



# PURPOSE, VISION & VALUES

## **PURPOSE STATEMENT:**

People worldwide empowered by food and nutrition education to change behavior, food systems, and policy.

## **VISION STATEMENT:**

The Society for Nutrition Education and Behavior advances food and nutrition education research, practice, and policy that promote equity and support public and planetary health.

## **STRATEGIC GOALS:**

*Goal 1:* Build a dynamic society of researchers, practitioners, and policymakers worldwide engaged in nutrition education and behavior activities.

*Goal 2:* Increase capacity for effective nutrition education and behavior research, practice, and advocacy.

*Goal 3:* Be leaders in comprehensive nutrition education research, practice, and advocacy at individual, community, food system and policy levels.

## **GUIDING PRINCIPLES AND VALUES**

**COMMUNITY:** We respect and support communities as experts in understanding their needs and collaborators in problem-solving. We are the professional home for nutrition education practitioners, academics, researchers and advocates. We share a commitment to access to evidence-based food and nutrition information, experiences and resources, and supportive local to global environments, systems and policy.

**EQUITY:** We believe all populations should have access to community conditions and opportunities needed to reach their full potential and experience optimal well-being; for example, access to retail food outlets that offer nutritious, safe, and affordable foods and beverages and nutrition education tailored to their resources, capabilities and context. Addressing inequities in the places where people are born, grow, live, work, learn and age is critical.

**FISCAL RESPONSIBILITY:** We maintain accurate and sustainable finances and avoid conflicts of interest. We recognize resources are limited and should be used wisely to enhance our impact and avoid waste.

**INCLUSION:** We welcome membership and participation from a broad range of food-, food system-, food sector-, and nutrition-related practitioners, academics, researchers, policy makers, government officials, and advocates.

**SCIENCE- AND EVIDENCE-BASED PLANNING:** The best policies, programs, and practices are ones based on research, with evidence that demonstrates effectiveness.

**OPENNESS:** We work to ensure all our resources are accessible to all health and nutrition professionals, and we demonstrate a willingness to consider divergent views and beliefs.

**PROFESSIONALISM:** We conduct ourselves in a timely way being punctual in our actions. We take responsibility for our research and outreach and are accountable and well-organized in our work.

**PREVENTION:** We focus on preventing chronic diseases and ensuring an environment where healthy food and beverage choices are available, affordable, and accessible and we strive to effectively integrate nutrition education at the individual, family, community, and policy levels.

**RESPECT:** We have committed to effective and constructive communication, honest and ethical dealings, and civility and grace.

**TRUST AND INTEGRITY:** We value honesty, straightforwardness, sincerity, fairmindedness, and truthfulness.



# STRATEGIC PLAN

## STRATEGIC GOALS:

*Goal 1:* Build a dynamic society of researchers, practitioners, and policymakers worldwide engaged in nutrition education and behavior activities.

*Goal 2:* Increase capacity for effective nutrition education and behavior research, practice, and advocacy.

*Goal 3:* Be leaders in comprehensive nutrition education research, practice, and advocacy at individual, community, food system and policy levels.

When the SNEB Board met in July 2020 the decision was made to step back from the Strategic Plan adopted in 2019 in order to reflect on the organization can be part of the solution to end racism, inequities, and discrimination. That time of reflection included six 90-minute training sessions led by Joanne Burke and Karen Spiller. The trainings included readings, personal reflection, and group discussion on topics including racial identity and socialization, indigenous food ways, food and farm workers, racism and racial narrative.

A key tool used early in the discussions was the Continuum on Becoming an Anti-Racist, Multicultural Institution. This tool allowed leadership to honestly access what steps SNEB needed to take to become a fully inclusive, anti-racist, multicultural organization in an transformed society. With this goal in mind the current strategic plan was refined and a new Diversity, Equity and Inclusion Committee formed with Board Secretary Susan Stephenson-Martin as chair. Watch for more details about this committee to be announced during the annual conference.

Other key strategic plan activities included:

- This change will allow for a more robust leadership team with greater distribution of responsibilities as well as better continuity between leadership terms, a supportive executive team and increase opportunities for member leadership.
- Increased funding for division projects by moving unspent funds forward into the next fiscal year.
- Expanding the staff of the *Journal of Nutrition Education and Behavior* to include a Senior Associate Editor, additional associate editors and increased hours for managing editor support.
- Formation of a Journal including the creation of a forward-looking timeline of upcoming legislative and regulatory activity.
- Continued alignment of all areas of SNEB education with the Nutrition Educator Competencies including webinars along with conference abstracts and conference programming.
- Weekly review of opportunities to participate in global projects with SNEB's special consultative status with the United Nations.
- Piloted "office hours" with the Society President to discuss timely issues and open a dialogue between members and leadership
- Reflected on our first virtual conference in 2020 to thoughtfully plan for improving virtual events and open up the possibility of hybrid or regional conferences in the future as our world continues to change.
- The Student and Higher Education Divisions worked together to rethink, reenergize and reinvigorate our mentor program so that it continues all year, beyond annual conference.
- Transitioned SNEB's membership database to a Salesforce-based platform to improve member directory, create discussion forums, more efficiently process transactions, and track engagement of website visitors.



