



Master of Science in **APPLIED NUTRITION**

UNE's Master of Science in Applied Nutrition (MSAN)

degree prepares future leaders in the field of nutrition. The demand for knowledgeable nutrition professionals has grown rapidly in recent years as global health trends reveal undisputed links between diet and health. Earning your MSAN prepares you to help individuals, communities and organizations with interpreting, communicating, and applying complex nutritional concepts.

The UNE program focuses on the practical application of graduate-level coursework to meet market demand in health education, food and nutrition communications, nutrition program design and implementation, evaluation of nutrition programs, nutrition based business development, marketing, and community engagement.

PROGRAM HIGHLIGHTS:

- 100% online - no campus visits required
- 36 credit hour program
- Complete in as quickly as two years
- Experienced faculty with robust field experience
- Fully accredited by NECHE

OPTIONAL FOCUS AREAS

Obesity and Health Promotion

This focus area prepares students interested in obesity and the associated cultural, environmental, psychosocial, physical, and economic factors with the knowledge to work on alleviating the impact of obesity in communities and individuals.

Nutrition and Disease Prevention

This focus area prepares students interested in disease prevention with an emphasis on evidence-based clinical practice. RD candidates might select this track as they await clinical internship.

Sustainable Nutrition

This focus area prepares students to advance sustainable solutions to agricultural, socio-economic, political, environmental, and production influences on nutrition and global food systems. Students will learn how to promote nutrition advocacy and shape nutrition policy to benefit individuals and communities alike.

Individualized

Build a curriculum designed to best serve your future goals through a combination of 5 courses, across any focus areas, to earn a custom-built learning experience.

REQUIRED COURSES

- APN 601** Trends and Issues in Nutrition and Global Food Systems
- APN 605** Nutrition Across the Lifespan
- APN 610** Research Methods
- APN 615** Nutrition and Metabolism
- APN 620** Nutrition Education and Health Behavior Change
- APN 625** Nutrition Practice for Health Promotion & Disease Prevention

ELECTIVE COURSES

- APN 701** Nutrition, Wellness, and Multimedia Communication
- APN 710** Media and Ethics in Nutrition
- APN 715** Measuring Social Media Impact

CLINICAL GRADUATE COURSES

- APN 505** Applied Anatomy & Physiology

OBESITY & HEALTH PROMOTION

- APN 730** Medical Nutrition Therapy
- APN 735** Nutrition Leadership, Community Nutrition and Wellness
- APN 740** Nutrition and Nutrition Information in the Media
- APN 745** Overweight and Obesity
- APN 750** Clinical Management of Overweight and Obesity
- APN 755** Applied Nutrition Capstone

NUTRITION & DISEASE PREVENTION

- APN 730** Medical Nutrition Therapy
- APN 760** Micronutrients: Nutrition and Functional Applications
- APN 765** Nutrition Therapy for Clinical Practice
- APN 770** Nutrition Counseling and Communication
- APN 775** Advanced Nutrition Research
- APN 755** Applied Nutrition Capstone

SUSTAINABLE NUTRITION

- APN 701** Nutrition, Wellness, and Multimedia Communication
- GPH 702** An Interprofessional Approach to Policy and Advocacy
- APN 707** Dietary Practices and the Environment
- APN 712** Global Food Systems and Sustainable Agriculture Policy
- APN 717** Food Justice Advocacy
- APN 775** Advanced Nutrition Research
- APN 755** Applied Nutrition Capstone

INDIVIDUALIZED

Students selecting the individualized degree focus may select a combination of any five courses offered as electives to earn the Master of Science in Applied Nutrition.

PROGRAM PREREQUISITES

- Bachelor's degree from a regionally accredited institution or international equivalent
- Undergraduate cumulative GPA of 3.0 or better
- Previous coursework in Nutrition and/or Biology, and Statistics is recommended

ADMISSION REQUIREMENTS

- Online graduate application and a \$40 nonrefundable application fee
- Official transcripts reflecting conferral of bachelor's degree from a regionally accredited university
- 1-2 paragraph response to each of the four goal statement prompts
- Current resume or curricula vitae
- No GRE required
- Three professional references

SPEAK TO AN ENROLLMENT COUNSELOR TODAY!

Our enrollment counselors are available to discuss the best path for your education. Contact us today!

Phone: 855-751-4447

Email: nutrition@une.edu

Visit: online.une.edu/applied-nutrition

