Congratulations to Award Winners ........................................... 2
Message from the Conference Chair .............................. 3
Schedule at a Glance .................................................. 3
General Information ..................................................... 6
About SNEB .................................................................... 7
Thank you to conference exhibitors ............................ 8
Past Presidents ............................................................... 9
Award Winner Profiles ............................................... 10
2016 Conference Volunteers......................................... 14
Pre-Conference Programs Saturday, July 30.............. 15
Conference Sponsors ..................................................... 15
Conference Programs Sunday, July 31 ....................... 17
Conference Programs Monday, August 1 ................. 23
Conference Programs Tuesday, August 2 ................. 29
Conference Programs Wednesday, August 3 .......... 35
Ancillary Meetings ......................................................... 36
2015-2016 Leadership .................................................. 37
Organizational Membership ........................................ 37
Speaker Index ............................................................... 38
Abstract Presenter Index .............................................. 41
2017 Annual Conference ............................................ 43
Sheraton San Diego Map ............................................. 44

50th SNEB conference
Save the Date and attend the planning meeting on Mon., 7 a.m., Nautilus 3

Name: __________________________________________________
Congratulations to SNEB Award Winners

Helen Denning Ullrich Award for Lifetime Excellence in Nutrition Education
Carol Byrd-Bredbenner, PhD, RD

Mid-Career Professional Achievement Award
Betty Tomoko Izumi, PhD, MPH, RD

Scholarship of Teaching and Learning Nutrition in Higher Education Award
Sarah L. Ash, PhD
(presented by the Higher Education Division)

Nutrition Education Research Award
Barbara A. Lohse, PhD, RD, LDN

Nutrition Education Program Impact Award
Harvest for Healthy Kids

Advisory Committee on Public Policy Health Promotion Policy Award
Georgia Cafe

Student Research Awards presented by the Higher Education Division
Yuka Asada, PhD, RD, University of Illinois at Chicago (P15)
Caroline Dunn, MS, RD, LDN, University of South Carolina (P17)
D. Rose Ewald, BS, University of North Carolina at Greensboro (P90)
Matthew Graaziose, MS, Teachers College Columbia University (P220)
Tomoko Osera, PhD, Kobe Women’s University (P148)
Marvin So, MPH, CHES, Harvard T.H. Chan School of Public Health (O18)
Michal Stekler, MSc, The Hebrew University of Jerusalem (O4)

Robin Orr International Scholarship presented by the SNEB Foundation
Elise Jalbert-Arsenault, RD, Université de Montréal

Student Scholarships presented by the SNEB Foundation
Jennie Davis, University of Idaho
Colleen Delaney, Rutgers University
Jessica McKinley, RDN, Rutgers University
Kristin Riggsbee, University of Tennessee at Knoxville

Community Scholarships presented by the SNEB Foundation
Whitney Fung, Family and Consumer Sciences Agent, UF/IFAS Extension Polk County
Jalisa Holifield, AmeriCorps VISTA Nutrition Education Program Specialist, Freestore Foodbank

Undergraduate Scholarship presented by the SNEB Foundation
D. Rose Ewald, BS, University of North Carolina at Greensboro

JNEB Best Article and Best GEM awards will be presented after the opening plenary. The Health Promotion Policy Award will be presented on Tuesday during the Public Policy Plenary. All other award recipients will be recognized at the SNEB Business Meeting and Awards Presentation on Sunday, July 31 from 4:15 to 5:15 p.m. in Grand AB. Everyone is encouraged to attend to recognize SNEB’s achievements in the past year and congratulate the award winners.

JNEB Best Article Award will be presented to authors Garry Auld, PhD, RD; Susan Baker, EdD; Lisa Conway, MS, RD; Jamie Dollahite, PhD; Maria Carmen Lambea, MD, MPH; and Kathryn McGirr, MS, RD for their article “Outcome Effectiveness of the Widely Adopted EFNEP Curriculum Eating Smart ∙ Being Active” published in the January/February 2015 issue of JNEB.

Best GEM

The Best GEM Award will be presented to authors Mical K. Shilts, PhD; Margaret C. Johns, MPA, RD; Cathi Lamp, MS, MPH, RD; Connie Schneider, PhD, RD; and Marilyn S. Townsend, PhD, RD for their paper “A Picture Is Worth a Thousand Words: Customizing MyPlate for Low-Literate, Low-Income Families in 4 Steps,” published in the July/August 2015 issue of JNEB.

Best Article

The Best Article Award will be presented to authors Garry Auld, PhD, RD; Susan Baker, EdD; Lisa Conway, MS, RD; Jamie Dollahite, PhD; Maria Carmen Lambea, MD, MPH; and Kathryn McGirr, MS, RD for their article “Outcome Effectiveness of the Widely Adopted EFNEP Curriculum Eating Smart ∙ Being Active” published in the January/February 2015 issue of JNEB.
Dear Colleagues:

Welcome to the Next Practice SNEB 2016 in San Diego, California’s second largest city, known for its beaches, parks and warm climate. Bordered by the Pacific Ocean to the west, Laguna Mountains to the east, and Mexico to the south, the diverse neighborhoods of San Diego will offer you great opportunities for exploration.

The synergy of a great conference and an amazing location is exactly what we planned for you this year! Every event and session is purposefully planned to either add to your knowledge, add effectiveness to your practice, help you make strides in your career path, enlarge your network or for sheer enjoyment!

Saturday: Giving you a reason to come early, we planned amazing pre-conference sessions. Check them out! But if that was not an option, the opening session paraded by the food guidelines around the world will usher you to the exhibition hall, where our exhibitors will give you a chance to see the next practice resources.

Sunday: What you do not want to miss is the Keynote. I am excited to present to you our keynote speaker Dr. Christine Economos, the co-founder and Director of Childhood Obesity 180, a Next Practice organization that is finding real solutions by mobilizing communities and stakeholders in the fight against childhood obesity. The keynote will summarize what we are about—but do not take my word for it, come and hear for yourself.

You will not want to miss any of the breakout sessions with topics ranging from evidence of child nutrition progress and existing challenges, keeping kids healthy during summer, communicating nutrition messages at the face of nutrition literacy and technology tools to advance nutrition education and ways of advocating for nutrition through policies. But do not forget to attend the Business Meeting, open to all attendees, it is your right to know how the organization is doing and more importantly applaud all of the award winners. We will end that day with a movie and discussion around the health and environmental implications of our food choices.

Monday: I encourage you to support the SNEB Foundation by participating in the Fun Run. Dr. Chris Taylor, in collaboration with Milestone Running, have designed a 5K route that will refresh and energize you the whole day, whether you run or catch up with a friend as you walk. The George M. Briggs Nutrition Science Symposium will deliver the interactive role of the human microbiome, nutrition, and health. Breakout sessions on Monday will range from global food problems, general professional enrichments, lessons from MyPlate, childhood obesity and innovative learning strategies for Nutrition Education. You also do not want to miss the debate: Weight as a Measure of Health vs. Health at Every Size Concepts.

Tuesday: Bee Marks Communications Symposium will open the day for us with effective communication strategies. If you are looking for a practice or a strategy to incorporate in your current work, whether research or practice, you do not want to miss any of the breakout sessions on Tuesday, such as USDA posters, strategies of engaging parents and caregivers, how to fight food insecurity, more nutrition education methodologies, ACPP’s unveiling the science behind National menu labeling policy, pr how NE_RNECE are making a dent in obesity in their community.

Wednesday: We made another reason for you to stay an extra day and enjoy intensive sessions ranging from developing and promoting dietary guidance, integrating movement into nutrition or my personal pick tour - the to Coastal Roots Farm: Nourishing Connections.

Welcome to San Diego and the Next Practices conference! Use this program to make it your conference with a mix of learning, networking and time to enjoy the sun and a taste of San Diego!

Mary Murimi, PhD, RD
2016 Conference Chair, 2015-2016 SNEB President-Elect, 2016-2017 SNEB President

Message from the Conference Chair

Schedule at a Glance

<table>
<thead>
<tr>
<th>Saturday, July 30</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00am-6:00pm</td>
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<tr>
<td>7:15am-5:00pm</td>
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<tr>
<td>8:00am-3:00pm</td>
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<td>8:00am-3:00pm</td>
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<tr>
<td>8:00am-3:00pm</td>
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<tr>
<td>8:00am-12:00pm</td>
</tr>
<tr>
<td>3:15pm-4:30pm</td>
</tr>
<tr>
<td>4:45pm-5:30pm</td>
</tr>
</tbody>
</table>
### Sunday, July 31

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:30pm-7:30pm</td>
<td>Pavilion</td>
<td>Opening Reception with Exhibitors (hors d’oeuvres served)</td>
</tr>
<tr>
<td>7:30pm-8:30pm</td>
<td>Grand C</td>
<td>Student &amp; Young Professional Speed Networking (all welcome)</td>
</tr>
</tbody>
</table>

#### Sunday, August 1

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00am-5:30pm</td>
<td>Grand Foyer</td>
<td>Registration Open</td>
</tr>
<tr>
<td>7:00am-8:00am</td>
<td>Pavilion</td>
<td>Fun Run Benefiting the SNEB Foundation</td>
</tr>
<tr>
<td>8:00am-9:00am</td>
<td>Spinnaker</td>
<td>Journal Committee Meeting (committee only)</td>
</tr>
<tr>
<td>7:00am-8:00am</td>
<td>Nautilus 1&amp;2</td>
<td>Advisory Committee on Public Policy Open Meeting (all welcome)</td>
</tr>
<tr>
<td>7:00am-8:00am</td>
<td>Nautilus 3</td>
<td>2017 Planning Committee (all welcome especially DC area members)</td>
</tr>
<tr>
<td>7:00am-8:00am</td>
<td>Nautilus 4</td>
<td>Children Nutrition Division Meeting (all welcome)</td>
</tr>
<tr>
<td>7:00am-8:00am</td>
<td>Nautilus 5</td>
<td>Public Health Division Networking (all welcome)</td>
</tr>
<tr>
<td>7:30am-7:00pm</td>
<td>415</td>
<td>Speaker Ready Room</td>
</tr>
<tr>
<td>8:00am-9:00am</td>
<td>Grande Foyer</td>
<td>Coffee served for all attendees</td>
</tr>
<tr>
<td>Time</td>
<td>Location</td>
<td>Event</td>
</tr>
<tr>
<td>----------</td>
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<td>-----------------------------------------------------------------------</td>
</tr>
<tr>
<td>8:30am-10:00am</td>
<td>Grand AB</td>
<td>George M. Briggs Nutrition Science Symposium - Update for Nutrition Educators: The Interactive Role of the Human Microbiome, Nutrition, and Health</td>
</tr>
<tr>
<td>10:15am-10:45am</td>
<td>Pavilion</td>
<td>Nutrition Break Served</td>
</tr>
<tr>
<td>10:15am-11:15am</td>
<td>Spinaker</td>
<td>Dialogue Now with University of New England (invitation only)</td>
</tr>
<tr>
<td>10:15am-11:15am</td>
<td>Nautilus 4</td>
<td>Weight Realities Division Meeting (all welcome)</td>
</tr>
<tr>
<td>10:15am-11:15am</td>
<td>Nautilus 5</td>
<td>Communications Division Meeting (all welcome)</td>
</tr>
<tr>
<td>10:15am-11:45am</td>
<td>Pavilion</td>
<td>Exhibits Open</td>
</tr>
<tr>
<td>10:15am-11:45am</td>
<td>Pavilion</td>
<td>Poster Abstracts P131-P264</td>
</tr>
<tr>
<td>11:15am-12:15pm</td>
<td>Grand C</td>
<td>Resolution Forum</td>
</tr>
<tr>
<td>11:15am-12:45pm</td>
<td>Nautilus 3</td>
<td>SNEB Foundation Board of Trustees (trustees and scholarship recipients)</td>
</tr>
<tr>
<td>12:45pm-2:15pm</td>
<td>Grand AB</td>
<td>Making It Count: Get Online with a Multi-Faceted, Multilingual, Professional Development Program for School Nutrition Personnel</td>
</tr>
<tr>
<td>12:45pm-2:15pm</td>
<td>Grand C</td>
<td>Duplicate Yourself! (How to Reach 100,000+ People by Going Virtual with Your Demos)</td>
</tr>
<tr>
<td>12:45pm-2:15pm</td>
<td>Nautilus 1 &amp; 2</td>
<td>Global Food Systems: Solutions for the Growing World</td>
</tr>
<tr>
<td>2:30pm-4:00pm</td>
<td>Grand AB</td>
<td>Debate: Weight as a Measure of Health vs. Health at Every Size Concepts</td>
</tr>
<tr>
<td>4:15pm-5:15pm</td>
<td>Grand AB</td>
<td>Scholarship of Teaching &amp; Learning: Innovative Collaborative Learning Strategies for Nutrition Education</td>
</tr>
<tr>
<td>4:15pm-5:15pm</td>
<td>Grand C</td>
<td>MyPlate Promotion Campaign Leverages Key Messages from the 2015 Dietary Guidelines for Americans</td>
</tr>
<tr>
<td>4:15pm-5:15pm</td>
<td>Nautilus 1 &amp; 2</td>
<td>Childhood Obesity Prevention Research through a Community Context</td>
</tr>
<tr>
<td>5:30pm-6:30pm</td>
<td>Spinaker</td>
<td>Student Committee (all welcome)</td>
</tr>
<tr>
<td>5:30pm-6:30pm</td>
<td>Nautilus 3</td>
<td>NIFA-AFRI Reception (invitation only)</td>
</tr>
<tr>
<td>6:15pm</td>
<td>Hotel Foyer</td>
<td>Past Presidents Dinner (invitation only)</td>
</tr>
<tr>
<td>7:00pm-8:00pm</td>
<td>Grand AB</td>
<td>CACFP Meal Patterns - an update from USDA</td>
</tr>
</tbody>
</table>