# SNEB LEADERSHIP

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 Nick Estrada, CAE, CMP, Director of Membership  
 Jordan Nussear, Communications Coordinator  
 Mark Lewis, CAE, Membership Coordinator

# PAST PRESIDENTS

A special thank you to these visionary leaders who volunteered their time and effort to make SNEB a success!

Jennifer Willkins, PhD, RD ..... 2019 - 2020  
 Jennifer McCaffrey, PhD, MPH, RD ..... 2018 - 2019  
 Adrienne White, PhD, RD ..... 2017 - 2018  
 Mary Murimi, PhD, RD, LDN ..... 2016 - 2017  
 Suzanne Piscopo, PhD ..... 2015 - 2016  
 Kendra Kattelmann, PhD, RDN, LN, FAND ..... 2014 - 2015  
 Joanne Ikeda, MA, RD (dec.) ..... 2013 - 2014  
 Linda Drake, MS ..... 2012 - 2013  
 Brian Wansink, PhD ..... 2011 - 2012  
 Tracy Fox, MPH, RD ..... 2010 - 2011  
 Geoffrey Greene, PhD, RD, LDN ..... 2009 - 2010  
 Martha Archuleta, PhD, RD ..... 2008 - 2009  
 Debrah M. Palmer, PhD, MEd ..... 2007 - 2008  
 Robin Orr, PhD (dec.) ..... 2006 - 2007  
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 Jane Voichick, PhD ..... 2003 - 2004  
 Kathleen McMahon, PhD, RD ..... 2002 - 2003  
 Marilyn Briggs, PhD, RD, SNS ..... 2001 - 2002  
 Joann Heppes, MS, RD (dec.) ..... 2000 - 2001  
 Lynn Parker, MS ..... 1999 - 2000  
 Jean Pennington, PhD, RD ..... 1998 - 1999  
 Laura Sims, PhD, RD ..... 1997 - 1998  
 Ardyth Gillespie, PhD ..... 1996 - 1997

Rebecca Mullis, PhD, RD ..... 1995 - 1996  
 Jean Skinner, PhD, RD ..... 1994 - 1995  
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 Jennifer Anderson, PhD, RD ..... 1992 - 1993  
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 Nancy Schwartz, PhD, RD ..... 1990 - 1991  
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 Lenora Moragne, PhD, RD ..... 1987 - 1988  
 Janice Dodds, EdD ..... 1986 - 1987  
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 Kristen McNutt, PhD (dec.) ..... 1983 - 1984  
 Jerry Moore, PhD ..... 1982 - 1983  
 Katherine Clancy, PhD, RD ..... 1981 - 1982  
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 Joan Gussow, EdD ..... 1979 - 1980  
 Roslyn Alfin-Slater, PhD (dec.) ..... 1978 - 1979  
 Helen Guthrie, PhD (dec.) ..... 1977 - 1978  
 Johanna Dwyer, ScD, RD ..... 1976 - 1977  
 Philip L. White, ScD (dec.) ..... 1975 - 1976  
 Jean Mayer, PhD (dec.) ..... 1974 - 1975  
 Sue R. Williams, RD, MPH ..... 1973 - 1974  
 George F. Stewart, PhD (dec.) ..... 1972 - 1973  
 Gaylord P. Whitlock, PhD (dec.) ..... 1971 - 1972  
 Ruth L. Huenemann, PhD (dec.) ..... 1970 - 1971  
 Helen E. Walsh, MA, RD (dec.) ..... 1969 - 1970  
 George M. Briggs, PhD (dec.) ..... 1968 - 1969

