

Sample Action Alert for National Call-In Day on Sept 17

Later this week, the House of Representatives is expected to vote on a nutrition bill that would cut \$40 billion from SNAP, including SNAP-Ed, over the next 10 years. This would mean millions of vulnerable individuals would see their food assistance cut or lose SNAP assistance entirely. These cuts would come on top of a benefit cut that will impact all SNAP participants beginning November 2013.

This nutrition bill would be devastating to families struggling with hunger and would translate into about 1.5 billion lost meals for hungry families each year for the next 10 years. This bill is bad for families, for communities, and for public health. We can't let this happen.

Help us send a strong message to Congress. Join a national call-in day on September 17 to urge members of the House to vote against this harmful bill.

Calling Congress is easy. Here's how:

- Call our toll-free hotline at. 866-456-8824
- Listen to the pre-recorded message and enter your zip code when prompted. This will connect you directly to your Representative's office. Once you are connected, state that you are a constituent and give your name and the town you are calling from.
- Let them know you are calling about the Farm Bill and deliver this important message:

As your constituent, I urge you to vote against the nutrition- bill which would cut \$40 billion from SNAP, including SNAP-Ed. This bill would be devastating to struggling children and families. I understand the need to reduce the deficit, but increasing hunger and compromising health of vulnerable Americans is not the way to do it. Please oppose this bill and all efforts to cut anti-hunger and nutrition programs.