**Tuesday, August 2**

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30am</td>
<td></td>
<td>Self-guided walking route - maps available at registration</td>
</tr>
<tr>
<td>7:00am-8:30am</td>
<td>Grand C</td>
<td>Coffee And …with Hass Avocado Board (reservation required)</td>
</tr>
<tr>
<td>8:00am-9:30pm</td>
<td>Grande Foyer</td>
<td>Registration Open</td>
</tr>
<tr>
<td>8:30am-10:00am</td>
<td>Grand AB</td>
<td>Bee Marks Communication Symposium: Talk is Cheap</td>
</tr>
<tr>
<td>10:15am-11:15am</td>
<td>Nautilus 3</td>
<td>EFNEP (by invitation)</td>
</tr>
<tr>
<td>10:15am-11:15am</td>
<td>Nautilus 4</td>
<td>International Nutrition Education Division Meeting (all welcome)</td>
</tr>
<tr>
<td>10:15am-10:45am</td>
<td>Pavilion</td>
<td>Nutrition Break Served</td>
</tr>
<tr>
<td>10:00am-12:00pm</td>
<td>Pavilion</td>
<td>USDA NIFA-AFRI and Team Nutrition Poster Abstracts</td>
</tr>
<tr>
<td>10:15am-11:15am</td>
<td>Grand AB</td>
<td>Oral Abstract Presentations O1-O6: Nutrition Education Technology and Interventions</td>
</tr>
<tr>
<td>10:15am-11:45am</td>
<td>Grand C</td>
<td>Oral Abstract Presentations O7-O12: Nutrition Education Behavior Change</td>
</tr>
<tr>
<td>10:15am-11:45am</td>
<td>Nautilus 1 &amp; 2</td>
<td>Oral Abstract Presentations O13-O18: Behavior Change and Interventions</td>
</tr>
<tr>
<td>11:45am-12:45pm</td>
<td>Spinaker</td>
<td>Board of Directors Meeting (committee only)</td>
</tr>
<tr>
<td>12:15pm-1:15pm</td>
<td>Nautilus 5</td>
<td>Conversations with USDA</td>
</tr>
<tr>
<td>12:45pm-2:15pm</td>
<td>Grand AB</td>
<td>Calling parents and caregivers …Are you there? …Can you hear me?</td>
</tr>
<tr>
<td>12:45pm-2:15pm</td>
<td>Grand C</td>
<td>Food Insecurity: Double Burden of Malnutrition</td>
</tr>
<tr>
<td>12:45pm-2:15pm</td>
<td>Nautilus 1 &amp; 2</td>
<td>Cognitive Load and Neuro-Economics: Implications for Health Literacy and Nutrition Education Program Design</td>
</tr>
<tr>
<td>1:15pm-2:15pm</td>
<td>Nautilus 5</td>
<td>USDA Funding Opportunities</td>
</tr>
<tr>
<td>2:30pm-4:00pm</td>
<td>Grand AB</td>
<td>Public Policy Plenary - What’s on the Menu? Federal Policy Implications and Community Solutions Resulting From National Menu Labeling Requirements - Health Promotion Policy Award presented</td>
</tr>
<tr>
<td>4:15pm-5:15pm</td>
<td>Grand AB</td>
<td>SNAP to it! Collaborating to Enhance School Wellness Policies</td>
</tr>
<tr>
<td>4:15pm-5:15pm</td>
<td>Grand C</td>
<td>Initial Results from the Northeast Regional Nutrition Education Center of Excellence (NE-RNECE) Research:</td>
</tr>
<tr>
<td>4:15pm-5:15pm</td>
<td>Nautilus 1 &amp; 2</td>
<td>HomeStyles: A Case Study in Developing a Childhood-Obesity Prevention Intervention</td>
</tr>
<tr>
<td>4:15pm-5:15pm</td>
<td>Nautilus 5</td>
<td>USDA Highlights from the NIFA Childhood Obesity Prevention Program</td>
</tr>
</tbody>
</table>

**Wednesday, August 3**

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30am-10:00am</td>
<td>Grand Foyer</td>
<td>Registration</td>
</tr>
<tr>
<td>8:00am-12:00pm</td>
<td>Grand C</td>
<td>Developing and Promoting Sustainable Dietary Guidance (registration required)</td>
</tr>
<tr>
<td>9:30am-10:30am</td>
<td>Nautilus 4</td>
<td>Integrating Movement into Nutrition and Gardening for Nutrition Education (registration required)</td>
</tr>
<tr>
<td>9:00am-3:00pm</td>
<td>Offsite</td>
<td>Tour to Coastal Roots Farm (registration required) - meet in Grand Foyer</td>
</tr>
</tbody>
</table>
General Information

Registration
The Registration Desk is located outside the Grand Foyer in the Marina Tower Lobby Level. (See map on back cover.) If you have any questions during the conference, please stop by for assistance.

Friday, July 29 ...........................................4:00 pm - 7:00 pm
Saturday, July 30 ..................................... 7:00 am - 6:00 pm
Sunday, July 31 ....................................... 8:00 am - 5:30 pm
Monday, August 1 ..................................... 8:00 am - 5:30 pm
Tuesday, August 2 ................................... 8:00 am - 5:30 pm
Wednesday, August 3 .............................7:30 am - 10:00 am

Conference Name Badges
Please wear your badge at all conference functions. Members of the SNEB leadership, sponsors, exhibitors, volunteers, new members, scholarship recipients, student research award winners, JNEB platinum, gold and silver authors and staff are wearing ribbons that identify themselves.

SNEB Division members can be identified by a colored circle or star on their badge. Please pick up your colored circle or star at the Registration Desk.

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Speaker Ready Room
The Speaker Ready Room is located in Marina Tower - Room 415. (See map on back cover.) This room is available for all scheduled presenters to organize materials. The Speaker Ready Room will be open:

Sunday, July 31 .......................................7:30 am - 5:00 pm
Monday, August 1 ...................................7:30 am - 7:00 pm
Tuesday, August 2 ..................................6:30 am - 5:00 pm

Exhibitors
SNEB exhibitors are located in Pavilion - access through the doors outside registration. See page 8 for a list of exhibitors. Exhibit hours are as follows:

Saturday, July 30 5:30 p.m. - 7:30 p.m.
Hours coincide with Opening Reception
Sunday, July 31 10:15 a.m. - 11:45 a.m.
Nutrition break served at 10:15 a.m.
Monday, August 1 10:15 a.m. - 11:45 a.m.
Nutrition break served at 10:15 a.m.

Mobile Schedule and Social Media
SNEB invites you to participate with us on our social media outlets. Use hashtag #SNEB16 in conference tweets.

A mobile friendly version of the conference schedule is online at www.sneb.org. We’ll post as many of the presentations and handouts as possible on this website for access during and after the conference. We’ll also post a list of conference attendees to help with networking!

Continuing Education Credit Hours
The Society for Nutrition Education and Behavior partners with organizations to provide continuing education credits.

You may earn a maximum of 37 CEU hours depending on which sessions you’ve attended. The CEU’s listed in the onsite program apply to the Commission on Dietetic Registration. The following organizations have also approved the conference for continuing education credits but the number of approved session vary. See the detailed information at the CEU table near the registration desk in the Grand Foyer.

- American Association of Family and Consumer Sciences (total)
- National Commission for Health Education Credentialing - CHE (total)
- School Nutrition Association (total)

Rising Star
The rising star symbol can be found on the name badges and published abstracts of attendees potentially interested in pursuing further graduate studies. This symbol is intended to help university faculty members identify and connect with potential future graduate students during the conference.
**About SNEB**

**Mission**
To promote effective nutrition education and healthy behavior through research, policy and practice.

**Vision**
Healthy communities, food systems and behaviors.

**Goals**
- **Grow and maintain** a dynamic Society serving nutrition educators around the world.
- **Support** the effective practice of nutrition education.
- **Advocate** for policies that support healthy communities, food systems and behaviors.
- **Promote research** related to effective nutrition education and behavior change at the individual, community and policy levels.
- **Build collaborations** with organizations, industries and government to promote healthy communities, food systems and behaviors.

**Call for Nominations**
The Nominating Committee is accepting nominations from the membership until September 2, 2016 for the following positions. Nomination forms are online at http://www.sneb.org/about/leadership.html
- Vice President
- Director at Large (2)
- Nominating Committee Co-Chairs (2)
- Advisory Committee on Public Policy Chair Elect (1)

**SNEB Resolution**
An individual, group of SNEB members, SNEB Division or SNEB committee may submit a resolution for consideration by the membership. The deadline for submission is April 15 each year. A resolution regarding “Building a Nutrition Education Evidence Database to Support Policy and Planning in Developing Countries” was received and approved by the Issues and Resolutions Committee. The first reading will be on Sunday, July 31 at 5:30 p.m. in Grand AB with discussion on Monday, August 1 at 11:30 am - 12:30 pm in Grand C.

**Special Interest Divisions**
Division meetings held at conference are open to anyone who is interested in attending.

**Communications Division**
(8/1 | 10:15 am - 11:15 am | Nautilus 5) Promotes accurate and effective nutrition communication by linking nutrition with communication professionals to enhance the reach and effectiveness of nutrition educators.

**Food & Nutrition Extension Education Division**
(7/31 | 6:00 pm - 7:00 pm | Nautilus 4) Offers nutrition educators in the Cooperative Extension System the opportunity to share programming and research ideas, resources, and visions for the future.

**Healthy Aging Division** (online business meeting conducted 7/13 - recording posted at www.sneb.org)
Stimulates research and optimizes nutrition-related quality of life for older adults through improved nutrition education and behavior and policy development.

**Higher Education Division** (social planned offsite on Monday, August 1 at 5:30 p.m. - $35 fee - RSVP to carrawaystagev@ecu.edu)
Provides individuals who teach nutrition in post-secondary settings the opportunity to network, share methodology and research perspectives, and to stimulate research to improve the effectiveness of teaching.

**International Nutrition Education Division (DINE)**
(8/2 | 10:15 am - 11:15 am | Nautilus 4) Provides an international perspective within SNEB and focuses on expansion of international membership.

**Nutrition Education for Children Division**
(8/1 | 7:00 am - 8:00 am | Nautilus 4) Promotes communication, cooperation, and exchange of ideas in nutrition education for children.

**Nutrition Education with Industry Division (NEWI)**
(7/31 | 10:15 am - 11:15 am | Nautilus 3) Provides educational and networking opportunities for nutrition educators who work with or in industry, or are interested in learning more about the food industry.

**Public Health Nutrition Division** - (Networking Session 8/1 | 7:00 am - 8:00 am | Nautilus 5) Focuses on helping members exchange information, contribute to public policy issues relevant to all areas of public health nutrition, and seek opportunities with other partners to enhance nutrition education messages for the public.

**Sustainable Food Systems Division**
(7/31 | 10:15 am - 11:15 am | Nautilus 4) Promotes food systems that are environmentally sound, socially just, economically viable and that produce quality food.

**Weight Realities Division**
(8/1 | 10:15 am - 11:15 am | Nautilus 4) Advocates health and quality of life rather than slenderness at any cost.
# Thank you to our Conference Exhibitors

<table>
<thead>
<tr>
<th>#308</th>
<th>PHI Center for Wellness &amp; Nutrition</th>
</tr>
</thead>
<tbody>
<tr>
<td>#303</td>
<td>Team Nutrition - USDA CNP</td>
</tr>
<tr>
<td>#301</td>
<td>Advisory Committee on Public Policy</td>
</tr>
<tr>
<td>#209</td>
<td>Connect for Education</td>
</tr>
<tr>
<td>#205</td>
<td>Elsevier</td>
</tr>
<tr>
<td>#304</td>
<td>SNEB</td>
</tr>
<tr>
<td>#203</td>
<td>Nutrition Matters</td>
</tr>
<tr>
<td>#202</td>
<td>FoodPlay Productions</td>
</tr>
<tr>
<td>#200</td>
<td>University of New England</td>
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<td>Longevity Link Corp</td>
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**Connect for Education**

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SNEB Past Presidents

A special thank you to these visionary leaders who volunteered their time and effort to make SNEB a success!