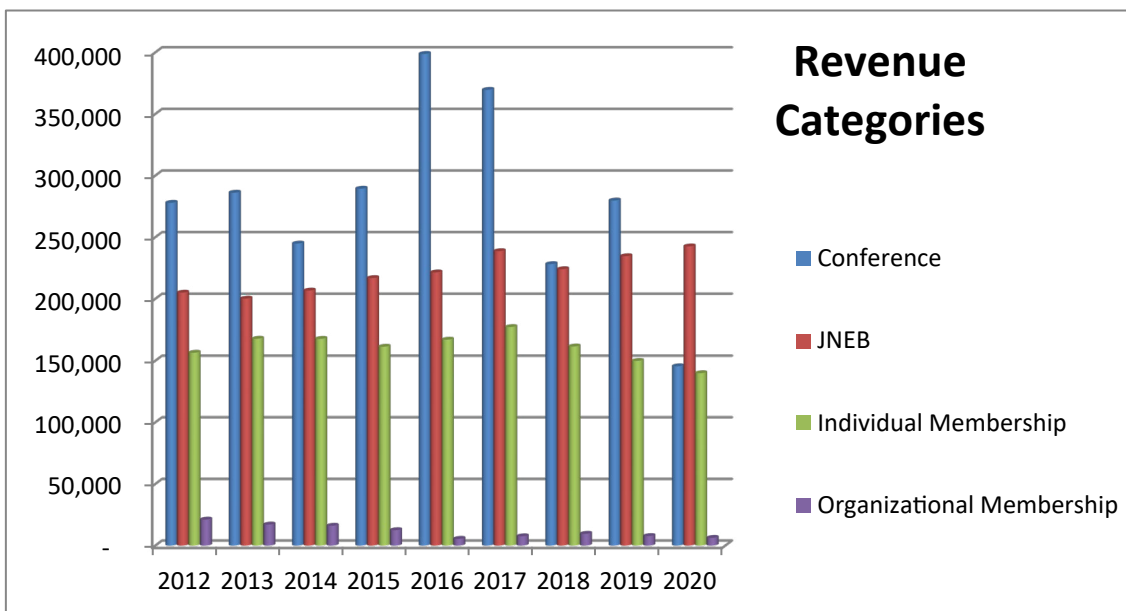
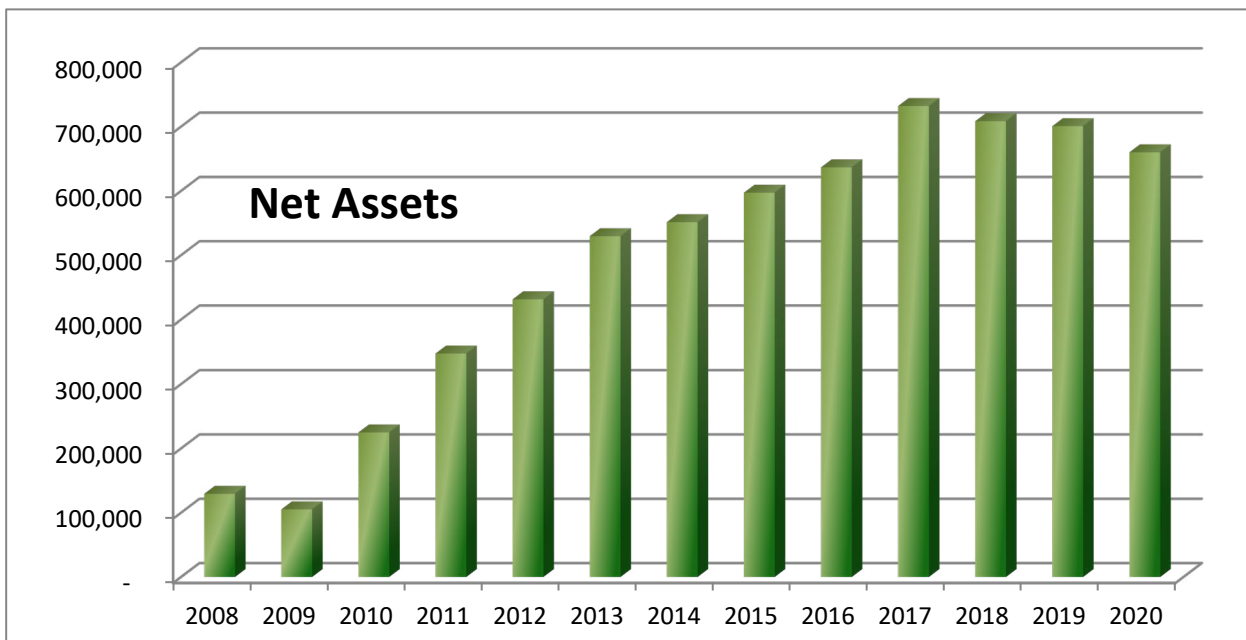


# FINANCIAL REPORT

The year-end finances of SNEB show a \$40,658 loss for 2019-2020 versus a budgeted loss of \$47,301. The budgeted loss accounted for technology and website updates which was completed as planned. Revenue loss was due to the cancellation of the in-person annual conference. Although we had a very successful virtual event the registration fees did not recover the lost revenue. JNEB revenue did exceed budget again.

The 2020 loss pushed net assets to \$779,787 as can be seen in Table A. The results for the 2021 fiscal year end are not yet compiled but revenue for the 2021 virtual conference is very strong.

Membership numbers are beginning to increase due to a higher retention rate in 2021 and the increasing growth of institutional group memberships. Trends in membership are illustrated in Table B.



