and day. Example born on October ID number	ple: Sally Smiter 6 = JC106; Recorrect ansocial that apply ergraduate student ergraduate student, nutilitate student, not istered Dietitian istered Nurse	h born on May 1 Lita Marone born wer at, nutrition/dietetic at, not nutrition/dietetics rition/dietetics nutrition/dietetics	17 = ID# SS a January 5 = es major tetics major	
	•	e		
23 t	rears old or young of 35 years of age of 50 years of age of 65 years of age of 65 years EFEMALE al identity is an American exican American exican American of ive American iffic Islander ite, non-Latino can-American	Ξ		
	y overall understa	to the following anding of a "Health		" (HAES) approach
1 No understanding	2 Little	3 Some	4 Good	5 Excellent understanding
6) I would like to	learn more about	a HAES approach	to health pron	notion.
1 No Interest	2 Little	3 Some	4 Good	5 High Interest

Check here if you have no knowledge of HAES; do not select a response below. 1 2 3 4 5 Very Somewhat Neutral Somewhat Very Negative Negative Positive Positive 8) I would rate my ability to use a HAES approach to health promotion in individual counseling as		ny current attitude to			<u> -</u>	
Negative Negative Neutral Somewhat Positive Positive	Cneck nere	ii you nave no knov	viedge of HAE	s; do not select a	response below.	
Negative Negative Positive Positive 8) I would rate my ability to use a HAES approach to health promotion in individual counseling as Check here if you don't do or will not be expected to do individual counseling as a health professional; do not select a response 1	1	2	3	4	5	
8) I would rate my ability to use a HAES approach to health promotion in individual counseling asCheck here if you don't do or will not be expected to do individual counseling as a health professional; do not select a response 1		Somewhat	Neutral	Somewhat	Very	
Counseling as Check here if you don't do or will not be expected to do individual counseling as a health professional; do not select a response 1 2 3 4 5 No Little Some Good Excellent Ability 9) I believe the HAES approach to health promotion is "evidence based", i.e. is based on scientific research. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly Disagree Disagree Agree 10) I would rate my ability to design programs incorporating a HAES approach to Health promotion as Check here if you don't design programs or will not be expected to design programs as a health professional; do not select a response 1 2 3 4 5 No Little Some Good Excellent Ability 11) I feel that one of my responsibilities as a health professional is/will be to help end the obesity epidemic by promoting caloric restriction and exercise for overweight and obese people. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly Disagree Disagree Agree 12) I feel that one of my responsibilities as a health professional is/will be to help reduce risk of chronic disease by promoting healthy eating and physical activity for individuals and families. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly Somewhat Strongly	Negative	Negative		Positive	Positive	
No Ability 9) I believe the HAES approach to health promotion is "evidence based", i.e. is based on scientific research. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly Disagree Disagree Agree 10) I would rate my ability to design programs incorporating a HAES approach to Health promotion as Check here if you don't design programs or will not be expected to design programs as a health professional; do not select a response 1 2 3 4 5 No Little Some Good Excellent Ability 11) I feel that one of my responsibilities as a health professional is/will be to help end the obesity epidemic by promoting caloric restriction and exercise for overweight and obese people. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly Disagree Disagree Agree 12) I feel that one of my responsibilities as a health professional is/will be to help reduce risk of chronic disease by promoting healthy eating and physical activity for individuals and families. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly bisagree Strongly Somewhat Strongly Agree Agree 12) I feel that one of my responsibilities as a health professional is/will be to help reduce risk of chronic disease by promoting healthy eating and physical activity for individuals and families. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly	counseling asCheck her	e if you don't do or	will not be expe	-		
No Ability 9) I believe the HAES approach to health promotion is "evidence based", i.e. is based on scientific research. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly Disagree Disagree Agree 10) I would rate my ability to design programs incorporating a HAES approach to Health promotion as Check here if you don't design programs or will not be expected to design programs as a health professional; do not select a response 1 2 3 4 5 No Little Some Good Excellent Ability 11) I feel that one of my responsibilities as a health professional is/will be to help end the obesity epidemic by promoting caloric restriction and exercise for overweight and obese people. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly Disagree Disagree Agree 12) I feel that one of my responsibilities as a health professional is/will be to help reduce risk of chronic disease by promoting healthy eating and physical activity for individuals and families. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly bisagree Strongly Somewhat Strongly Agree Agree 12) I feel that one of my responsibilities as a health professional is/will be to help reduce risk of chronic disease by promoting healthy eating and physical activity for individuals and families. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly	1	2	3	4	5	
Ability 9) I believe the HAES approach to health promotion is "evidence based", i.e. is based on scientific research. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly Disagree Disagree To Somewhat Strongly Agree Agree 10) I would rate my ability to design programs incorporating a HAES approach to Health promotion as Check here if you don't design programs or will not be expected to design programs as a health professional; do not select a response 1 2 3 4 5 No Little Some Good Excellent Ability 11) I feel that one of my responsibilities as a health professional is/will be to help end the obesity epidemic by promoting caloric restriction and exercise for overweight and obese people. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly Disagree Disagree Agree 12) I feel that one of my responsibilities as a health professional is/will be to help reduce risk of chronic disease by promoting healthy eating and physical activity for individuals and families. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly Strongly Somewhat Strongly			_			