Kendra Kattelmann, PhD, RDN, LN, FAND, 2014-2015
Joanne Ikeda, MA, RD 2013 - 2014
Linda Drake, MS 2012 - 2013
Brian Wansink, PhD 2011 - 2012
Tracy Fox, MPH, RD 2010- 2011
Geoffrey Greene, PhD, RD, LDN 2009 – 2010
Martha Archuleta, PhD, RD 2008 – 2009
Debrah M. Palmer, PhD, MEd 2007 – 2008
Robin Orr, PhD (dec.) 2006 – 2007
Patricia Kendall, PhD, RD 2005 – 2006
Elizabeth Crockett, PhD, RD, CDN 2004 – 2005
Jane Voichick, PhD 2003 – 2004
Kathleen McMahon, PhD, RD 2002 – 2003
Marilyn Briggs, PhD, RD, SNS 2001 – 2002
Joann Heppes, MS, RD (dec.) 2000 – 2001
Lynn Parker, MS 1999 – 2000
Jean Pennington, PhD, RD 1998 – 1999
Laura Sims, PhD, RD 1997 – 1998
Ardyth Gillespie, PhD 1996 – 1997
Rebecca Mullis, PhD, RD 1995 – 1996
Jean Skinner, PhD, RD 1994 – 1995
Guendoline Brown, PhD, RD 1993 – 1994
Jennifer Anderson, PhD, RD 1992 – 1993

Barbara Shannon, PhD, RD 1991 – 1992
Nancy Schwartz, PhD, RD 1990 – 1991
Judy Brun, PhD 1989 – 1990
Janet Tenney, MS, RD 1988 – 1989
Lenora Moragne, PhD, RD 1987 – 1988
Janice Dodds, EdD 1986 – 1987
Audrey Maretzki, PhD, MS 1985 – 1986
Kathryn Kolasa, PhD, RD 1984 – 1985
Kristen McNutt, PhD (dec.) 1983 – 1984
Jerry Moore, PhD 1982 – 1983
Katherine Clancy, PhD, RD 1981 – 1982
Roslyn Alfin-Slater, PhD (dec.) 1978 – 1979
Helen Guthrie, PhD 1977 – 1978
Johanna Dwyer, ScD, RD 1976 – 1977
Philip L. White, ScD (dec.) 1975 – 1976
Jean Mayer, PhD (dec.) 1974 – 1975
Sue R. Williams, RD, MPH 1973 – 1974
George F. Stewart, PhD (dec.) 1972 – 1973
Gaylord P. Whitlock, PhD 1971 – 1972
Ruth L. Huenemann, PhD 1970 – 1971
Helen E. Walsh, MA, RD (dec.) 1969 – 1970
George M. Briggs, PhD (dec.) 1968 – 1969
Congratulations SNEB Award Winners

Helen Denning Ullrich Award for Lifetime Excellence in Nutrition Education
Carol Byrd-Bredbenner, PhD, RD, FAND

The Helen Denning Ullrich Award for Lifetime Excellence in Nutrition Education recognizes an outstanding member of SNEB who has significantly contributed to the field of nutrition education and promotion throughout their career including a record of service to the Society. The award is named in honor of Helen Denning Ullrich, a loyal member of the Society and the first editor of the Journal of Nutrition Education and Behavior.

This year’s esteemed recipient is Carol Byrd-Bredbenner, PhD, RD, FAND, Professor of Nutrition/Extension Specialist, Co-Director of the Nutritional Sciences Graduate Program, and a Fellow of the Institute of Food, Nutrition, and Health at Rutgers University. Dr. Byrd-Bredbenner has been a dedicated researcher, educator and leader in the nutrition education field for over 30 years. Her research focuses on nutrition education and health promotion with the goal of effecting behavior changes that prevent negative outcomes and promote healthy lifestyles. She leads a team charged to explore intrapersonal, interpersonal, and environmental factors that affect nutrition and health behaviors using a polytheoretical sociocultural approach. The purpose of her work is to describe these factors, investigate their impact on dietary choices and health, examine how they can be modified or mediated to change behaviors to result in healthier lifestyles, expand understanding of the theoretical underpinnings of nutrition education, develop recommendations to improve nutrition education intervention effectiveness, and/or validate the recommendations via theory-driven educational program and material design, implementation, and evaluation.

Carol’s passion for nutrition education and research is evident through her many programs and publications. Throughout her career, Dr. Byrd-Bredbenner has been actively engaged in creating materials to translate nutrition science into educational programming for all life stages. One example is her role as lead author of Perspectives in Nutrition. Since 2008, Carol has overseen the modification of the text in order to make it more accessible to the learning styles of today’s students, expertly guiding it through three editions. This textbook is used in nutrition courses at nearly 200 institutions of higher education across the U.S. This book has since been translated into Spanish, Chinese, and Korean and is used to teach the next generation of nutrition professionals worldwide. “It is exciting to think of the tens of thousands of students around the world with whom she has shared her expertise,” Virginia “Ginger” Quick, PhD, RD, wrote of this literary accomplishment. “Writing a textbook of this size and scope is an enormous undertaking.”

Dr. Byrd-Bredbenner was truly a trailblazer in nutrition education computer software. Carol published her first program in 1981 for an Apple II computer. The program, dubbed Apple Pie, is a series of seven nutrition education software packages created for grades 5 through 12. Today, her Apple Pie programs are widely used in family and consumer science classrooms throughout the country. Food composition and nutrient analysis software are another interest of Dr. Byrd-Bredbenner’s. Carol co-authors You Are What You Eat and FoodWorks nutrient analysis software packages which support both nutrition education and research programs in 46 countries. Moreover, she led the development of software used to evaluate home food supplies and conducted the most comprehensive audit of home food supplies in over three decades. The results of this software were used to inform the development of nutrition education interventions designed to help family food gatekeepers “make over” their home food supplies to reduce the risk of obesity for their families.

Her nutrition education programs have received numerous awards for their excellence and vast impact. Carol and collaborators received the Professional Skill Award from the Association for Communication Excellence in Agriculture, Natural Resources, and Life and Human Sciences. Her innovative Know Before You Serve and Ask Before You Eat programs received the American Dietetic Association’s Anita Owen Award for Innovative Nutrition Education Programs for the Public. Dr. Byrd-Bredbenner’s work with food allergies extends to the National Institutes of Health, National Institute of Allergies and Infectious Disease Expert Panel to create guidelines for the diagnosis and management of food allergy.

When asked what changes she has observed in the field of nutrition education over the past 30 years, she wrote, “So much has changed for the better! We have greatly advanced our understanding of why consumers eat what they do and how applying theory-based behavior change strategies can help consumers shift toward healthier lifestyles. We have built a tremendous cadre of highly skilled professionals dedicated to improving the way the world eats. Our collaborations with other fields, like psychology, marketing, and communications, continue to grow and advance our work. We have so many new and exciting ways to reaching consumers that were not even conceived of just a couple of decades ago. It is exciting to think where we’ll be in the coming years—I am looking forward to being a part of it!

To emerging educators Carol gives this advice, “Join SNEB, get actively involved, read every issue of JNEB, network with colleagues, and share your accomplishments so others can apply them in their nutrition education and health promotion efforts.” Carol adds, “I am so delighted to receive this honor named for Helen Denning Ullrich—she was truly a passionate pioneer and visionary who greatly advanced the field of nutrition education. Receiving this award is truly a reflection of the work of many—my wonderful students, colleagues, and family—without them, this would not be possible! Thank you all!”
SNEB Mid-Career Achievement Award
Betty Tomoko Izumi, PhD, MPH, RD

Dr. Betty Tomoko Izumi has been contributing to building the evidence base for linking food systems and public health through projects that shorten the food chain and connect food producers to consumers since her doctoral studies at Michigan State in the mid-2000s. For the past six years, she has served as Principal Investigator for Harvest for Healthy Kids, a collaborative nutrition intervention project with Mt. Hood Community College (M.H.C.C.), Head Start and Early Head Start to promote fruit and vegetable intake among low-income children. Harvest for Healthy Kids is being honored this year with the SNEB Program Impact Award.

Since joining the School of Community Health faculty at Portland State University in 2010, Betty has secured more than $3.5 million in extramural funding to support projects for which she serves as Principal or Co-Investigator. These projects have made important contributions in three overlapping areas of nutrition education: nutrition education interventions in early care and preschool education settings; linking food systems and public health; and measuring snack availability and quality at retail food environments.

As Dr. Izumi reflects on her involvement with SNEB she wrote, “SNEB is where I met the colleagues and friends who have inspired me in my career. I wouldn’t be where I am today without their support and encouragement. Getting involved with SNEB in various capacities over the years has helped me to stay connected and grounded. The opportunities have been fun and rewarding!”

She also offers this advice to nutrition educators early in their careers, “Collaborate with your audience to develop programs and policies. Your audience best understands the issue at hand and can make important contributions to the solution.”

Nutrition Education Research Award
Barbara Lohse, PhD, RDN

Dr. Barbara Lohse is internationally recognized for her exemplary contributions in the field of nutrition education. Dr. Lohse currently serves as Head of the Wegmans School of Health and Nutrition at the Rochester Institute of Technology, overseeing the Nutrition Management and Exercise Science departments. As Head, Barbara is developing an innovative nutrition program and is creating new graduate programs, using new technology and progressive educational techniques. Dr. Lohse brings the Nutrition Education Engineering and Designs Center (NEEDs) with her to this new leadership position. NEEDs is home to a variety of programs and services including her impressive body of work in Eating Competence with Ellyn Satter and nutrition education programming for pre-school children and young adults. Her online curriculum for low-income households, About Eating, embodies core constructs of the Satter Eating Competence model.

Throughout her extensive career, Dr. Lohse has received funding for nearly 50 research and educational projects. The nationally competitive grants she obtained were used to develop and test new approaches to nutrition education for young adults. In all, she has secured more than 20 million dollars in funding for nutrition education research. One of Dr. Lohse’s current projects is the USDA NIFA funded research programs in collaboration with colleague Leslie Cunningham-Sabo, PhD, RDN. In her role as Research Professor and Senior Instructor at The Pennsylvania State University, Dr. Lohse led the annual SNAP-Ed funded research programs. Dr. Lohse continues to advance nutritional and behavioral fields through cutting-edge approach and technique. As put by Susan Nitzke, PhD, past collaborator at the University of Wisconsin-Madison, “With Barbara’s help and leadership, we were able to adapt and test theoretical frameworks based on previous studies in educational psychology, making a significant contribution to this aspect of behavioral nutrition.”

Dr. Lohse works diligently to advance the understanding of factors that influence eating behaviors. This is evident through her extensive list of publications. Dr. Lohse began publishing her research in the late 1980s, with an article describing the results of her master’s thesis on the therapeutic efficacy of a hyperimmune bovine colostrum treatment for multiple sclerosis. She has since published 54 peer-reviewed articles in a wide variety of prestigious journals, including Appetite, Journal of the Academy of Nutrition and Dietetics, the International Journal of Behavioral Nutrition and Physical Activity, and Journal of Nutrition Education and Behavior (JNEB). Her stellar publication record for JNEB earned her platinum author recognition this past year.

Dr. Lohse offered this advice for nutrition education researchers, “Successful research requires creativity and perseverance. Consider how you can translate technologies, strategies, and issues from many disciplines for use in nutrition education research. Read and view many types of publications and presentations on a variety of topics and not just science and not only nutrition science. Accept failure and learn from it. Keeping committed to your research goals is essential. She lists the following promising research areas:

1. Use of technologies to develop innovative nutrition education programs and transform novel assessment techniques (e.g., real time evaluation) into standard practices.
2. Identification and evaluation of skills, competencies, and attributes that foster capable and effective nutrition educators.
3. Framing nutrition education as more than what and how much to eat, but rather how to approach the eating experience and integrate it with lifestyle, values, and resources to contribute to a healthy society (i.e., an eating competent society). Develop this frame for parents and carers of young children to carry to future generations.

In closing she adds, SNEB is the place to find, connect with, and collaborate with professionals engaged in nutrition education behavior. SNEB is the home of nutrition education. If you are just starting, in the middle or established in your career in nutrition education, the phrase, Come Home. Come to SNEB, will resonate.
Nutrition Education Program Impact Award
Harvest for Healthy Kids

Harvest for Healthy Kids is a theory-based (i.e. Social Cognitive Theory) program developed by Mt. Hood Community College (MHCC) Head Start and Portland State University to promote fruit and vegetable intake among 3-5 year olds in early care and education settings. Each month, a target fruit or vegetable is featured twice a week in Head Start meals and classroom activities (e.g. cooking, sensory exploration). To promote its successful implementation, the Harvest for Healthy Kids curriculum is aligned with the Head Start Child Development and Early Learning Framework and each activity is designed to assess multiple areas of child development and learning.

Five years after developing the program, MHCC Head Start continues to feature target foods twice a week in meals and teachers continue to use Harvest for Healthy Kids activities to meet weekly nutrition education and monthly classroom cooking requirements. Harvest for Healthy Kids is included as part of the teachers’ annual pre-service training.

Findings from our quasi-experimental evaluation, published in Journal of the Academy of Nutrition and Dietetics, showed that the program had a positive impact on children’s willingness to try and liking of fruits and vegetables (e.g. 44.2% of children liked rutabaga pre-intervention compared with 78.1% post-intervention), two important predictors of intake. Moreover, findings from our process evaluation, published in NHSA Dialog, indicated that Head Start teachers found the curriculum to be acceptable, feasible, and easy to understand.

Further efforts to disseminate the program beyond MHCC Head Start include a website (www.harvestforhealthykids.org), which provides free access to the curriculum and has over 1,200 registered users; in-person trainings for, to-date, nearly 300 early care and education professionals; and, an online training for early care and education professionals developed by Kansas Child Care Training Opportunities.

When asked what the future holds for this program the team responded, “We are currently focusing our efforts on disseminating the program to early care and education professionals. We are working on the next version of our website and conducting trainings throughout the state of Oregon.” They also offered this advice:

1. Collaborate with your audience from beginning to end, from developing a concept to evaluating your program to dissemination.
2. Build sustainability and institutionalization into your program from the beginning.
3. Celebrate your successes, no matter how small!