# FINANCIAL REPORT



## SNEB SUMMARIZED STATEMENT OF ACTIVITIES – FISCAL YEAR END JULY 31, 2020

Revenue and Other Support	
Administrative.....	\$ 7,288
Annual Conference .....	\$145,561
Membership .....	\$172,053
JNEB .....	\$242,577
Webinars .....	\$ 2,132
Public Policy .....	\$ 0
<b>Total Revenue and Other Support .....</b>	<b>\$569,611</b>
Expenses	
Administrative .....	\$ 49,490
Annual Meeting .....	\$ 211,109
Governance .....	\$ 14,735
Membership .....	\$ 89,537
JNEB .....	\$ 160,172
Divisions .....	\$ 8,284
Communications .....	\$ 25,196
Webinars .....	\$ 20,135
Public Policy .....	\$ 31,611
<b>Total Expenses .....</b>	<b>\$ 610,269</b>
<b>CHANGE IN NET ASSETS .....</b>	<b>(\$ 40,658)</b>

## SNEB STATEMENT OF FINANCIAL POSITION JUNE 30, 2021

ASSETS	
General Fund Checking .....	\$185,387
Reserve .....	\$300,000
General Fund Savings.....	\$ 46,657
Accounts Receivable Invoices.....	\$ 2,995
Old National Money Market.....	\$ 99,941
KeyBank Savings .....	\$100,935
Prepaid Conference .....	\$ 10,000
Amount Due To/From Foundation .....	\$ (504)
<b>TOTAL ASSETS.....</b>	<b>\$757,495</b>
LIABILITIES	
Accounts Payable.....	\$ 500
Deferred Income .....	\$ 5,000
Deferred Signing Bonus.....	\$ 46,429
Deferred Organizational Dues .....	\$ 3,882
Deferred Institutional Dues .....	\$ 17,246
Deferred Individual Dues.....	\$ 70,165
Due to/from IANE .....	\$ 325
<b>TOTAL LIABILITIES.....</b>	<b>\$143,547</b>
CHANGE IN NET ASSETS	
Unrestricted	
Prior Years .....	\$659,972
Current Year .....	\$( 46,021)
<b>TOTAL NET ASSETS .....</b>	<b>\$613,951</b>
<b>TOTAL LIABILITIES AND NET ASSETS.....</b>	<b>\$757,498</b>



# MEMBERSHIP REPORT

## 2020-2021 Membership Committee:

Marissa Burgermaster, Chair  
 Navika Gangrade, Chair  
 Laura Bauer  
 Mary Anne Burkman  
 Danielle DeVries-Navarro  
 Mackenzie Ferrante  
 Kristen Johnson  
 Padideh Lovan  
 Habiba Nur  
 Diane Smith  
 Rachel Vollmer  
 Nick Estrada, Staff Liaison

As of July 31, 2021, SNEB had 948 members which is an increase of 101 members since June 30, 2019. Professional members make up 68% of members and 18% are students

## Institutional Groups

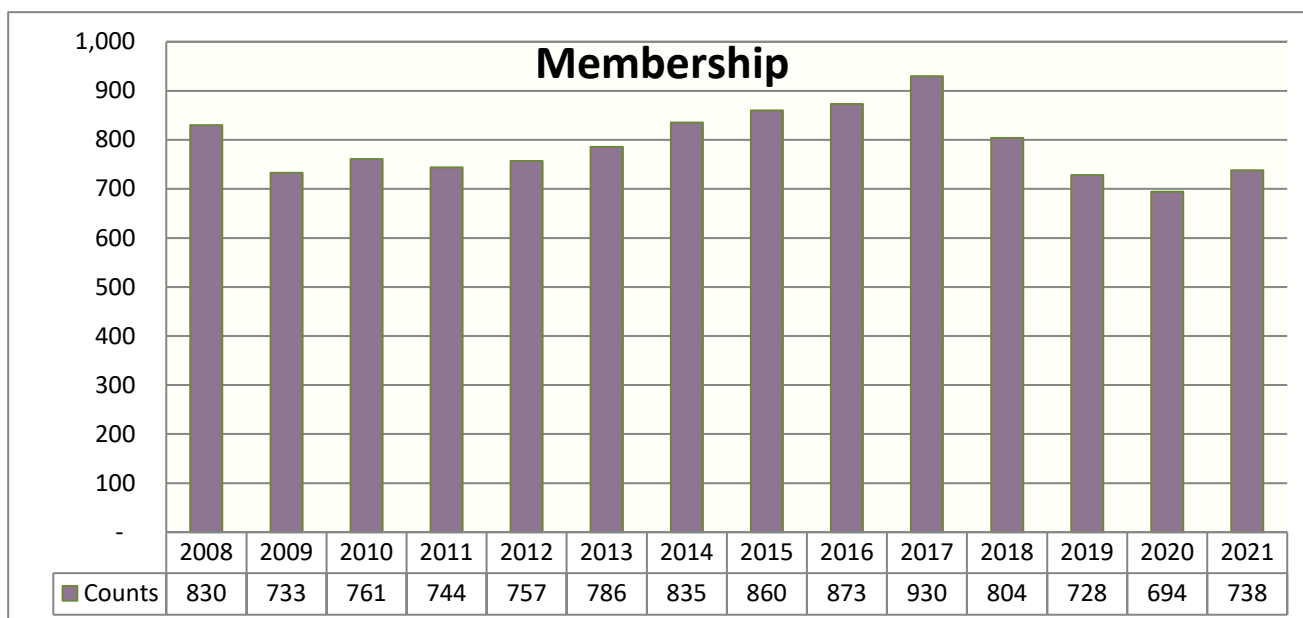
New in 2019 was the ability to form an institutional group of any size. Forming an institutional group allows the institution to change or add group members as staffing changes.

