Nutrition Diplomacy: Promoting Health and Peace, One Plate at a Time

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What is nutrition diplomacy and why is it part of the larger field of culinary diplomacy?

– Nutrition diplomacy is a way to improve interaction and cooperation among people, communities, and government.
A Slim Peace

Source: https://www.youtube.com/watch?v=yA0A52BxKBI
Impact of Conflict on Food Security

Four famines:
- Nigeria
- Somalia
- South Sudan
- Yemen
What does food insecurity look like?

A half-eaten meal of ground red maize, white rice, and crushed mango leaves. This is the only meal Ramata Modou, 58, and her six children will eat today. They gathered the ingredients by begging from house to house in a village near the makeshift camp for women and children where they live.

A bowl of super cereal, the emergency food given to refugees as a protein supplement to prevent nutritional deficiencies. A third of Cameroonian children suffer from stunted growth.

Where Are the Global Poor Living? The Global Poor, by Region, 2013

![Pie chart showing the share of global poor by region in 2013](chart)

- **East Asia and Pacific**: 9.3%
- **South Asia**: 33.4%
- **Eastern Europe and Central Asia**: 4.4%
- **Sub-Saharan Africa**: 1.4%
- **Latin America and the Caribbean**: 0.8%
- **Rest of the world**: 50.7%


Source: [https://openknowledge.worldbank.org/bitstream/handle/10986/25078/9781464809583.pdf](https://openknowledge.worldbank.org/bitstream/handle/10986/25078/9781464809583.pdf)
Impact of Conflict on Food Security


Sources: WDR team calculations based on Chen, Ravallion, and Sangraula 2008 poverty data (available on POVCALNET (http://iresearch.worldbank.org/)).

Note: Poverty is % of population living at less than US$1.25 per day.
What are conflict cuisines?
Why is food important when it comes to understanding cultures?
Food Shapes Public Opinions About Foreign States
Food as Soft Power

- Culinary Diplomacy
- Gastrodiplomacy
- Nation-Branding
Culinary Diplomacy
Gastrodiplomacy
Nation Branding

CONFLICT CUISINE
Food In America

How Immigration Expanded The Palate
First template: Northern European – German Migration
Second template: Mediterranean – Italian Migration
Third Template: Conflict Cuisines
Fourth Template: New Melting Pot of the 21st Century
Fifth Template – Ethical Cooking and Eating
Social Gastronomy
Food as Economic Opportunity
Peacebuilding One Meal At A Time
Peace One Day - ”McWhopper”

Source: https://www.adforum.com/creative-work/ad/player/34524957/mcwhopper/burger-king-peace-one-day
#EatTogether – Canadian Government PSA

Source: https://www.youtube.com/watch?v=vDuA9OPyp6I
Questions?

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