Scholarship of Teaching and Learning Nutrition in Higher Education Award
Sarah L. Ash, PhD

Dr. Ash is Professor of Nutrition at North Carolina State University where she has been instrumental in improving college student learning, specifically in nutrition education. In her many roles both inside and outside of the classroom, Dr. Ash continues to have an impact in her profession and in the lives of students and junior faculty. Dr. Ash’s interest in curriculum development and innovation began in 1998 when she was appointed Chair of the Council on Undergraduate Education (CUE), the university’s standing committee that oversees the general education program. This led her to become one of the founding members of the Hewlett Initiative, which began as a two-year planning grant from the Hewlett Foundation, designed to improve the university’s general education program. As a founding member, Sarah provided significant leadership in promoting faculty development around critical thinking and in the development of their First Year Inquiry freshman seminar program.

Dr. Ash continues to act as a leader within the university. She served for three years on a task force to evaluate the university’s general education requirements, which led to a new General Education Program that places greater emphasis on examining complex issues through an interdisciplinary lens. Dr. Ash then became a member of the Chancellor’s Task Force on Undergraduate Success, charged with developing a series of initiatives to increase the success of undergraduate students. Most recently, she has provided leadership in creating the university’s 10-year Quality Enhancement Plan, designed to expand the use of critical and creative thinking beyond the general education program.

In 2005, Dr. Ash became the Undergraduate Coordinator of the Nutrition Program, providing leadership in further refining a curriculum that was first created from a major within Biological Sciences. She developed a new concentration with greater flexibility to appeal to a wider range of students and to make it easier for students to obtain their dietetic certification after graduation. The major has since grown from approximately 100 students in 2005, to over 300 students today.

Dr. Ash’s undeniable impact is not limited to undergraduate students. Sarah developed an active program of scholarship in service-learning, particularly the role of critical reflection in enhancing learning outcomes, and along with colleagues, developed a nationally recognized reflection model designed to produce high quality written products using a rigorous framework. Aspects of this work have formed the basis for many frequently cited publications and invitations to present at national and international meetings and to consult at college campuses. Colleague and faculty fellow L. Suzanne Goodell, PhD, RDN, recently wrote on Dr. Ash’s contributions to faculty development, saying “There are many junior teaching faculty in our department who look to Sarah for sage advice on curriculum design,” she writes. “Her openness and candor are appreciated by all.”
Always the teacher, Dr. Ash has ensured the continued growth of the Society by educating faculty and peers about the organization, then encouraging them to join SNEB and volunteer to serve. As a senior member of SNEB, she has enlisted colleagues to volunteer and get involved with the organization and has most recently provided leadership in the development of the Society’s list of competencies for Nutrition Educators.

In recognition of her extraordinary accomplishments, Dr. Ash was awarded the Board of Governors Award of Excellence in Teaching in 2011, the highest honor granted to an educator in the UNC System. Dr. Ash is guided by her philosophies of understanding why things are; the limitations of knowledge; interactions between science and society; and the importance of her role in this discipline. With a progressive approach, Dr. Ash is dedicated to and passionate about higher education, leadership, and service to the Society.

**ACPP Health Promotion Policy Award**

**Georgia CAFE**

SNEB announces Georgia Community Advocacy to Access Food Stamps for the Elderly and Disabled (Georgia CAFE), as the recipient of the 2016 Health Promotion Policy Award in Nutrition Education

Georgia CAFE provides SNAP application assistance to low-income older adults and the disabled in Georgia through community advocate training as well as policy advocacy to streamline SNAP application processes. Since its inception in 2011, the goal of CAFE has been to enhance access to healthy affordable food and food purchasing power of the neediest beneficiaries.

The Georgia CAFE project, led by Dr. Jung Sun Lee in the Department of Foods and Nutrition at the University Georgia (UGA), is the first-ever UGA-Community-Government Collaborative Project to help low-income older Georgians access food through assistance in obtaining benefits from SNAP. Georgia CAFE has been training more than 100 SNAP advocates and the training models now serve low-income older Georgians in nearly 30 urban and rural counties in Georgia to help them apply and receive SNAP benefits.

Older adults traditionally have lower rates of participation in SNAP than other age groups. In her nomination of Georgia CAFE, Dr. Jung Sun Lee writes, “Typically only one-third of eligible older adults participate in SNAP compared to 67% of all eligible individuals,” she noted. “Various barriers have been identified in the application process, including technology, stigma, confusion about eligibility, and a complicated application process.”

The Georgia CAFE project showcases the success of a unique university-community-government partnership model which was critical to create evidence-based strategies for guiding nutrition and aging services and policy decisions and to improve the food security and nutritional well-being of vulnerable older Georgians.

The Health Promotion Award is given annually to recognize the efforts of others to shape and promote healthy policies. These awards are given to individuals or groups that have contributed significantly at creating or implementing policies that positively impact health and physical activity.

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**SNEB Healthy Meeting Guidelines**

**Accomplished 83% for 2016**

The following Healthy Meeting Guidelines were adopted via resolution by the SNEB membership in September 2014 and by the Board of Directors in October 2015. To the extent that funding and staff resources are available and the item is logistically feasible, SNEB will incorporate these guidelines into its meetings. SNEB’s goal is to fulfill at least 80% of the guidelines for each meeting.

An example of the guidelines achieved at this meeting include:

- Offer physical activity opportunities that are relevant to the audience and environment to help people achieve at least 30 minutes of physical activity each day.
- Prioritize sustainable practices when possible, by minimizing waste, encouraging recycling, and sourcing products from sustainable producers.
- Make water the default beverage.
- Do not offer full-calorie sugar-sweetened beverages. Choose healthier alternatives such as, 100% juice, 100% juice diluted with water, low-fat or non-fat milk, calcium and vitamin D-fortified soymilk, or beverages with 40 calories per container or less.
- Offer low-fat or non-fat milk with coffee and tea service in addition to half and half.
- Serve healthier condiments and dressings and offer them on the side.
- Provide a vegetarian option.
- Do not place candy or candy bowls in the meeting space.
- Place healthier foods (like fruits, vegetables, and nuts) and beverages (water, seltzer, unsweetened iced tea) in prominent positions, where they are most likely to be seen and more likely to be chosen.
- Mention to attendees (through announcements or in written materials) that it is fine to move within the meeting space (standing, stretching); periodically break up sitting time.
- Offer nutritious food and beverage options.
- Provide reasonable portions of foods and beverages (i.e., avoid large portions).
- Ensure healthier options are attractively presented, appealing, and taste good.
- Provide handouts on a flash drive or make them available online to reduce paper.
- Ask about using lower-sodium options and cooking techniques.
- Get feedback about which food options and physical activity opportunities meeting attendees liked and ideas for future events.
- In addition to the above recommendations, SNEB is also providing a list of requests to the facility during the contracting process.

A full report of the guidelines will be posted following the meeting.
Pre-Conference Programs - Saturday, July 30

Using Policy Systems and Environmental Change (PSE) Interventions to Build Healthy Communities
8:00 a.m. – 3:00 p.m. Saturday 7/30 | Grand C | Reservation Required | Lunch included | 7 CEU

Moderators: Karen Barale, MS, RD, CD, Washington State University Extension; Melissa D. Olfert, DrPH, MS, RDN, LD, West Virginia University; Catalina Aragon,

Speakers: Carol Smathers, MS, MPH, Ohio State University; Jenny Lobb, MPH, RD, LD, Ohio State University; Michelle Brill, MPH, Rutgers University Cooperative Extension; Cindy DeBlauw, MS, RD, University of Missouri Extension; Gail Feenstra, PhD, University of California, Davis; Deborah John, PhD, Oregon State University; James Salis, PhD, University of California, San Diego

Nutrition educators are working in communities to positively impact the way people live, learn, work, and play by making healthy choices easy, safe, and affordable. This preconference focuses on identifying evidence-based policy, systems and environmental change interventions in nutrition education. Through interactive sessions, participants will have an opportunity to connect current practices and explore interventions that create and encourage healthy behaviors in communities.

Learning Objectives:
1. Define terms and the framework for PSE work in nutrition education
2. Identify evidence based strategies for PSE in nutrition education
3. Explore and apply PSE strategies through case studies

Sponsored by the Food and Nutrition Extension Education (FNEE) and Public Health Nutrition Divisions

Poster Abstracts presented during the FNEE Pre-Conference Workshop
FN1 Carrie Durward, PhD, RD, The Food Stamp Cycle Negatively Impacts Supplemental Nutrition Assistance Program (SNAP) Participants’ Ability to Make Use of Fruit and Vegetable Incentives
FN2 Katie Holland, MS, RD, Parent Survey Validation Project
FN3 Makenzie L. Barr, BS, Intervention Planning and Baseline Characteristics of College Students Trained to Implement Wellness on Campus: Get Fruved Study

Conference Sponsors

- Society for Nutrition Education and Behavior Foundation
- IDFA International Dairy Foods Association
- Organic Valley
- Chobani
- R·I·T Wegmans School of Health and Nutrition
- Abbott Nutrition Health Institute
Pre-Conference Programs - Saturday, July 30

How to Conduct and Write Systematic Reviews for JNEB
8:00 a.m. – 3:00 p.m. Saturday 7/30 | Nautilus 1-2 | Reservation required | Breakfast and lunch included | 7 CEU
Speakers: Julie Reeder, PhD, MPH, CHES, State of Oregon WIC Program; Marla Reicks, PhD, RD, University of Minnesota; Megan Kocher, MLIS, University of Minnesota Libraries

Participants will actively engage in the steps of a systematic review process in a group-supported setting using a pre-selected topic of their choosing. After the workshop participants will be able to:

• Clearly differentiate a systematic review from other literature review approaches.
• Perfect the problem statement, one of the key steps to a successful systematic review.
• More effectively identify and collaborate with a research librarian/information specialist to increase the efficiency of the search process.
• Critically evaluate search results.
• Craft a succinct yet comprehensive report of review findings.
• Market the systematic review after publication.

The presenters will go through their own systematic review process in preparation for the workshop so they can candidly share their own experiences and how they dealt with or avoided the common pitfalls that come with conducting a review.

Session supported by Elsevier

Tour to Olivewood Gardens & Learning Center
8:00 a.m. - 12:00 p.m., Saturday, 7/30 - offsite - meet in Grand Foyer | Reservation Required | Transportation Provided and Lunch Served | 4 CEU

Olivewood Gardens provides standards-based nutrition education, lessons in sustainable agriculture and environmental stewardship to students attending school in southern San Diego County, as well as to local community residents. Olivewood Gardens is one of the few school garden programs in the country that emphasizes food preparation along with garden cultivation, teaching children and adults not just to grow but how to cook — and enjoy — tasty, healthy, whole foods since February 2010.

Learning Objectives:
• Realize the importance of garden-based education, which inspires children to explore connections between plants and the natural world, and the disciplines of history, science, art, literature, math, geography and nutrition.
• Consider and discuss the positive impacts of a community garden in a socioeconomically disadvantaged area.

This tour will examine the impacts and outreach initiatives of a community and garden resource facility in National City, which has one of the highest childhood obesity rates in California. Residents’ limited knowledge and access to gardening areas highlight the transformative effects of garden-based nutrition education and environmental stewardship programming.

Opening Comments from Dr. Susan Mayne and the Parade of National Food Guides
4:45 p.m. - 5:30 p.m., Saturday 7/30, Grand AB

Susan Mayne is the director of the Center for Food Safety and Applied Nutrition (CFSAN) at the Food and Drug Administration (FDA). In this position, Dr. Mayne leads the center’s development and implementation of programs and policies related to the composition, quality, safety, and labeling of foods, food and color additives, and cosmetics.

Have you ever wondered what other countries use to guide healthy food choices among its citizens? What do these guides look like? Which countries promote nutrition by the use of food guides? Come celebrate SNEB’s cultural diversity and learn something about the world Food Guides. Food Guide Parade organized by the Division of International Nutrition Education.

Opening Reception with the Exhibitors
5:30 p.m. - 7:30 p.m., Saturday 7/30 Pavilion | Hors d’oeuvres served

Network with your nutrition educator colleagues while browsing through the exhibit hall. Be sure to stop by each Division’s display.

Student and Young Professional Speed Networking
7:30 p.m. - 8:30 p.m., Saturday 7/30, Grand C

Join us for a roundtable-style networking event organized around topic areas. You will have the opportunity to rotate through topics of your choice and network with others who share your interests.
Conference Programs - Sunday, July 31

Coffee with the Journal of Nutrition Education and Behavior Editors
7:00 a.m. - 8:00 a.m., Sunday, 7/31 Spinnaker
Join JNEB Editor in Chief Karen Chapman-Novakofski, PhD, RD, LDN, and other JNEB editorial staff members for coffee and conversation. A great chance to gain insight into publishing with JNEB.

Yoga on Bayview Lawn
7:00 a.m. - 8:00 a.m., Sunday, 7/31 Bayview Lawn
Kick off the conference with yoga led by SNEB member Cassidy Sloot on the Bayview Lawn surrounded by the beauty of the bay.

Meetings
- 7:00 a.m. - 8:00 a.m. | Advisory Committee on Public Policy | Committee Only | Nautilus 3
- 7:00 a.m. - 8:00 a.m. | Board and Division Leader Meeting | Invitation Only | Nautilus 4
- 7:00 a.m. - 8:00 a.m. | Mentor/Mentee Meetup | Nautilus 5

Opening Keynote sponsored by International Dairy Foods Association
‘Next Practices’ Requires Collaboration to Solve Complex Issues: A Case for Childhood Obesity 180
8:30 a.m. - 10:00 a.m., Sunday 7/31 | Grand AB | 1.5 CEU
Keynote speaker Christina Economos, PhD, is an Associate Professor and the New Balance Chair in Childhood Nutrition at the Friedman School of Nutrition Science and Policy and Medical School at Tufts University. She is also the co-Founder and Director of ChildObesity180, a unique organization that brings together leaders from diverse disciplines to generate urgency, and find solutions to the childhood obesity epidemic.

