

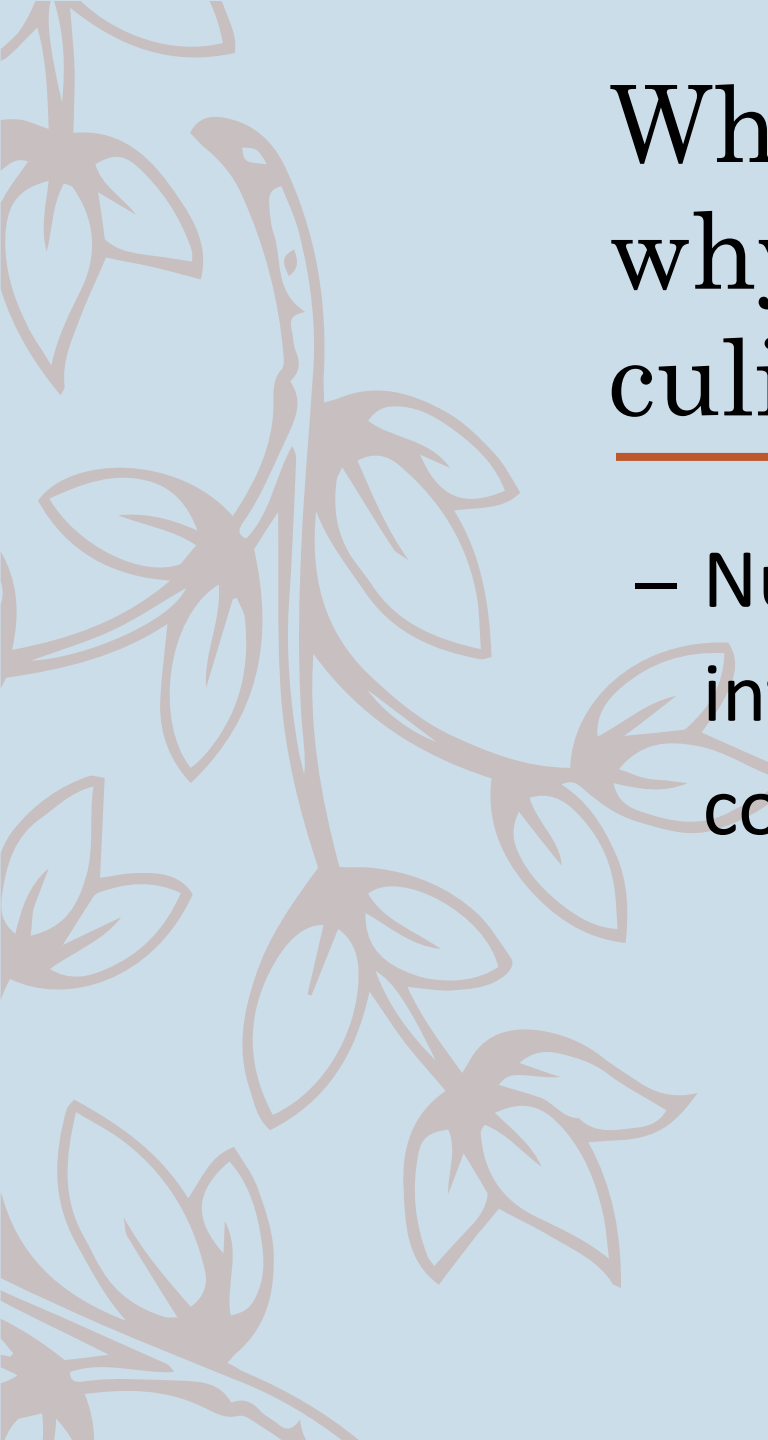


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Nutrition Diplomacy: Promoting Health and Peace, One Plate at a Time