- Arizona Department of Education, Health and Nutrition
- Ascentria Care Alliance
- Auburn University
- Cal Fresh Healthy Living UC
- California Department of Social Services
- DC Department of Health
- Florida International University

- Iowa Department of Public Health
- Iowa State University
- Laurie M. Tisch Center for Food, Education & Policy
- Michigan Fitness Foundation
- Michigan State University Extension
- Mississippi State University
- Oklahoma State University
- Oklahoma Tribal Engagement Partners LLC
- Polk State College-Healthy Eagles Soar Program
- Purdue University
- School of Dietetics and Nutrition of ISSSTE
- South Dakota State University Extension
- Tarrant Area Food Bank
- The Ohio State University
- UConn Health, Center for Public Health
- UNH Cooperative Extension
- University of Arizona
- University of Illinois Extension
- University of Wisconsin-Madison, Division of Extension
- Visualz
- Washington State University Extension, SNAP-Ed

## Organizational Members

- Commission on Economic Opportunity
- Cooking Matters by Share Our Strength
- Dairy Council of California
- Health Promotion Council
- RTI International
- The Food Trust
- The University of New England





# DIVISION ACTIVITY

Divisions represent the special, focused interests of members and provide critical networking and educational opportunities for members. All Divisions worked to expand their leadership teams this year to include a secretary/treasurer position and launched new online forums for their members.

## Digital Technology in Nutrition Education and Behavior Change Division

Tatyana El-Kour, MA, MS, RDN, FAND, Chair  
Jared McGuirt, PhD, MPH, Chair-Elect

- Weekly tech-dives with 30 minute speakers

## Food & Nutrition Extension Education Division

Teresa Henson, MS, BS, Chair  
Elizabeth Gollub, PhD, MPH, RD, Chair-Elect

- Pre-conference workshop
- Monthly forums and evaluation discussions

## Healthy Aging Division

Alison Berg, PhD, RD, LD, Chair  
Seung Eun Jung, PhD, RD, Chair-Elect

- Member meetings
- Webinars

## Higher Education Division

Megan Patton-Lopez, PhD, RD, Chair  
Zubaida Qamar, PhD, Chair-Elect

- SOTL and Research awards selected
- Multiple subcommittees focused on specific topics
- ACPP webinar

## International Nutrition Education (DINE) Division

Eunice Bonsi, PhD, Chair  
Andrea Bersamin, PhD, Chair-Elect

- Monthly meetings
- Fruit and Vegetable webinar organized with FNEE

## Nutrition Education Beyond Weight

Margarita Teran-Garcia, MD, PhD, FTOS, Chair  
Norma Olvera, PhD, Chair-Elect

- Name change for the Division

## Nutrition Education for Children Division

Georgianna Mann, PhD, Chair  
Rachel Vollmer, PhD, RD, Chair-Elect

- JNEB Editorial
- Annual Poster competition
- Webinar on Child Nutrition Reauthorization

## Nutrition Educators in the Food Sector

Katie Brown, EdD, RDN, Chair  
Erin DeSimone, MS, RD, LDN, FAND, Chair-Elect

- Name change for the Division
- Meetings focused on networking among members
- JNEB Editorial
- ACPP webinar

## Public Health Nutrition Division

Tanya O'Connor, MS, Chair  
Chelsea Singleton, PhD, MPH, Chair-Elect

- Writing Fall 2021 JNEB Editorial
- Awarded the Division research awards
- Multiple webinars

## Research Division

Madeleine Sigman-Grant, PhD, RD, Chair  
Chris Taylor, PhD, RDN, LD, Chair-Elect

- Research members on funding in order to present a webinar
- Supported Journal Club webinar series on methodology

## Student Division

Geb Bastian, RDN, Chair  
Kritika Gupta, PhD, Chair-Elect

- Researched SNEB mentor program in order to launch new mentor/mentee matching effort
- Held virtual happy hours
- Re-established SNEB Instagram account

## Sustainable Food Systems Division

Diane Smith, RD, MA, Chair

- Jobs in sustainable food webinar
- Newsletter and listserv



# CONFERENCE PLANNING

## Annual Conference Committee Chair

Jasia Steinmetz, PhD, RD, CD

## Conference Co-Chairs

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Kavitha Sankavaram

## Abstract Committee Co-Chairs

Nurgul Fitzgerald PhD RDN  
Betty Izumi

## Conference Committee

Sarah Francis PhD RD  
Constance Gewa PhD  
Elizabeth Gollub PhD MPH RD  
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Kristin Riggsbee