SNEB/SNEBF gratefully acknowledges the underwriting of this activity provided by International Dairy Foods Association. Acceptance of these resources does not imply endorsement of the donor or its mission, products, or services.

JNEB Best Article and Best GEM Award Presentation
10:00 a.m. - 10:15 a.m., Sunday, 7/31, Grand AB
Susan Baker, EdD, Colorado State University, will accept the award and will present on the Best Article “Outcome Effectiveness of the Widely Adopted EFNEP Curriculum Eating Smart · Being Active” published in the January/February 2015 issue of JNEB. Award supported by Elsevier.

Meetings
- 10:15 a.m. - 11:15 a.m. | Dialogue Now Session with Dairy Council of California | Invitation only | Spinnaker
- 10:15 a.m. - 11:15 a.m. | Nutrition Education with Industry Division Meeting | all Welcome | Nautilus 3

Exhibit Hall Open | Pavilion | 10:15 - 11:45 a.m.
10:15 a.m. - 10:45 a.m. | Nutrition Break served

Poster Abstracts
10:15 a.m. - 11:45 a.m., Sunday, 7/31 | Pavilion | 1.5 CEU
Look for QR code artwork in the corner of a poster board. Scan the code with your phone or tablet to link to a full version of the poster artwork online as supplemental material to the abstract in the online edition of the Journal of Nutrition Education and Behavior (www.jneb.org). This is a great way to remind yourself of the research you want to review more closely after conference.

P1 Emma Apatu, DrPH, MPH, Cooking Classes: Are They Effective Nutrition Interventions in Low-Income Settings?
P2 Susannah Barr, BA, Paseo por el Super: A Tool for Teaching Low-Income Mexican-Heritage Mothers to Navigate the American Supermarket
P3 Diana Bergman, MS, “This is Way Better than Cheetos!”: Changing Children’s Eating Behavior Through Garden and Kitchen-Based Nutrition Education
P4 Teri Burgess-Champoux, PhD, RD, LD, Assessment of Parental Knowledge, Attitudes and Behaviors Associated With Community Garden Experiences for Young Children
P5 Annie Hardison-Moody, PhD, Local Food Access Among a Diverse Group of Immigrants and Refugees in North Carolina: A Qualitative Study
P6 Alice Henneman, MS RD, Incorporating Methods of Reducing Potential Wasted Food Into Recipes to Reach Consumers at a “Teachable Moment”
P7 Jessica Jarick Metcalfe, MPH, Pre-Testing and Refinement of an After School Cooking Program for Children: A Pilot Study of the Kids in the Kitchen Program
P8 Carol Byrd-Bredbenner, PhD, RD, Encouraging Reductions in Sugar-Sweetened Beverage Consumption: HomeStyles Best Drinks for Families Guide
P9 Joan Giampaoli, PhD, RDN, Factors Associated with Mindful Food Parenting Practices
P10 Hanna Killion, BS, Assessment of Dietary Intake of Children With Autism Spectrum Disorders Enrolled in a Summer Camp
P11 Withdrawn
P12 Diane Smith, RD, MA, Creating Family Resilience Through Family Supper Club
P13 Jeanette Andrade, PhD, RD, LDN, Key Elements in Elementary School-Based Nutrition Interventions to Reduce Obesity in Mexico and the United States: A Systematic Review
P14 Pam Koch, EdD, Comparison of School Lunch Cut Fruit and Whole Fruit Consumption in a Naturalistic Elementary School Cafeteria Setting
Conference Programs - Sunday, July 31

P15  Yuka Asada, PhD, RD, Another Partner in the Classroom: The Role of Nutrition Education in the Implementation of School Nutrition Policies

P16  Trishnee Bhurasy, MSc, Effectiveness of the National School Lunch Program on Fruits and Vegetables Intake Among High School Students

P17  Caroline Dunn, MS, RD, LDN, Better Bundled: Combined Vegetable Side and Main Dish Items Increase Vegetable Consumption Among Elementary and Middle School Students


P19  Kathryn Hoy, MFN, RD, CDN, Smarter Kids Café: Testing Smarter Lunchroom Scorecard Techniques for Childcare

P20  Haleigh Golub, MS, Do Behavioral Economics Interventions Induce Healthy Eating Habits? Evidence From a 15-Week Cafeteria Field Study

P21  Christoph Ugl, MS, EU-School Fruit Scheme: Children’s and Parents’ Perception Regarding Home Environment of Fruit and Vegetables in Bavaria

P22  Jennifer Mansfield, BS, School Foodservice Director and Community Health Coalition-Member Perceptions Related to the Healthy, Hunger-Free Kids Act in Indiana

P23  Brenda Abu, PhD, Time and “Questioning Type” Affected Recall of Iron Deficiency Prevention Education Messages Among Rural Ghanaian Mothers

P24  Zaher Al Bashabsheh, PhD, Evaluating the Effectiveness of Nutrition Education for WIC Service Clients In Manhattan, Kansas

P25  Klara Gurzo, MA, Long-Term Reduction in Sodium Intake After Online and In-Person Group Nutrition Education in WIC Participants

P26  Sharon Austin, MD, The Hook for Recruiting Nutrition Series Based Programming: One-Time Encounters


P28  Adam Barone, BS, Perceived Needs and Barriers to Provide Nutrition Education at Food Pantries

P29  Kathleen Bauer, PhD, RD, Using a Model to Design Activity-Based Educational Experiences to Improve Cultural Competency Among Graduate Students

P30  Stacy Blondin, MPH, Processed and Packed: How Refined are the Foods That Children Bring From Home to School?

P31  Barbara Lohse, PhD, RD, LDN, Self-Reported Change in Physical Activity and Screen Time in 4th Graders Shows Gender, Seasonal and Weight Status Differences Even in Absence of an Intervention Effect

P32  Ruth Camelo, Ludotecas Saludables: Towards Healthier Lifestyles

P33  Patricia Case, MS, RD, Using a Public Health Framework: Get Kids Going and Growing With Grains and Greens

P34  Biyi Chen, MS, Rural Adolescents’ Barriers and Facilitators to Physical Activity

P35  Carinthia Cherry-Williams, PhD, RD, LDN, First Year College Students and Barriers to Selecting Healthy Food Choices

P36  Cora Coker, BS, Youth Understanding MyPlate Improves Behaviors of Elementary School Students

P37  Gayle Coleman, MS, RD, Text 2 Eat $mart: Using Text Messages to Encourage Parents to Purchase and Offer Fruits and Veggies to Their Families

P38  Kayla Colgrove, MS, RD, ACSM-CPT, Creating A Quick, Inexpensive, and Fun Fitness Ball Activity to Help Youth Increase Physical Activity in Nutrition Programs

P39  Natalie Cooke, PhD, Impact of a Pre-Service-Learning Training on Students’ Skills Needed to Deliver a Pre-Packaged Educational Curricula in the Community

P40  Loma Power, MPH, RD, CDN, Evaluation of the NYC Health Department’s Farmers’ Markets for Kids Program

P41  Erika Delgado, BS, “Comer en Familia”: Back to Family and Healthy Eating Behavior

P42  Dipi Dev, PhD, Improving the Nutrition and Physical Activity Environment Through Self-Assessment in Nebraska Family Childcare Homes

P43  Stephanie Folkens, Experiential Cooking and Nutrition Education Program Improves Parameters Related to Cooking at Home in Elementary and Middle School Children

P44  Madison Egan, Encourage Practice Inspire Change in Kids (EPIC Kids) Diabetes Prevention Program at the YMCA

P45  Jenna Ellis, BS, Social Cognitive Theory-Based Cooking Program for Student-Athletes’ Healthy Food Choices and Food Preparation Self-Efficacy


P47  Marie Kainoa Fialkowski, PhD,RD, LDN, Child Health Assessment in the Pacific (CHAP) Summer Fellowship Program

P48  Gail Gates, PhD, B.A.L.A.N.C.E.: Evaluating the Effectiveness of a 14-Week Worksite Wellness Module-Child

P49  Alisha Gaines, PhD, Who is Aware of and Has Tried to Use MyPyramid? An Examination of Variables From the Most Recent NHANES Consumer Behavior Phone Follow-Up Module-Child

P50  Nicole Hallissey, RD, CDN, A Worksite Wellness Intervention to Increase Whole Grain Intake Among Hospital Employees

P51  Andrea Hanson, BS, An Evaluation of the Relationship Between College Students’ Cooking Skills, Frequency, and Self-Efficacy and Fruit and Vegetable Intake and Body Mass Index: GetFRUVED Study

P52  Frances Hardin-Fanning, PhD, RN, Qualitative Results of Meal Make-Over Contest Narratives Following a Nutrition Intervention in Rural Appalachia

P53  Jen Hey, RD, A Training Approach to Build Capacity in Policy, Systems, and Environmental Change for Nutrition Program Staff

P54  Emily Hofer, BS, RDN, iCook 4-H: 0 to 24-Month Accelerometer-Derived Physical Activity and Sedentary Time in Youth
Conference Programs - Sunday, July 31

P55  Alyson Humphrey, BS, Efficacies of Color Your Plate Nutrition Education Curriculum in Senior Center Congregate Meal Sites

P56  Elena Serrano, PhD, Perspectives Toward Partnering with Faith Organizations for Health Programming

P57  Katherine Soule, PhD, Schools as Hubs of Health: A Case Study on Comprehensive Nutrition Education Program Delivery

P58  Catherine Wickham, MS, RD, CDN, Food Safety Knowledge and Psychosocial Indicators in Relation to Garden and Personal Behaviors in Early Childcare Educators

P59  Youjie Zhang, MS, A SNAP-Ed Curriculum for English Language Learners to Increase Self-Reported Fruit and Vegetable Intake

P60  Priscilla Connors, PhD, RDN, A Reasoning Exercise Results in Student Food Rules on the Digital Library

P61  Amy Delisio, MPH, RD, Southeast Learning Community: Selecting Common Evaluation Indicators

P62  Morgan Sowers, MS, RD, LDN, A Comparison of Peer Mentors’ and Mentees’ Health Behaviors: GeFruved

P63  Susan Gould, PhD, RDN, Potential Use of Classroom Response Systems (CRS, Clickers) in Foods, Nutrition, and Dietetics Higher Education

P64  Priya Khorana, MS, Examining the Relationship Between Physical Activity Levels and Social Behaviors on Elementary School Recess Yards

P65  Jung Sun Lee, PhD, RD, Choice and Location of Food Retailers for Grocery Shopping Among Low-Income Adults Participating in the Supplemental Nutrition Assistance Program Education (SNAP-Ed) in Georgia

P66  Teresa Mbogori, MS, Teachers’ Perspective and Confidence Level About Nutrition Education in Boys’ Public High Schools in Riyadh, Saudi Arabia

P67  Catalina Aragon, MS, Assessing Low-Income Clients’ Views About Retail and Food Pantry Environments

P68  Hiershenee Bhana, MHSc, Behavioral Nutrition Interventions in Food Pantries: Lessons and Strategies

P69  Hiershenee Bhana, MHSc, Using Choice Architecture to Create Healthy Food Interventions in Food Pantries

P70  John Brand, PhD, Food Packaging Pictures Have More Calories Than They Recommend – Oversized and Overeaten

P71  John Brand, PhD, Prime-Time Weight Discrimination: A Body Weight Analysis of Prime-Time Television Characters from 1950-2015

P72  Caree Cotwright, PhD, RD, LDN, Healthy Child Care Georgia: Improving Teacher Self-Efficacy to Implement Wellness Policies and Increase Wellness Education

P73  Jennifer Giurgevich, MScFN, RD, What’s on Your Plate? Introducing Canada’s Eat Well Plate 1.0

P74  Barbara Lohse, PhD, RD, LDN, Online Survey Assests Need for Dental Health Education and Services for Low-Income and Food Insecure Adults

P75  Rie Akamatsu, DrPH, Does Eating Dinner Late Relate to Other Unhealthy Behaviors? Study on Japanese Drivers in a Courier Company

P76  Martha Archuleta, PhD, RDN, One-on-One Education Increases Breastfeeding Initiation Rates in the Hospital

P77  Sandra Baker, EdD, RD, Curriculum Equip Martha Archuleta, PhD, RDN, One-on-One Education Increases Breastfeeding Initiation Rates in the Hospital to Share MyPlate on Campus

P78  Holly Bill, MS, Focus Groups Inform SMS/Text Message Nutrition Education for College Athletes

P79  Shanthy Bowman, PhD, The Consumption of Added Sugars and Solid Fats by Children, Ages 12 to 19 Years, Reduced Substantially in the United States from 2003-04 to 2011-12


P81  Jacob Carlton, Folate and Iron Status Do Not Differ Between Women of Childbearing Age Following Gluten-Free and Conventional Diets

P82  Lanae Ball, PhD, The Role of Social Support in Breastfeeding Experiences Among Rural Women in Southern Appalachia

P83  Katherine Clavijo, Why Popular Diets Don’t Work: A Systemic Review and Implications For Educators

P84  Michael A. Close, MS, Assessing the Construct Validity of Healthful Eating Belief Scales Among Southeastern United States Office Workers

P85  Isabel Contento, PhD, Examining the Effect of a High Quality, Moderate Fat Dietary Intervention on Cognitive Function in Early Adolescence