Dr. Johanna Mendelson Forman
American University

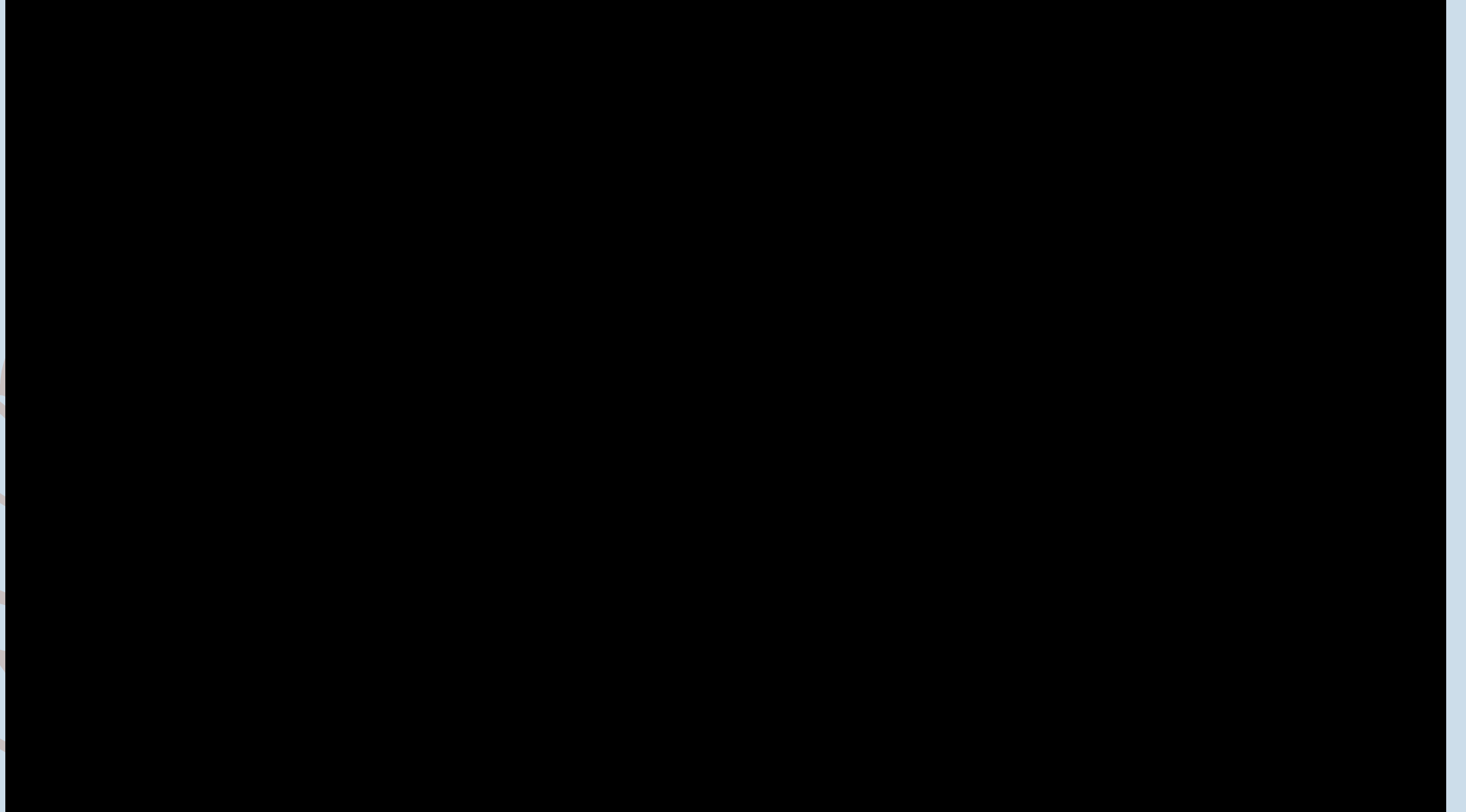
School of International Service and Stimson Center
The Society for Nutrition Education and Behavior
July 23, 2017



