

Mateja Savoie-Roskos PhD, MPH, RD
2019 Scholarship of Teaching and Learning Nutrition in Higher Education Award Recipient



The Society for Nutrition Education and Behavior (SNEB) will present Mateja Savoie-Roskos PhD, MPH, RD with the 2019 Scholarship of Teaching and Learning Nutrition in Higher Education Award for her outstanding scholarly contributions at the SNEB Annual Conference in Orlando, FL July 27-30.

Currently, Dr. Savoie-Roskos is an Assistant Professor at Utah State University. Her philosophy of teaching is to provide a learning environment that meets the diverse learning styles of her students while also providing opportunities for students to ask questions, express opinions and share experiences. To accomplish this, Dr. Savoie-Roskos utilizes a three-pronged approach:

1. Student Centered Learning
2. Enhancing Student Motivation
3. Commitment to Student Involvement Outside of the Classroom

Through this approach, Dr. Savoie-Roskos has had the opportunity to connect with students in order to better

understand their individual learning needs and interests. Truly dedicated to mentorship and higher learning, she builds relationships with her students to ensure the course content, teaching strategies and mentorship provided meets their needs.

“Mateja recognizes that teaching and mentorship do not need to end when the lecture is over,” Carrie Durward, PhD, RD said of her colleague. “She extends her role as an educator outside of the classroom where she also encourages students to pursue educational experiences outside of their comfort zones.”

As a first generation college student, Dr. Savoie-Roskos personally understands the importance of mentorship in academia. She consistently provides students with opportunities to publish and present their research. Since 2017 alone, Dr. Savoie-Roskos has published two book chapters, three editorials, seven journal articles, eight fact sheets, six posters and four presentations. Most of this content includes undergraduate and graduate student authors she has either advised or mentored through the research and publication process.

Extensively involved with SNEB for the past seven years, Dr. Savoie-Roskos currently serves as the Chair of the Public Health Nutrition (PHN) division, having previously served as Co-Chair in 2018. Within SNEB, she extends

her commitment to mentoring others. Specifically, Dr. Savoie-Roskos regularly provides mentorship for the PHN division leadership and members. During her time within this role, she has mentored groups of division members through editorial writing for the Journal of Nutrition Education and Behavior. Dr. Savoie-Roskos is also active with conference planning activities for the Society, having worked with authors to submit high quality presentation proposals and moderate conference sessions. Additionally, she has also volunteered to serve as a reviewer for SNEB poster abstracts for the past five years. Outside of the annual conference, Dr. Savoie-Roskos has contributed to the production of other SNEB materials, including the recent SNEB position paper on sustainability. Her dedication to supporting the future of nutrition education and the goals of the Society deem Dr. Savoie-Roskos a worthy recipient of the 2019 Scholarship of Teaching and Learning Nutrition in Higher Education Award. ■

ABOUT THE AWARD

The Scholarship of Teaching and Learning Nutrition in Higher Education Award is presented to recognize outstanding SNEB members for their scholarly contributions to and student engagement in higher education. This award is designed to honor exemplary nutrition faculty who motivate college students learning through innovative and effective teaching methods.