Strongly Somewhat Not sure Somewhat Strongly Disagree Disagree Not sure Somewhat Strongly Agree Agree 10) I would rate my ability to design programs incorporating a HAES approach to Health promotion asCheck here if you don't design programs or will not be expected to design programs as a health professional; do not select a response 1		Little	Some	Good		
Strongly Disagree Disagree Agree Agree 10) I would rate my ability to design programs incorporating a HAES approach to Health promotion as Check here if you don't design programs or will not be expected to design programs as a health professional; do not select a response 1 2 3 4 5 No Little Some Good Excellent Ability 11) I feel that one of my responsibilities as a health professional is/will be to help end the obesity epidemic by promoting caloric restriction and exercise for overweight and obese people. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly Disagree Disagree Agree 12) I feel that one of my responsibilities as a health professional is/will be to help reduce risk of chronic disease by promoting healthy eating and physical activity for individuals and families. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly	*	* *	ealth promotior	is "evidence bas	sed", i.e. is based on	
Disagree Disagree Agree Agree 10) I would rate my ability to design programs incorporating a HAES approach to Health promotion as Check here if you don't design programs or will not be expected to design programs as a health professional; do not select a response 1	1	2	3	4	5	
10) I would rate my ability to design programs incorporating a HAES approach to Health promotion asCheck here if you don't design programs or will not be expected to design programs as a health professional; do not select a response 1	Strongly	Somewhat	Not sure	Somewhat	Strongly	
Health promotion as Check here if you don't design programs or will not be expected to design programs as a health professional; do not select a response 1 2 3 4 5 No Little Some Good Excellent Ability 11) I feel that one of my responsibilities as a health professional is/will be to help end the obesity epidemic by promoting caloric restriction and exercise for overweight and obese people. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly Disagree Disagree Agree Agree 12) I feel that one of my responsibilities as a health professional is/will be to help reduce risk of chronic disease by promoting healthy eating and physical activity for individuals and families. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly Somewhat Strongly Somewhat Strongly Somewhat Strongly	.	Disagree		Agree	9 5	
No Little Some Good Excellent Ability 11) I feel that one of my responsibilities as a health professional is/will be to help end the obesity epidemic by promoting caloric restriction and exercise for overweight and obese people. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly Disagree Disagree Agree Agree 12) I feel that one of my responsibilities as a health professional is/will be to help reduce risk of chronic disease by promoting healthy eating and physical activity for individuals and families. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly	Health promotion asCheck here if you don't design programs or will not be expected to design					
No Little Some Good Excellent Ability 11) I feel that one of my responsibilities as a health professional is/will be to help end the obesity epidemic by promoting caloric restriction and exercise for overweight and obese people. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly Disagree Disagree Agree Agree 12) I feel that one of my responsibilities as a health professional is/will be to help reduce risk of chronic disease by promoting healthy eating and physical activity for individuals and families. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly	1	2	3	4	5	
Ability 11) I feel that one of my responsibilities as a health professional is/will be to help end the obesity epidemic by promoting caloric restriction and exercise for overweight and obese people. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly Disagree Disagree Agree 12) I feel that one of my responsibilities as a health professional is/will be to help reduce risk of chronic disease by promoting healthy eating and physical activity for individuals and families. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly					_	
obesity epidemic by promoting caloric restriction and exercise for overweight and obese people. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly Disagree Disagree Agree Agree 12) I feel that one of my responsibilities as a health professional is/will be to help reduce risk of chronic disease by promoting healthy eating and physical activity for individuals and families. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly			2	2000		
Strongly Disagree Disagree Somewhat Agree Agree 12) I feel that one of my responsibilities as a health professional is/will be to help reduce risk of chronic disease by promoting healthy eating and physical activity for individuals and families. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly	obesity epidemic	• •		-	-	
Disagree Disagree Agree 12) I feel that one of my responsibilities as a health professional is/will be to help reduce risk of chronic disease by promoting healthy eating and physical activity for individuals and families. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly	1	2	3	4	5	
Disagree Disagree Agree Agree 12) I feel that one of my responsibilities as a health professional is/will be to help reduce risk of chronic disease by promoting healthy eating and physical activity for individuals and families. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly	Strongly	Somewhat	Not sure	Somewhat	Strongly	
risk of chronic disease by promoting healthy eating and physical activity for individuals and families. 1 2 3 4 5 Strongly Somewhat Not sure Somewhat Strongly		Disagree		Agree		
Strongly Somewhat Not sure Somewhat Strongly	risk of chronic disease by promoting healthy eating and physical activity for individuals					
Strongly Somewhat Not sure Somewhat Strongly	1	2	3	4	5	
			_			
	.				<u> </u>	