P86  Karen Davison, PhD, RD, Engaging Peer Researchers in an Investigation of Food Insecurity and Paternal Incarceration: Analysis of Process and Challenges

P87  Kristen DiFilippo, MS, RD, LDN, Reliability Testing of a Mobile App Quality Assessment Tool

P88  Celeste Doerr, PhD, The Champions for Change State-wide Campaigns: An Assessment of Ad Awareness and Increased Physical Activity Using Unaided Recall

P89  Pam Duitsman, PhD, Building Local Food Councils to Improve Community Food Security

P90  D. Rose Ewald, BS, Hypertension and Obesity in Low-Income, Immigrant, and Minority Adolescents

P91  Alyce Fly, PhD, Assessing Undergraduate Performance on General Education Natural and Mathematical Science Competencies in an Introductory Nutrition Course

P92  Alyce Fly, PhD, Athlete Heroes Program to Promote Fruits and Vegetables in Indiana Schools was More Effective for Girls Than Boys

P93  Karen Franck, PhD, The Role of Direct Education in a Community Level Obesity Prevention Grant

P94  Karen Franck, PhD, A Delphi Study to Identify Barriers, Facilitators and Training Needs for Policies, Systems and Environmental Interventions in Nutrition Education Programs

P95  Heewon Gray, PhD, RD, Mealtime Behaviors Determined by Parents of Chinese American Children with Autism Spectrum Disorder

P96  Matthew Graziose, MS, Assessing the Retail Food Environment Surrounding Elementary Schools Across New York City Neighborhoods Varying in Their Level of Gentrification
Conference Programs - Sunday, July 31

P97 Amber Hammons, PhD, Evaluation of the Transdisciplinary Obesity Prevention Research Sciences Program

P98 Margaret Harris, PhD, MS, HC, A Comparison of Dietary Supplement Use of Wisconsin and Colorado Adults

P99 Colleen Spees, PhD, MED, RDN, LD, FAND, Differences in Glycemic Control of Food Pantry Clients by Food Security Status and Health

P100 Laura Hopkins, BSc, Evaluating the Public Health Impact of a Community-Based Family-Focused Diabetes Prevention Program Using RE-AIM

P101 Élise Jalbert-Arsenault, RD, Measure of the Consumer Nutrition Environment Is Associated With Food Sales

P102 Seung Eun Jung, PhD, RD, Exploring Rural Older Adults’ Perception of Healthful Eating

P103 Vanessa Karamanian, MPH, MD, Impact of a Goal-Setting Community Nutrition Program on Knowledge, Self-efficacy and Behavior

P104 Gauri Karnik, DTR, Factors Associated With Cue-Elicited Food Craving Among Elementary School Children

P105 Lauren Keeney, MS Candidate, Identification of Preferences for Bread Shapes in Young Children

P106 Jane Lanigan, PhD, Parenting Practices that Support Young Children’s Preference for Varied Healthful Foods

P107 May May Leung, PhD, RD, LDN, “It’s Slimy,.” - Exploring Perceptions of School Lunch With Low-Income Hispanic Youth in New York City

P108 Yijing Li, MS, The Relationship Between Self-Efficacy and Physical Activity Behaviors in 6th to 8th Grade, Rural, Limited-Resource Adolescents in Kansas

P109 Alice Lindeman, PhD, RDN, Successful Sodium Reduction at Head Start: Student Acceptance and Reduced Cost

P110 Taren Swindle, PhD, Mealtime Interaction Styles of Early Childhood Educators

P111 Peggy Policastro, PhD, RDN, Drinking With Your Heart on Your Straw: Nudges to Entice Patrons to Choose Water over Soda

P112 Aner Tal, PhD, MBA, MA, BA, Heavy Tray, Light Trigger: Heavy Trays Lead to Increased Serving of Liked Snacks

P113 Laura Barre, MD, RD, What People Post About Food on Social Media

P114 Marissa Burgermaster, PhD, Explanations Improve Nutrition Learning Among Lab in the Wild Quiz-Takers

P115 Diane Dembicki, PhD, LMT, CYT, Next Practice in Online Nutrition Education—Gamification—An Inquiry into the Process of Improving Student Engagement

P116 Julie Garden-Robinson, PhD, RD, LDN, FAND, Nourishing Boomers and Beyond: Extending Face-to-Face Education With Technology

P117 Withdrawn

P118 Afroz Hasin, MS, Farmers Market Manager’s Level of Communication and Influence on Electronic Benefit Transfer Adoption at Midwest Farmers Markets

P119 Cheng Li, MS, Generational Gaps Among Low-Income Adults’ Use of Internet-Based Technologies and Preferences to Receive Nutrition Education

P120 Emily Loehmer, MS, RD, Internet Access and Interest in Online Nutrition Education Among SNAP-Ed Participants in Southern Illinois

P121 Jennifer McCaffrey, PhD, MPH, RD, Technology Usage and Preference for Nutrition Information via Technology in Low Socioeconomic Status Individuals

P122 Tanisha F. Aflague, PhD, RD, Prevalence of Early Childhood Overweight and Obesity and Trends of BMI Among Head Start Children in Guam, 2008-2014

P123 Emily Ashton, BS, MS, The Effects of a 16-Week Introductory Nutrition Course on the Dietary Habits and Body Composition of College Students

P124 Oyinlola Babatunde, PhD, MPH, RDN, Osteoporosis Knowledge and Health Beliefs in African-American Men: Difference With Age

P125 Ashley Chrisinger, MS, RD, LDN, CSO, Fruit and Vegetable Prescription Program: Design and Evaluation of a Program for Families of Varying Socioeconomic Status

P126 Alyson Drooger, BS, Examining Benefits of and Barriers to Physical Activity Among Meal Replacement Program Participants

P127 Hope Kleine, BS, Physical Activity and Sedentary Time Behaviors in Meal Replacement Program Participants

P128 Nicole Larson, PhD, MPH, RDN, School-Based Obesity Prevention Policies and Practices and Unhealthy Weight-Control Behaviors Among Adolescent Boys and Girls

P129 Noreen Syed, BS, Determining if Differences in Socioeconomic Status Are Associated With Screen Time Behavior and Physical Activity Levels

P130 Kaoru Uno, RD, MS, Prepregnancy Weight in Japanese Women Correlates with Dietary and Nutrient Intake During Pregnancy


Meetings

- 11:30 a.m. - 12:30 p.m. | Dialogue Now session with Tisch Center | Invitation Only | Spinnaker
- 11:30 a.m. - 12:30 p.m. | Nominating Committee | Committee Members Only | Nautilus 3
- 11:30 a.m. - 12:30 p.m. | Multistate Meeting | Invitation Only | Nautilus 4
- 11:45 a.m.-12:45p.m. | Student Mixer | Harbor’s Edge Restaurant (at the Sheraton San Diego Hotel & Marina) | All Students Welcome

Join your fellow students for networking over lunch! Students will be responsible for the cost of their own lunch order. Pre-orders will be taken at the registration desk in the Grand Foyer and must be made by 10:30am on 7/31 so lunch will be ready at the start of the event.

Mobile friendly schedule and speaker material online at http://www.sneb.org/2016
Nutrition Literacy: Next Steps in Increasing Capacity with Nutrition Information
12:45 - 1:45 p.m., Sunday, 7/31 | Grand AB | 1 CEU
Moderator: Karen Chapman-Novakofski, PhD, RD, LDN, University of Illinois at Champaign-Urbana
Speakers: Heather Gibbs, PhD, RD, University of Kansas Medical Center; Karina Diaz Rios, PhD, University of California Division of Agriculture and Natural Resources, University of California, Merced

Americans are bombarded with often conflicting or confusing nutrition information, and many struggle with issues of health literacy. This session will explore the overlap of health and nutrition literacy research and provide educators with ideas and tools for communicating clearly with their audiences. Special emphasis will be placed upon the particular challenges and strategies for reaching Latino populations as well as discussion of a new assessment tool for measuring nutrition literacy.

Learning Objectives:
• Discuss the challenges and consequences of health and nutrition literacy for English and/or Spanish speaking populations.
• Examine a new tool that objectively measures nutrition literacy.
• Identify best practices for communicating with audiences demonstrating low health and/or nutrition literacy.

Successes and Challenges in Child Nutrition and Opportunities for Nutrition Educators
12:45 p.m. - 1:45 p.m., Sunday 7/31 | Grand C | 1 CEU
Moderator: Tracy Fox, MPH, RD, Food, Nutrition & Policy Consultants, LLC

Much has changed in the school nutrition environment over the past five years. Research indicates that school nutrition is a substantial contributor to student health and wellness. Join leaders from the Kids’ Safe and Healthful Foods Project (a joint initiative of The Pew Charitable Trusts and the Robert Wood Johnson Foundation) as they discuss the latest about what progress has been made, challenges that remain, and opportunities for nutrition educators to get involved in supporting further progress in child nutrition at the local, state, and federal level.

Learning Objectives:
• Describe three significant recent achievements in child nutrition.
• Discuss three research-based challenges faced by school nutrition programs and opportunities for overcoming them.
• Identify three ways nutrition educators can get involved in supporting further progress in child nutrition at the local, state, or federal level.

Meeting
• 2:00 p.m. - 2:30 p.m. | SNEB Website Reveal | All Welcome | Grand AB

Summer Food, Summer Moves: Helping Kids Stay Healthy When School Is Out
12:45 p.m.- 1:45 p.m., Sunday 7/31 | Nautilus 1&2 | 1 CEU
Moderator: Maya Maroto, EdD, MPH, RD, USDA Food and Nutrition Service
Speaker: Alicia White, MS, RD, USDA Food and Nutrition Service; Sally Spero, Lakeside Union School District; Maya Maroto, EdD, MPH, RD, USDA Food and Nutrition Service

During the school year, over 30 million children in the United States receive meals through school lunch programs. When the school year ends, food insecurity becomes more prevalent among school-aged children. The Summer Food Service Program and the Seamless Summer Option of the National School Lunch Program help alleviate the summer nutrition gap and make meals accessible to children over the summer months. Offering nutrition education and physical activities at summer meal sites may help increase summer meal participation, while teaching healthy behaviors. This session will highlight new formative research about summer meal programs and practical strategies for nutrition education.

Learning Objectives:
• Participants will be able to describe the USDA summer meal programs and best practices for meal service and nutrition education.
• Participants will be able to discuss formative research findings regarding parents’ perceptions about their child’s eating and physical activity habits during the summer as compared to the school year.
• Participants will be able to access free nutrition education resources for summer meal programs.

Systems Behavior Change for School Environments: Taking Nutrition Education to the Next Level
2:30 p.m.- 4:00 p.m., Sunday 7/31 | Grand AB | 1.5 CEU
Moderator: Shannan D. Young, RDN, SNS, Dairy Council of California
Speaker: Shannan D. Young, RDN, SNS, Dairy Council of California; Heather Reed, MA, RDN, California Department of Education; Mary Ann Mills, UC CalFresh Nutrition Education

It’s not merely a “best practice” - it’s a movement that relies on innovation at the school level to promote a culture of wellness. Starting with a foundation of three organizations whose goals aligned, the Smarter Lunchrooms Movement of California collaborative launched a statewide initiative that integrated nutrition education with the cafeteria environment and wellness policies. Come hear how the real magic gets started when community partners inspire the creativity of school leaders to transform their environments. During this session harvest ideas for how you can develop a systems approach with your nutrition education initiatives.

Learning Objectives:
• Consider how key partners at the state and local level collectively

Special Note:
ToBe Fit, The Juggling Nutrition Magician, will do some fun juggling and balancing MyPlate in the Grand Foyer between 2:00 p.m. and 2:30 p.m. courtesy of FoodPlay Productions.
create a movement for systems behavior change in schools.

- Synthesize ways to innovate nutrition education by integrating with wellness policy and the cafeteria environment to create a culture of wellness in schools.
- Discover how California schools leverage Smarter Lunchrooms Movement to market their nutrition programs within their communities.

Session supported by the California Department of Education, Dairy Council of California, and UC California Fresh Nutrition Education Program.

Make Real Change: Nutrition Educators as Advocates
2:30 p.m. - 4:00 p.m., Sunday 7/31 | Grand C | 1.5 CEU

Moderator: Claire Uno, MLIS Laurie M. Tisch Center for Food, Education & Policy, Program in Nutrition, Teachers College, Columbia University

Speaker: Jennifer Folliard, MPH, RDN, Academy of Nutrition and Dietetics; Tracy Fox, MPH, RD, Food, Nutrition & Policy Consultants, LLC; Melissa Maulding, MS, RD, Purdue University Extension; Alison Hard, Tisch Scholar, Laurie M. Tisch Center for Food, Education and Policy. Program in Nutrition, Teachers College, Columbia University

Nutrition education professionals are perfectly positioned to advocate for increased federal support for programs and research in the field. While advocacy can seem daunting and time-consuming, having a strong coalition can provide a framework for action and a stronger unified voice. This session will give participants familiarity with some of the major issues and legislation, highlight potential levers for change, and discuss how we could move forward together to promote nutrition education at the federal level.

Learning Objectives:
- Participants will gain an understanding about policy issues relevant to nutrition education and opportunities to strengthen the field through advocacy (e.g. CNR, DGA, funding for nutrition education research through USDA/NIH/CDC).
- Participants will learn the different ways to be an advocate, including through elected officials and executive branch agencies;
- Participants will learn about and feel more confident to engage in different types of policy approaches, including drafting legislative language, policy papers, testimony, rulemaking comment letters, grassroots advocacy materials and visits with elected officials.