Alison Rosenstock MS RD

Jody Vogelzang

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Saima Hasnin Doctoral Candidate  
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Lanae Hood PhD  
Amelia Huelskamp PhD  
Jonathan Isbill MS, RD  
Cathryn Johnson MPH, IBCLC  
Gerry Kasten RD, MSc FDC  
Kathryn Keim PhD, RDN  
Emily Kiresich PhD, RD (MS, MPH), FAND  
Linda Knol PHD RDN  
Matthew Landry PhD, RDN  
Seung-Yeon Lee PhD  
Jung Sun Lee PhD, RDN  
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Brian Lo PhD, RD, MPH  
Barbara Lohse PhD, RD  
Elaine Long PhD RDN LD FAND  
Elaine Long PhD, RDN, LD, FAND  
Meghan Longacre PhD  
Padideh Lovan

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Mardi Parelman MS, PhD  
Oak-Hee Park  
Beth Peralta MS RDN LDN  
Lisa Peterson MS  
Giselle Pignotti PhD, RD  
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April Williams MS CNS LDN  
Bethany Williams MSH  
Siew Sun Wong PhD, MS  
Lauri Wright PhD, RDN  
Lynda Zimmerman MS, RD, LD





## Virtual Annual Conference

- 627 Registrations
- 181 Poster Abstracts
- 24 Oral Abstracts
- 5 Exhibitors
- 97 Speakers
- 46 CEUs
- 27 Programs and Post-Conference Workshop



## JOURNAL COMMITTEE

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EDITORIAL ASSISTANT  
Shirley Camp, MS, RD, LDN



# JOURNAL OF NUTRITION EDUCATION AND BEHAVIOR

## Impact Factor

- 2020 Impact Factor: 3.045
- 2019 Impact Factor: 2.502
- 2018 Impact Factor: 2.869
- 2017 Impact Factor: 2.571

## Manuscripts Received, Accepted, and Published

	Manuscripts received	Revisions received	Pages published
All papers			
2020	953	369	1,174
2019	814	412	1,300
2018	754	373	1,065
2017	722	421	970

Article type and year	Manuscripts received	Revisions requested	Manuscripts accepted
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### Research Articles

2020	655	189	48
2019	540	219	78
2018	511	212	67
2017	442	222	76

### Research Briefs

2020	137	145	45
2019	141	127	35
2018	135	130	40
2017	152	140	36

### Research Methods

2020	21	5	3
2019	8	9	3
2018	9	4	1
2017	13	4	2

### Reports

2020	26	9	4
2019	20	21	7
2018	15	11	4
2017	9	10	4

### Systematic Reviews

2020	37	6	0
2019	22	9	3
2018	20	12	2
2017	14	4	1

## Perspectives (formerly Viewpoints)

2020	24	24	10
2019	9	7	4
2018	8	6	1
2017	15	10	4

## GEMs

2020	24	24	10
2019	24	23	9
2018	25	15	8
2017	31	34	13

## Educational Material Review

2020	33	0	30
2019	50	0	51
2018	31	1	30
2017	46	0	45

## Submission Averages

*Percentage of manuscripts accepted for publication*

Year	Accept rate	Submitted	Accepted	Projected
2020	13%	920	117	537
2019	18%	764	139	437
2018	17%	731	121	389

## Number of Days from Submission to Decision

2020	20.8
2019	24.1
2018	26.7
2017	31.6

## Activity on www.jneb.org

	Page views	Total Visits
2020	455,684 (up 15.5%)	230,563 (up 27%)
2019	394,471 (down 19.8%)	181,493 (up 4.6%)
2018	492,321 (up 17.6%)	173,392 (up 26.6%)
2017	418,689 (up 5.6%)	175,003 (up 15.5%)

Through the end of December 2020, JNEB received 548,440 requests for articles via the ScienceDirect institutional database, a increase of .1% for the same period in 2019.



# ADVISORY COMMITTEE ON PUBLIC POLICY (ACPP)

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Marcia Scott, PhD, RD  
Stacey Snelling, PhD, RD  
Stephany Parker, PhD  
Rachel Daeger, CAE, SNEB Staff Liaison  
Tom Joseph, Paragon Lobbying

## Division Point People:

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Tovah Wolf, Healthy Aging  
Rebecca Hagedorn, Higher Education  
Abiodun Atoloye, DINE  
Serah Theuri, DINE  
Erin DeSimone, Nutrition Educators in the Food Sector  
Lucille Tang, Nutrition Education for Children/Student  
Jennifer Garner, Public Health Nutrition  
Cassandra Nikolaus, Research  
Miriam Seidel, Sustainable Food Systems

## 2020-2021 Policy Activity:

8/10: DGAC Oral Comments  
8/12: National Drinking Water Alliance comments to DGAC  
8/21: Federal Nutrition Research Advisory Coalition statement  
9/18: Pandemic Child Hunger Prevention Act (H.R. 7887)  
9/23: USDA to Extend Meal Program Waivers  
9/23: 1st Intern'l Day of Awareness of Food Loss & Waste  
11/15: NIH Precision Nutrition Comments  
12/28: NIH comment re: transfer of Office of Nutrition Research within NIH  
1/6: Respond to Waxman Strategies survey as part of Federal Nutrition Research Coalition  
1/19: Black Maternal Health Momnibus

