

## RESOURCES IN SPANISH

SOME OF THEM ARE NUTRITION RELATED, SOME ARE AGRICULTURE RELATED, SOME ARE VIDEOS AND SOME ARE HANDOUTS. SOME ARE FROM OTHER UNIVERSITIES OR FROM STATE AGENCIES. SOME ARE FROM NATIONAL ASSOCIATIONS.

<http://extensionespanol.net/>

<http://www.extension.iastate.edu/foodsavings/page/spanish-resources>

<http://www.fcs.uga.edu/ext/pubs/index.php#food>

<http://www.cancer.org/espanol/index>

<http://www.cancer.gov/espanol>

<https://www.insk.com/wallpapers.aspx?f=55>

<http://www.goredcorazon.org/enes/heart-healthy-family.html>

[http://www.getreadyforflu.org/new\\_pg\\_facts.htm](http://www.getreadyforflu.org/new_pg_facts.htm)

[http://es.heart.org/dheart/HEARTORG/Conditions/Answers-by-Heart-Fact-Sheets-Multi-language-Information\\_UCM\\_314158\\_Article.jsp](http://es.heart.org/dheart/HEARTORG/Conditions/Answers-by-Heart-Fact-Sheets-Multi-language-Information_UCM_314158_Article.jsp)

<http://www.eatright.org/espanol/>

<http://www.eatright.org/Public/content.aspx?id=10981>

<http://www.diabetes.org/espanol/?loc=rednav>

<http://www.nlm.nih.gov/medlineplus/spanish/>

<http://aces.nmsu.edu/pubs/spanish/welcome.html>

<http://www.fsis.usda.gov/wps/portal/informational/en-espanol>

<http://www1.extension.umn.edu/family/health-and-nutrition/simple-good-eating/active-living-and-healthy-eating-on-a-budget/spanish/>

<http://ag.arizona.edu/maricopa/fcs/bb/Spanish/links.html>

<http://allrecipes.com.mx/recetas/ensaladas-recetas.aspx?page=4>

<http://www.nationaldairyCouncil.org/EducationMaterials/HealthProfessionalsEducationKits/Pages/HispanicHealthEducationKit.aspx>

<https://salud-america.org/>

<http://www.saludtoday.com/blog/>

### Recipes from Latinoamerica

Recipes from Colombia that are in English: <https://www.mycolumbianrecipes.com/>