr. Brittin’s most fond memory was attending her first annual SNE conference in September 1971. This national conference was special, given that it was her very first time presenting a research paper professionally. “It was also the first time I listened to presentations of other research projects and observed how colleagues presented their research at a national conference,” she said. In addition, she remembers one of the most recent conferences held in California where all charter members, including herself, were invited and she had a great time networking and socializing with the others.

As a longtime member of SNEB, Dr. Brittin shares that reading the JNEB helped shape her career as a researcher because the publications are of very high-quality. In addition, she mentions that publications within JNEB served as helpful examples for her and her students when developing research projects or preparing research manuscripts.

Embodying her nature as a nutrition educator, Dr. Brittin offers these words for upcoming nutrition educators: “As early career professional nutrition educators it is important to build relationships in your career and stay in contact with your mentors. Also join professional associations like SNEB that are directly related to your career interests and make sure to keep those memberships active”, she said.