2/8: NANA letter re: COVID recovery priorities  
2/17: NANA letter to Congress re: CN and nutrition ed priorities  
3/5: Continued support of WIC Act  
3/22: NANA letter on strengthening nutrition standards and expanding access for school meals  
4/6: Updated NANA letter on recovery priorities  
4/24: Support Universal School Meals Program Act  
5/4: Increase Ag Approps to Support WIC  
5/25: National Sustainable Agriculture Coalition  
6/2: USDA Child Nutrition Waiver Extension  
6/4: Medical Nutrition Therapy continued support  
6/14: NANA Child Nutrition Reauthorization Priorities  
6/20: USDA Thrifty Food Plan listening session

## Webinars with SNEB Divisions:

COVID and Food Security – Sustainable Food Systems Division  
Nutrition and Food Security during COVID – Nutrition Educators in the Food Sector  
How do we Handle a Pandemic? Strategies for DPD and DI Programs during COVID-19 – Higher Education  
Efforts to Expand Access to the Supplemental Nutrition Assistance Program for College Students – Higher Education  
The Narrative Review Process as a Fieldwork Experience for Graduate Students During COVID 19 - Public Health  
Leveraging Local Food Systems for Healthy Food Access - Public Health



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## **2021 Foundation Scholarships:**

### **Community:**

Kelly Hong, Cal Fresh Healthy Living, UC Cooperative Extension  
Lori Johnson, MS, RD, LDN, University of Florida/IFAS Extension  
Janaki Parajuli, Dhangadhi Sub Metropolitan, Kailali, Nepal

### **Students:**

Jocelyn Bayles Dixon, BS, East Carolina University  
Olufemi Kehinde Fabusoro RD, University of Illinois at Urbana-Champaign  
Kritika Gupta, MS, The University of Mississippi  
Priya Krishnakumar, M.S, Florida International University  
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## **Annual Campaign Supporters:**

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## **Annual Conference Scholarships**

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Joan Gussow, EdD  
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Zubaida Qamar, PhD, RD

## **1968 Minutes of Giving for Scholarships**

On June 7, 1968 the articles of incorporation were stamped establishing the Society for Nutrition Education and Behavior. So the Foundation dedicated 1,968 minutes on June 7 and 8 to raising funds to support scholarships. Frequent social media posts shared testimonials from past scholarship recipients and photos from SNEB conferences. The stories are online at <https://www.sneb.org/1968-minutes-of-giving/>. Through generous support of members the goal of raising \$1,968 was exceeded.



# AWARD RECIPIENTS



### President's Award

Isobel Contento, PhD, CDN



### Mid-Career Professional Achievement Award

Melissa Olfert, DrPH, MS, RDN, LD



### Early Professional Achievement Award

Mateja R. Savoie-Roskos PhD, MPH, RDN



### Nutrition Education Research Award

Amy R. Mobley PhD, RD, FAND

## Abriendo Caminos

Clearing the Path to Hispanic Health

### Nutrition Education Program Impact Award

Abriendo Caminos: Clearing the Path to Hispanic Health (presented to Dr. Margarita Teran-Garcia)



### Scholarship of Teaching & Learning Nutrition in Higher Education Award

presented by the  
SNEB Higher Education Division  
Suzie Goodell PhD, RDN

### Advisory Committee on Public Policy Health Promotion Policy Award

Individual: Margo Wootan, DSc  
Group: HER NOPREN COVID-19 Food & Nutrition Work Group



### Korean Society of Community Nutrition and Society for Nutrition Education and Behavior International Award Presented at the SNEB conference

Seung-Yeon Lee, PhD

### JNEB Best Article:

*Breastfeeding Duration Is Associated with WIC Site-Level Breastfeeding Support Practices*

Stacy Gleason, MPH; Margaret K. Wilkin, MPH; Linnea Sal-lack, MPH, RD; Shannon E. Whaley, PhD; Catherine Marti-nez, MPH; and Courtney Paolicelli, DrPH, RDN

Vol. 52, Issue 7, p680-687

### JNEB Best GEM

*GEM No. 588: Food Pantries Integrating Eating Competence, Interest/Enjoyment in Physical Activity and Self-Efficacy for Pantry Participants*

Josephine Umoren, PhD; Kelly Brasseur, MS, RD, LDN; Ping Yao, PhD; Amy D. Ozier, PhD, RD, LDN; Cristal Medi-na, BS; Brianna Sommer, BS; and Jessica Maturrano, BS  
Vol. 52, Issue 2, p195-197

### Research Awards presented by the Public Health Nutrition Division

- Cori Sweet, MPH, RDN, UTK Extension, SNAP-Ed
- Stacey Viera, MPH, GWSPH/Aleto, Inc.