Virtual Realities and Digital Health Adaptive Technology for Nutrition and Physical Activity Education (NPAE) across the Life Span
2:30 p.m.- 4:00 p.m., Sunday, 7/31 | Nautilus 1&2 | 1.5 CEU

Moderator: Siew Sun Wong, PhD, Oregon State University

Speakers: Melbourne Frank Hovell, PhD, MPH, San Diego State University; Jeanne Gleason, EdD, New Mexico State University; Joan Cowdery, PhD, Eastern Michigan University; Walter Greenleaf, PhD, Stanford University; Siew Sun Wong, PhD, Oregon State University

This session aims to raise awareness and boost understanding of how emerging innovations and applications of theoretical frameworks for behavior are used to engage and retain participants in Nutrition and Physical Activity Education (NPAE) that involve both the physical and virtual spaces. Learn how instructional design, media, virtual worlds, and virtual reality technologies are designed and applied to change health behaviors and reduce health disparities through innovative health communication modalities and behavior change strategies. Come hear the experts describe how existing and potential applications of virtual reality and digital health technology worldwide can improve NPAE across the life span.

Learning Objectives:
- Learn how emerging changes in theories and frameworks are being used to engage and retain participants across the life span in NPAE that involve both the physical and virtual spaces.
- Learn how instructional design, media, virtual worlds, and virtual reality technologies are designed to change health behaviors and eliminate health disparities through innovative health communication and behavior change strategies.
- Describe the existing and potential applications of virtual reality and digital health technology to strengthen NPAE across the life span.

SNEB Awards Presentation and Business Meeting
4:15 p.m. - 5:15 p.m., Sunday 7/31 | Grand AB | All Welcome

Celebrate the successes of SNEB over the past year and recognize this year’s award winners including the Helen Denning Ulrich Award for Lifetime Excellence in Nutrition Education, Mid Career Achievement Award, Scholarship of Teaching and Learning Award presented by the Higher Education Division, Program Impact and Research Awards, SNEB Foundation Scholarships and Higher Education Division Research Awards also presented.

Meetings
- 5:15 p.m. | Resolution Reading | All Welcome | Grand AB
- 5:30 p.m.- 6:30 p.m. | ASNNA | Invitation Only | Nautilus 5
- 6:00 p.m. - 7:00 p.m. Food and Nutrition Education Extension Division | All Welcome | Nautilus 4

Sunday Night at the Movies - “Well Fed? The Health and Environmental Implications of Our Food Choices”
5:30 - 7:30 p.m., Sunday 7/31 | Nautilus 1&2 | 2 CEU

Moderators: Mary Murimi, PhD, RD, Texas Tech University; Chris Taylor, PhD, RDN, LD, FAND, Ohio State University; Samantha Ramsay, PhD, RDN, LD, University of Idaho

What better way to expand your thinking than through group discussion after watching select video segments about food choice behaviors and our nation’s health! Learn from each other as moderators pose thought stimulating questions and foster intriguing dialogue among attendees. This unique session will both challenge and stimulate your thinking in nutrition education.

Non-fat, low-fat, saturated fat, trans fats, healthy fats - in an era where we seem to be constantly bombarded with often conflicting messages about our diets, is all this information actually making us any healthier? How can we cut through media hysteria and make wise choices about the food we eat, and what impact do our consumption habits have, not just on our own health but that of the planet?
Conference Programs - Monday, August 1

Monday, August 1

Wake for the Walk…Rise for the Run… For Health, For Fun!! Fun Run benefitting the SNEB Foundation

7:00 a.m. - 8:00 a.m. | $10 registration | Meet in Pavilion Exhibit Hall

Milestone Running will be leading our 5k route for running or walking. Proceeds from the event benefit the SNEB Scholarship Fund.

Meetings

- 7:00 a.m. - 8:00 a.m. | Journal Committee | Committee members only | Spinnaker
- 7:00 a.m. - 8:00 a.m. | Advisory Committee on Public Policy Open Meeting | All Welcome | Nautilus 1&2
- 7:00 a.m. - 8:00 a.m. | 2017 Conference Planning Meeting | All welcome - especially DC area attendees | Nautilus 3
- 7:00 a.m. - 8:00 a.m. | Nutrition Education for Children Division Meeting | All Welcome | Nautilus 4
- 7:00 a.m. - 8:00 a.m. | Public Health Nutrition Division Networking | All Welcome | Nautilus 5

George M. Briggs Nutrition Science Symposium - Update for Nutrition Educators: The Interactive Role of the Human Microbiome, Nutrition, and Health

8:30 a.m. - 10:00 a.m., Monday 8/1 | Grand AB | 1.5 CEU

Moderator: Suzanne Piscopo, PhD, University of Malta
Speaker: Carolyn M. Slupsky, PhD, University of California, Davis

Current outcomes from research indicate that the gut microbiota may influence human metabolism. This session is designed to provide a background and overview of the current science focusing on the effect of diet on GI microbiota and the interactive role of GI microbiota and nutrition in chronic disease and health. The session will conclude with “what we do know” and current recommendations for consumers.

Learning Objectives:
- Participants will gain knowledge in the background of microbiota of the gut.
- Participants will gain knowledge on the effects of diet on GI microbia.
- Participants will gain knowledge on the role of GI microbiota and nutrition in chronic disease and health.

Exhibits Open

10:15 a.m. - 11:45 a.m., Monday 8/1, Pavilion
- Nutrition Break served 10:15 a.m. - 10:45 a.m.

Poster Abstracts & Exhibits Open

10:15 a.m. - 11:45 a.m., Monday 8/1, Pavilion | 1.5 CEU
P131 Alexandria Washington, MPH, PhD student, An Assessment of Nutrition and Physical Activity Among Black College Women
P132 Lanae Ball, PhD, Design and Implementation of a Garden-Based Service Learning Program for Nutrition and Dietetic Students: A CBPR Approach
P133 Betty Izumi, PhD, MPH, RD, Impacts of a Nutrition Intervention on Attitudes Towards Food Preparation and Liking of Target Vegetables Among Parents in a Home Visiting Program
P134 Rocio Mendez, BS, Cultural Influences on Mindful Eating Among Parents of Elementary School Children
P135 Jessica Jarick Metcalfe, MPH, Children’s Food Involvement is Related to Healthier Dietary Behaviors
P136 Amanda R. Oakley, BS, Feasibility of Culinary Skills Peer-Nutrition Education Delivery in Early Adolescent Youth
P137 Jennifer Utter, PhD, MPH, Supporting Families to Cook at Home and Eat Together: Findings From a Feasibility Study
P138 Rola Zahr, MPH, RD, Shaping Students’ Food Preferences Through Project CHEF, a Hands-On Cooking and Tasting School Program
P139 Gayle Povis Alleman, MS, RDN, Food Science (STEM) Curriculum for Middle /High School Youth Intensifies Career Interest in Food Science and Food Technology
P140 Carol Byrd-Bredbenner, PhD, RD, Childhood Obesity-Prevention Cognitions of Non-Nutrition Professionals Working With Young Children and Their Families
P141 Withdrawn
P142 Oksana Matvienko, PhD, Qualitative Analysis of Dietary Behaviors in Picture Book Fiction for 4 to 8 Year Olds
P143 Allison Ritter, BS, Habit Formation for Parenting Practices Designed to Change Youth Vegetable Intake
P144 Yukiko Ueda, PhD, Correlation Between Lunch Choice Behavior and “Values in Food Choice Scale” in Japan
P145 Pam Koch, EdD, Comparison of School Lunch Vegetable Subgroup Consumption in a Naturalistic Elementary School Cafeteria Setting

Session sponsored by the SNEB Foundation
Conference Programs - Monday, August 1

P146 Jennifer Mansfield, BS, The Effect of School Lunch Interventions and Policy Changes on Student Food Behavior 2006-2016: A Systematic Review

P147 Natalie Masis, MS, Designing and Evaluating a Training Protocol for Visual Estimation of Fruits and Vegetable Intake Among K-2nd Grade Students

P148 Tomoko Osera, PhD, Nutrition Education in the Classroom Utilizing MyPlate Improves Children’s Knowledge of Food Groups and Preferences in Kindergarten

P149 Mariana Perez, MA, Knowledge, Attitudes and Practices of Nutrition and Physical Activity in Children of Primary Schools in Chiapas, Yucatan and Quintana Roo, Mexico

P150 Elena Serrano, PhD, National Competitive Foods Standards in Rural Virginia Middle Schools: Smarter Snacking or Compliance Lacking?

P151 Jennifer Taylor, MS, Reliability of a Digital Imaging-Based Method for Estimating Food Selection and Consumption from Children’s Packed Lunches

P152 Krishna Thiagarajah, PhD, RD, LDN, Parent Attitudes Toward Meatless Meals at School

P153 Christopher Vogliano, MS, RDN, LD, The Development of a Food Waste Audit Tool for Foodservice Facilities

P154 Catherine Wickham, MS, RD, CD-N, Making It Count: Improving School Nutrition Professionals Knowledge of the National School Lunch Program Requirements

P155 Catherine Wickham, MS, RD, CD-N, FuelUp&Go!: Fueling Adolescents’ Food, Beverage, and Physical Activity Knowledge, Attitudes, and Behaviors

P156 Jennie Davis, BS, Ghanaian Nurses’ Nutrition and Young Child Feeding Education: Identification of a Need for Further Education

P157 Soo-Kyung Lee, PhD, RD, KRD, Food Allergy Management in School System of Incheon, South Korea

P158 Caroline Webber, PhD, RD, Two Countries, One Virtual Classroom: A Pilot Study

P159 Hiershenee Bhana, MHSc, In Defense of Food Curriculum: A Formative Evaluation of an Afterschool Middle-School Intervention

P160 Hiershenee Bhana, MHSc, Qualitative Needs Assessment: Pedagogical and Pragmatic Considerations for After-school Nutrition Education Programs


P162 Dipti Dev, PhD, Let’s Work Together Towards Children’s Nutrition: Building Bridge Between Child Care Providers and Parents for Promoting Child Health


P164 Stephanie Fokens, BS, AAS, Online Game to Support Nutrition Education

P165 Julie Garden-Robinson, PhD, RD, LDN, On the Move to Better Health Junior Promotes Behavior Change

P166 Annie Hardison-Moody, PhD, Incorporating Farmers’ Market Tours Into the Expanded Food and Nutrition Education Program: Best Practices and Lessons Learned

P167 Vanessa Karamanian, MD, MPH, Nutrition For Life: A Goal-Setting Approach to Delivering SNAP Education

P168 Lydia Kaume, PhD, RD, LDN, Evaluating Nutrition and Health Educational Needs of Foreign-Born in McDonald County Missouri

P169 Mi-Hyun Kim, PhD, Development and Evaluation of the Children’s Sugar Intake Reduction Program

P170 Oksun Kim, PhD, Current Status of Food-Related Educational Activities in School Lunch Programs in South Korea

P171 Sooyoun Kwon, PhD, Evaluation of an Education Program for Improving Dietary Quality of the Elderly With Risk of Dysphagia in South Korea

P172 Jenna Larsen, MS, A Train-the-Trainer Nutrition Education Program for Improving Preschoolers’ At-Home Diet

P173 Doreen Liou, EdD, RD, Undergraduate College Students’ Perceptions of Effective Nutrition Education Interventions

P174 Jessica Silldorff, MPH, Designing Online Nutrition Education for Low Digital Literacy Populations: Insights from the EatFresh.org Mini Course

P175 Rachel McBride, BS, Food Pantries: A Promising Venue for Identifying Those at Risk for Pre-Diabetes

P176 Rachel McBride, BS, Food Pantries: A Promising Venue for Diabetes Prevention Programs with a Health At Every Size® Emphasis

P177 Lauren McCullough, MPH, Positive Results of Single Lessons With Adult Learners of the Supplemental Nutrition Assistance Program – Education (SNAP-Ed)

P178 Katie McGirr, MS, RDN, Systematic Revision of the Eating Smart Being Active Curriculum to Reflect the 2015 Dietary Guidelines

P179 Paula Neira, Schools With Nutrition Education Program: You Learn You Choose You Change

P180 Christine Nelson, Connecting Youth to Local Agriculture and Building Developmental Assets Through Nutrition Education

P181 Terra Newman, MPH, RD, Loving Support Award of Excellence in the Special Supplemental Nutrition Program for Women, Infants and Children

P182 Bong Nguyen, BS, Impact of a Nutrition Education Intervention on Nutrition Knowledge and Dietary Intake of Fruits, Vegetables, and Milk Among Fourth and Fifth-Grade Elementary School Children

P183 Withdrawn

P184 Haeryun Park, PhD, RD, LDN, Developing a Social Cognitive Theory-Based Nutrition Education Program for Adolescents in Korea

P185 Melissa Pfugh Prescott, PhD, RDN, Teacher Well-Being Practices are Positively Associated With Teacher Perceptions of Fuel for Fun Tasting Lessons

P186 Melissa Pfugh Prescott, PhD, RDN, School Wellness Programs Provide Resources for NYC Public Schools to Address Components of the District Wellness Policy

P187 Magley Quintana, BS, Healthier Habits: Nutrition Education Through Food Banks in Mexico

P188 Dan Remley, PhD, MSPH, Two Year Results of an Extension Online Diabetes Education Class

P189 Trina Robertson, MS, RD, Building Healthier Kindergarten Students Through Nutrition Education
Conference Programs - Monday, August 1

