HUNGER ISSUES: ENGAGING PARTICIPANTS FOR LIFELONG CHANGE

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Extension family and consumer sciences educators promote healthy lifestyle choices over the lifespan.
OBJECTIVES

1. Discuss programming challenges related to persons with low resources.
2. Identify four new ideas to create successful programming efforts.
3. Describe approaches that engage participants in life long positive health behaviors.
TECHNIQUES FOR INFLUENCE

Involve

Language

Location

Low resources
EFFECTIVE PROGRAMS

- Messaging
- Healthy Pantries
- Healthy Food Drive
- Farmers Market
- Smarter Lunchrooms
## Partnerships

### Schools
- Northern District
- Western District
- Southern District
- Eastern District

### Businesses
- YMCA
- Food Banks
- Food Pantries
- Job placement
- Probation

### Agencies/Programs
- 4-H
- EFNEP
- SNAP-Ed
- Head Start
- WIC
- Health Departments
- Southeast Idaho Community Action Agency SEICAA
MONITORING AND EVALUATIONS

Adult surveys
Youth surveys
Grant surveys
EFFECTIVE COMMUNITY EFFORTS
RESOURCES

USDA SnapEd Connection
https://snaped.fns.usda.gov/

USDA SNAP Fact Sheet
http://content.govdelivery.com/accounts/USDAOC/bulletins/129bd1d

ALICE: Asset Limited, Income Constrained, Employed
http://www.unitedwayalice.org

EFNEP
https://nifa.usda.gov/program/expanded-food-and-nutrition-education-program-efnep

Bread for the World
http://www.bread.org/what-hunger

Eat Smart Idaho
http://www.uidaho.edu/extension/eatsmartidaho
THANKS FOR COMING!
QUESTIONS?

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