THANK YOU!

Post Test Fo	r your ID numbe	er, list your ty	wo initials and	your birth month
	•	<u> </u>		517; Jim Calhoun
	er 6 = JC106; Rit	•		
	,		•	
		_		
Please circle ye	our responses to	o the followi	ng questions:	
1) I would rate my to health promotion		ding of a "Heal	th at Every Size"	(HAES) approach
1	2	3	4	5
No	Little	Some	Good	Excellent
understanding				understanding
2) I would like to	learn more about a	HAES approac	ch to health prom	otion.
1	2	3	4	5
No	Little	Some	Good	High
Interest				Interest
3) I would rate my	y current attitude to	wards a HAES	approach to heal	th promotion as
1	2	3	4	5
Very		_	Somewhat	_
Negative	Negative		Positive	Positive
counseling as	y ability to use a H		-	
	ling as a health pro		_	-
1	2	3	4	5
No	Little	Some	Good	Excellent
Ability				Ability

5) I believe the H scientific research		health promotion	is "evidence bas	sed", i.e. is based on
1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Not sure	Somewhat Agree	Strongly Agree
6) I would rate m health promotion	y ability to design as	programs incorp	porating a HAES	approach to
Check here	if you don't desig	gn programs; do	not select a respo	nse
1	2	3	4	5
No Ability	Little	Some	Good	Excellent Ability
*	by promoting calc			ll be to help end the eight loss for
1	2	3	4	5
Strongly	Somewhat	Not sure	Somewhat	Strongly
Disagree	Disagree		Agree	Agree
	of my responsibilit sease by promoting			l be to help reduce ity for individuals
1	2	3	4	5
Strongly	Somewhat	Not sure	Somewhat	Strongly
Disagree	Disagree		Agree	Agree
9) Comments you	ı would like to ma	ke about the pres	sentation that you	ı have seen on HAES

THANK YOU!