### FNEE Conference Scholarship

- Gemady Langfelder, BS, CPT, University of Rhode Island
- Divya Patel, MS, University of Oklahoma Health Sciences Center

### Higher Education Division Student Research Awards

#### Early Career Researcher

Nicholas Slagel, PhD, University of Georgia - P101  
Callie Zimmerman, MPH, CHES, Michigan Fitness Foundation - O9

#### PhD Student

Navika Gangrade, BS, RD, Cornell University - P14  
Elder Varela, MS, CHES, University of Florida - O23  
Latasha Williams, MS, RDN, North Carolina State University - P49

#### MS Student

Joshua Brown, BS, The Ohio State University - P65  
Stacey Brooke Viera, MPH, The George Washington University Milken Institute School of Public Health - O18

#### Undergraduate

Amy Martin, Bradley University - P35



## SNEB Emeritus Member

*SNEB celebrates Helen Brittin, Ph.D., RD, LD, FADA, CFCS, Professor Emeritus of Food and Nutrition at Texas Tech University, our first Emeritus Member, who reached the milestone of being a member for 50 years. Thank you to the writing team of Phrashiah Githinji, PhD Student, SNEB Student Member at Texas Tech University and Dr. Ana Moyeda-Carabaza, SNEB Member, for interviewing Dr. Brittin.*

The Society for Nutrition Education and Behavior (SNEB) announces Helen Brittin, PhD, RD, LD, FADA, CFCS, as the first recipient of the Emeritus membership. This membership is given to those individuals that have been SNEB members for 50 years. Dr. Brittin, an Emeritus Professor at Texas Tech University, has had an outstanding career in Nutrition and her research predominantly focused on the cultural aspects of food which was a very unexplored subject area when she started her career.

She worked and collaborated in this area which resulted in more than 100 journal publications that continue to be cited to date. Other research areas that Dr. Brittin focused on included investigations into the influence of iron content in cookware and later on she began assessing the iron aspects across different cultural foods in the U.S including with Chinese, Arabs, Thais, and Indians. In addition to this, Dr. Brittin wrote the book 'Food and Culture around the World' and this ties in with her research and her many years of travelling around the world.

She has travelled to all the different continents of the world except Antarctica. "I always had innate interest in people from different cultures and different parts of the world and this grew with working in the lab as a graduate student, where I interacted with other students from countries like Greece and China," she said.

While reflecting on some of the challenges she faced as a female researcher, Dr. Brittin explained that the balance of having a family with the responsibility of being a wife and mother as well as having an active career of teaching and research was particularly challenging. "More so because research is hardly an 8-hour a day job, not if you want to publish and travel to present your research at conferences", she said. Another challenge for her that came with the early '80s was with adapting to the new technology.

Dr. Brittin notes that back then they had to go and scribble down material from journals in the library, however with the copy machines and computers this greatly eased her work. This growth and advancement in technology continues to date, "technology has helped with connectivity and aligning people with shared professional interest" she mentioned. It is because of

this connectivity in the world now that she was able to join numerous professional organizations and travel for conferences to the US, Europe, and other parts of the world. Dr. Brittin goes on to explain how SNEB serves an important function of connecting Nutrition education professionals in the world.

Dr. Brittin joined SNEB 50 years ago immediately after its conception in the late 1960s. She first learnt about the society from her mentor at that time, Dr. Mina Lamb, who was head of the department of Food and Nutrition at Texas Tech University. Since then, Dr. Brittin has remained a loyal member of SNEB, which she attributes to its unique focus on nutrition education that is not seen in any other organization. In addition, Dr. Brittin mentioned that "reading the journal helped her stay up-to-date with research and new strategies that were implemented in the area of nutrition education." She also holds memberships with the Association of Dietetics and Nutrition (AND) and the American Association of Family and Consumer Sciences (AAFCS). As an active member of SNEB since 1971, Dr. Brittin has attended SNEB conferences, where she has presented research papers, and contributed to the Journal of Nutrition Education and Behavior (JNEB).

Dr. Brittin's most fond memory was attending her first annual SNE conference in September 1971. This national conference was special, given that it was her very first time presenting a research paper professionally. "It was also the first time I listened to presentations of other research projects and observed how colleagues presented their research at a national conference," she said. In addition, she remembers one of the most recent conferences held in California where all charter members, including herself, were invited and she had a great time networking and socializing with the others.

As a longtime member of SNEB, Dr. Brittin shares that reading the JNEB helped shape her career as a researcher because the publications are of very high-quality. In addition, she mentions that publications within JNEB served as helpful examples for her and her students when developing research projects or preparing research manuscripts.

Embodying her nature as a nutrition educator, Dr. Brittin offers these words for upcoming nutrition educators: "As early career professional nutrition educators it is important to build relationships in your career and stay in contact with your mentors. Also join professional associations like SNEB that are directly related to your career interests and make sure to keep those memberships active", she said.