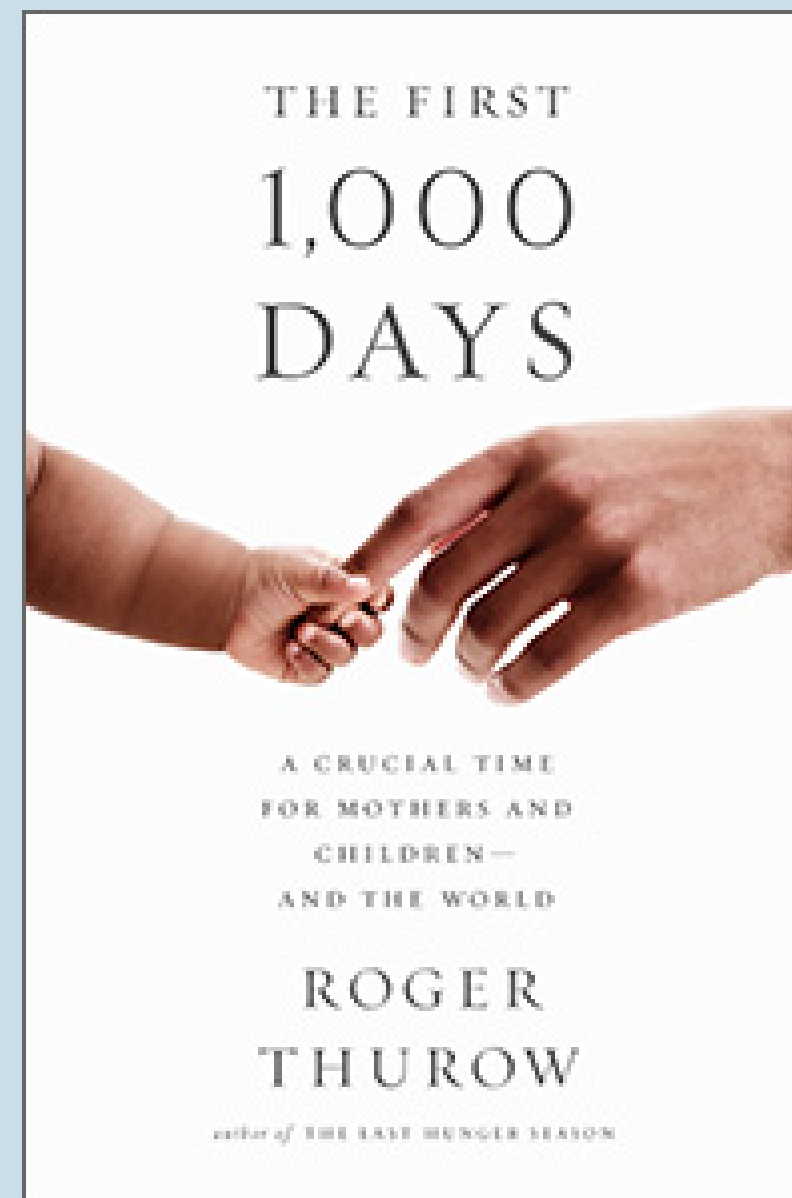
What is nutrition diplomacy and why is it part of the larger field of culinary diplomacy?

- Nutrition diplomacy is a way to improve interaction and cooperation among people, communities, and government.

A Slim Peace



Source: <https://www.youtube.com/watch?v=yA0A52BxKBI>





Impact of Conflict on Food Security

Four famines:

- Nigeria
- Somalia
- South Sudan
- Yemen

What does food insecurity look like?



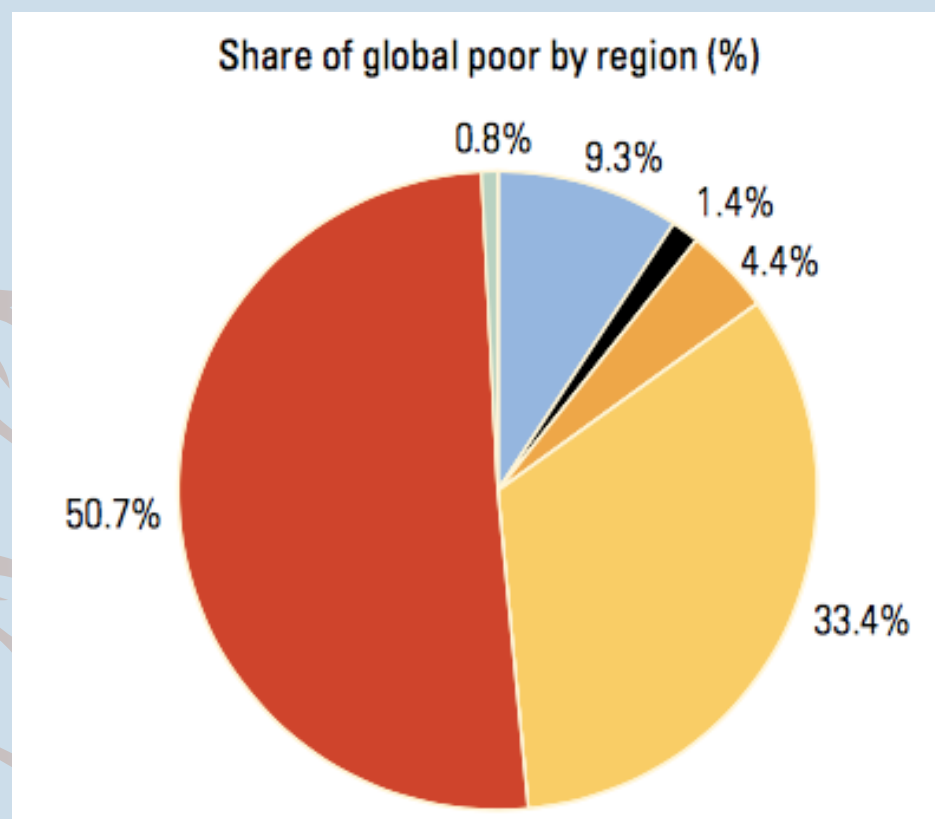
A half-eaten meal of ground red maize, white rice, and crushed mango leaves. This is the only meal Ramata Modou, 58, and her six children will eat today. They gathered the ingredients by begging from house to house in a village near the makeshift camp for women and children where they live.

Image & Caption from "One Meal a Day: Lake Chad Vanishes, Seven Million People Starvation". New Republic. June 26, 2017.
<https://newrepublic.com/article/143019/one-meal-day-lake-chad-vanishes-seven-million-people-starvation>



A bowl of super cereal, the emergency food given to refugees as a protein supplement to prevent nutritional deficiencies. A third of Cameroonian children suffer from stunted growth.

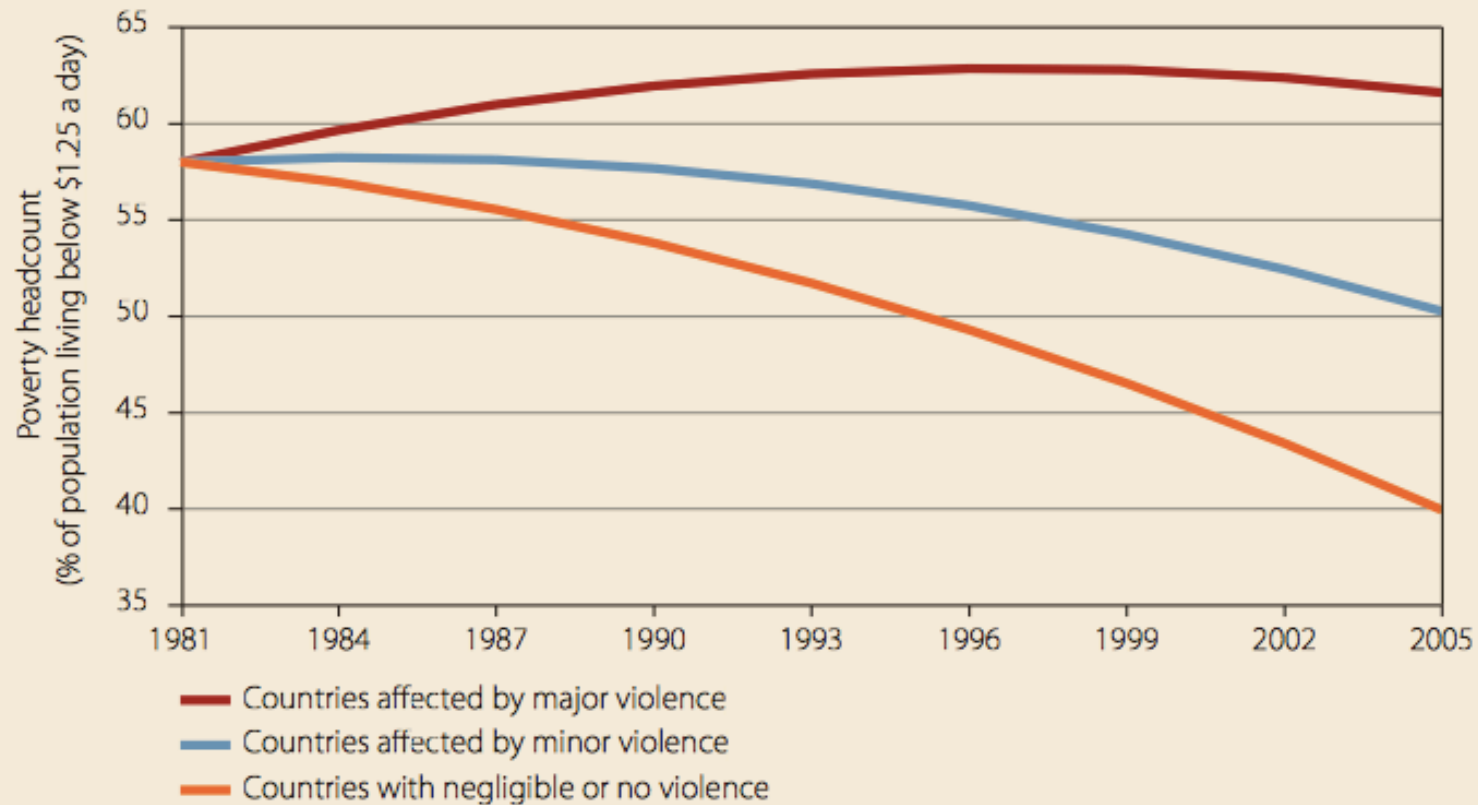
Where Are the Global Poor Living? The Global Poor, by Region, 2013



- East Asia and Pacific
- South Asia
- Eastern Europe and Central Asia
- Sub-Saharan Africa
- Latin America and the Caribbean
- Rest of the world

Source: Latest estimates based on 2013 data using PovcalNet (online analysis tool), World Bank, Washington, DC, <http://iresearch.worldbank.org/PovcalNet/>.

Impact of Conflict on Food



Sources: WDR team calculations based on Chen, Ravallion, and Sangraula 2008 poverty data (available on POVCALNET (<http://iresearch.worldbank.org>)).

Note: Poverty is % of population living at less than US\$1.25 per day.



SUSTAINABLE DEVELOPMENT GOALS

17 GOALS TO TRANSFORM OUR WORLD



What are
conflict
cuisines?

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Why is food
important when
it comes to
understanding
cultures?

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Food Shapes Public Opinions About Foreign States

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Food as Soft Power

- Culinary Diplomacy
- Gastrodiploamacy
- Nation-Branding

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Culinary Diplomacy

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Gastrodiplomacy

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Nation Branding

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Food In America

How Immigration Expanded The
Palate



First template: Northern European – German Migration

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Second template: Mediterranean – Italian Migration

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Third Template: Conflict Cuisines

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Fourth Template: New Melting Pot of the 21st Century

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Fifth Template – Ethical Cooking and Eating



Social Gastronomy

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Food as Economic Opportunity

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Peacebuilding One Meal At A Time

Peace One Day - "McWhopper"



Source: <https://www.adforum.com/creative-work/ad/player/34524957/mcwhopper/burger-king-peace-one-day>

#EatTogether – Canadian Government PSA



Source: <https://www.youtube.com/watch?v=vDuA9OPyp6I>

Questions?

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Image sources:

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