P190  Luanda Saltijeral, MA, Implementation of a Nutrition Education Program in Primary Schools in an Area with Patrimonial Poverty in Monterey, Mexico

P191  Susan Sisson, PhD, RD, LDN, CHES, FACES, Childcare Teacher Perceptions of Their Role in Child Health and Nutrition

P192  Sarah Stotz, MS, RD, LDN, CDE, SNAP-Ed Eligible Georgians’ Experience Using an eLearning Nutrition Education Program – A Qualitative Study

P193  Luiza Torquato, MPH, The Perspective of the Learner and the Educator About a Food and Nutrition Education Program Developed With Women in Brazil

P194  Suzanne van Rijn, MAEEd, Social Media Videos Enhance Face-to-Face Interactions with EFNEP Audiences

P195  Brent Walker, MS, RD, Launching a Comprehensive SNAP-Ed Social Marketing Campaign Utilizing the Cooperative Extension Model

P196  Cami Wells, MS, RD, Food Fun for Young Children Newsletter: Serving Up Healthy Snacks and Meals that Include Healthy Eating Behavior Strategies

P197  Lynda Zimmerman, MS, RD, LD, Nutrition Education to Increase the Self-Efficacy of Low-Income Children to Make Healthy and Safe Food Choices


P199  Priya Khorana, MS, Recess or Lunch First? Impact on Recess Physical Activity Levels and Pro-Social Behaviors and Classroom Readiness to Learn

P200  Sarah Lisson, Development of a Meal Creation Tool to Assess Knowledge and Preference Among Preschool Children

P201  Rebecca Seguin, PhD, CSCS, HEART Clubs: Encouraging Healthy Eating and Activity in Rural Towns

P202  Christopher Snead, PhD, Farmers’ Market Fresh: Engaging Limited-Resource Families in Tennessee

P203  Margaret Udahogora, PhD, RD, Development of a Jamaican Nutrition Exchange List Using Culturally Accepted Foods

P204  Withdrawn

P205  Oak-Hee Park, PhD, RD, Measuring the Food Environment of the East Lubbock Community by Using Geographic Information System

P206  Amanda D. Peterson, RD, Teacher Perceptions of Multi-level Policies and the Influence on Nutrition Education in North Carolina Head Start Preschools

P207  Diane Smith, RD, MA, Creating Collaborative Solutions to Food Access Concerns Among Food System Stakeholders Using the Socioecological Model

P208  Aner Tal, PhD, MBA, MA, BA, What Would Brad Pitt Eat? How Popularity Can Make Food Tasty

P209  Aner Tal, PhD, MBA, MA, BA, Tastes Like Who I Want to Be: Making Foods Tastier by Linking to Desirable Social Image

P210  Nicholas Younginer, MA, Conflicting Perspectives on the SNAP Program and Its Participants: Cost, Health, Individualism, and Fraud

P211  John Brand, PhD, More Beer, Less Talk: Modern Beer Advertisements Suggest Larger Consumption Norms

P212  John Brand, PhD, Depicted Versus Stated Serving Sizes: Exaggerated Servings on Packaging Encourage Overeating

P213  Karen Davison, PhD, RD, Relationships Between Previous 12-Month and Lifetime Illicit Substance Use and Food Insecurity in British Columbia

P214  Marie Kainoa Fialkowski, PhD, RD, LDN, Changes in Community Readiness in the Children’s Healthy Living (CHL) Program in Remote Underserved Minority Populations of the Pacific

P215  Alyce Fly, PhD, Use of Athlete Heroes to Improve Determinants of Fruit- and Vegetable-Eating Behaviors of School Children

P216  Karen Franck, PhD, The Importance of Cognitive Interviews as a Face Validity Method for Nutrition Education Surveys for Limited-Resource Audiences

P217  Katherine Greene, MPH, The Impact of Smarter Lunchroom Interventions on Vegetable and Fruit Selection and Consumption in Middle School Cafeterias


P219  Alisha Gaines, PhD, The Smarter Lunchrooms Randomized Controlled Trial: 2014-2015 Process Evaluation Results

P220  Matthew Graziose, MS, School Neighborhood Environment, Cognitive Mediators, and Fast Food Consumption Among Urban Youth: Applying the EnRG Framework

P221  Janet Kurzynske, PhD, Fruit and Vegetable Consumption of Division I Collegiate Football and Volleyball Players Pre and Post Deregulation of Snacks

P222  Nicole Larson, PhD, MPH, RDN, Individual and Environmental Correlates of Adolescents’ Energy-dense Snack Food Consumption

P223  May May Leung, PhD, RD, LN, Mindfulness-Based Pilot Study to Reduce Childhood Obesity Risk in Underserved Urban Children: Preliminary Findings

P224  Tonya Horacek, PhD, RD, College Student’s Meal Management and Fast Food Ordering Behaviors

P225  Alexandra Lundquist, BS, An Exploratory Look at Paternal Support for the Breastfeeding Mother During the Transition to Non-Parental Childcare

P226  Krystal Lynch, PhD, MPH, Opportunities to Support Rural Community Health Coalitions in Indiana

P227  Catherine Metzgar, PhD, RD, The Role of Social Support in Weight Maintenance in a Sample of Premenopausal Women

P228  Fred Molitor, PhD, Reach of SNAP-Ed Interventions Related to Healthful Food and Beverage Consumption Among Low-Income Mothers in California

P229  Deanne Moosman, MS, “Creating a Colorful Plate” to Increase Fruit and Vegetable Consumption: Does It Work With College Students?

P230  Elizabeth Nix, RD, The Effect of Descriptive Social Norms on Skin Carotenoid Scores and Fruit and Vegetable Intake in College Students

P231  Sohyun Park, PhD, Knowledge of Health Conditions Related to Drinking Sugar-Sweetened Beverage and Sugar-Sweetened Beverage Intake Among U.S. Adults
### Conference Programs - Monday, August 1

<table>
<thead>
<tr>
<th>Session</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>P232</td>
<td>Shannon Pierson, BS, Factors Associated with Emotional Eating and Mindless Eating Among Third-to-Fifth Grade Students</td>
</tr>
<tr>
<td>P233</td>
<td>Giselle Pignotti, PhD, RD, Motivations About Fruit and Vegetable Consumption Do Not Translate to Increased Intake Among International College Students</td>
</tr>
<tr>
<td>P234</td>
<td>Summer Porter, MS, RD, What We Like and What It’s Worth: Preferences and Values of WIC Foods and WIC Food Packages</td>
</tr>
<tr>
<td>P235</td>
<td>Zubaida Qamar, MS, Attitudes Affecting Decisions to Consume Fruits and Vegetables in South Asians</td>
</tr>
<tr>
<td>P236</td>
<td>Rebecca L Rivera, MPH, SNAP-Ed Improves Long-Term Household Food Security Despite Participation in SNAP or WIC at Recruitment</td>
</tr>
<tr>
<td>P237</td>
<td>Lauren Sastre, MS, Nutrition Education Interests, Needs and Perceptions of Newly Arrived Caregivers</td>
</tr>
<tr>
<td>P238</td>
<td>Lauren Sastre, MS, Nutrition Experiences and Perceptions of Newly Arrived Youth</td>
</tr>
<tr>
<td>P239</td>
<td>Rebecca Heme, Healthy Kids, Health Families - A Paraprofessional-Led Intervention for Low-Income Families With Overweight or Obese Children</td>
</tr>
<tr>
<td>P240</td>
<td>Emma Simpson, BS, Perceived Stress, Caffeine Consumption, and GPA of Undergraduate Students at a Large Public University</td>
</tr>
<tr>
<td>P241</td>
<td>Cassidy Sloot, Old Tradition, New Perspective: Provider Opinions on the Effectiveness of Yoga as a Treatment Method for Eating Disorders</td>
</tr>
<tr>
<td>P242</td>
<td>Katherine Speirs, PhD, Feeding for the Future: Child Care Providers’ Feeding Practices and Access to Training</td>
</tr>
<tr>
<td>P243</td>
<td>Taren Swindle, PhD, “Fill Their Belly or Expose Them to New Foods?”: A Qualitative Study of Early Educators’ Nutrition Experiences and Beliefs</td>
</tr>
<tr>
<td>P244</td>
<td>Serah Theuri, PhD, RD, The Need to Promote Changes Related to Meeting Dietary Recommendations Among University Students</td>
</tr>
<tr>
<td>P245</td>
<td>Emily Van Washenova, MS, A Case for Vitamin D Supplementation: Deficient and Insufficient Levels During Pregnancy</td>
</tr>
<tr>
<td>P246</td>
<td>Heidi Wengreen, PhD, RD, LDN, Development and Feasibility of a Multi-Media Digital Dietary Assessment Method</td>
</tr>
<tr>
<td>P247</td>
<td>Jade White, MS, Campus Environment Perceptions Impact Fruit and Vegetable Intake and Vigorous Physical Activity in College Students</td>
</tr>
<tr>
<td>P248</td>
<td>Withdrawn</td>
</tr>
<tr>
<td>P249</td>
<td>Taejung Woo, PhD, Assessment of Stage of Change and Social Cognitive Factors for Increasing Vegetables Preference in Korean Adolescents</td>
</tr>
<tr>
<td>P250</td>
<td>Priscilla Connors, PhD, RDN, The Influence of Organic Labeling and Price on Restaurant Menu Choice</td>
</tr>
<tr>
<td>P251</td>
<td>Withdrawn</td>
</tr>
<tr>
<td>P252</td>
<td>Caroline Dunn, MS, RD, LDN, A Qualitative Evaluation of Experiences Using eHealth for Weight Loss</td>
</tr>
<tr>
<td>P253</td>
<td>Alice Henneman, MS, RD, Using Electronic Mailing Lists to Develop Constituencies, Engagement, and Opportunities for Knowledge and Behavior Change</td>
</tr>
<tr>
<td>P254</td>
<td>Maggie Moon, MS, RDN, Consumer Subjective Social Feelings as a Function of Snack Type</td>
</tr>
<tr>
<td>P255</td>
<td>Kristin Riggsbee, BS, LPN, Social Media and Dietary Patterns Among College Students</td>
</tr>
<tr>
<td>P256</td>
<td>Monica Silva, BS, Cultural Differences Expressed by WIC Participants While Evaluating a WIC App for Nutrition Education</td>
</tr>
<tr>
<td>P257</td>
<td>Gabrielle Turner-McGrievy, PhD, MS, RD, Diet Tracking Mobile App Ownership is not Associated With Lower Weight, Energy Intake, or Improved Weight Loss Behaviors</td>
</tr>
<tr>
<td>P258</td>
<td>Seungmin Lee, PhD, Development and Application of Web-based Dietary Evaluation System Using Food Frequency Questionnaire for Korean Adolescents</td>
</tr>
<tr>
<td>P259</td>
<td>Hope Kleine, BS, Barriers and Facilitators to Weight Maintenance After Reaching a Goal Weight Within a Meal Replacement Program</td>
</tr>
<tr>
<td>P260</td>
<td>Claire Mademann, RD, The Undiet Revolution: Impact of a Nutrition and Mindful Eating Intervention on Eating Behaviors and Weight Loss</td>
</tr>
<tr>
<td>P261</td>
<td>Megan Mueller, MPH, Behavioral Correlates of Empirically-Derived Dietary Patterns Among University Students</td>
</tr>
<tr>
<td>P262</td>
<td>Kelly Nemec, BS, Content Validity of the Child Nutrition and Physical Activity Screening Tool</td>
</tr>
<tr>
<td>P263</td>
<td>Brooke Nobles, MS, RD, The Impact of Health at Every Size Versus a Weight Loss Intervention on Diet</td>
</tr>
<tr>
<td>P264</td>
<td>Audrey Opopu-Acheampong, MS, Exploring Healthy Behaviors and Chronic Diseases Risk Factors Among College Students</td>
</tr>
</tbody>
</table>

### Meeting
- 11:15 a.m. - 12:15 p.m. | Resolution Forum | All Welcome | Grand C
- 11:15 a.m. - 12:45 p.m. | Foundation Trustees | Trustees and scholarship recipients only | Nautilus 3

### Making It Count: Get Online with a Multi-Faceted, Multilingual, Professional Development Program for School Nutrition Personnel

12:45 p.m. - 2:15 p.m., Monday, 8/1 | Grand AB | 1.5 CEU

**Moderator:** Sally Teixeira, Massachusetts Department of Elementary and Secondary Education

**Speakers:** Sally Teixeira, Massachusetts Department of Elementary and Secondary Education; Lynne Ivors Thompson, MS, UMass Extension Nutrition Education Program, University of Massachusetts Amherst; Catherine A. Wickham, MS, RD, CDN, UMass Extension Nutrition Education Program, University of Massachusetts Amherst

The Healthy Hunger-Free Kids Act of 2010 set the framework for healthier school meals. New efforts have also been made to ensure accountability in operating child nutrition programs. This has opened the door for school nutrition personnel to seek professional development opportunities to address these changes as well as new USDA professional standards. Through this program participants will gain a deeper appreciation of the value of professional development. They will experience a selection of Making it Count's multilingual videos, interactive online and site-based activities focusing on new meal requirements, accountability, and accessibility; and review resources (handouts, facilitator guides and more).
Learning Objectives:
• Gain an appreciation of the value of personnel development and USDA professional standards for school nutrition professionals.
• Increase knowledge of why Making it Count was developed to improve integrity of school nutrition programs.
• Increase awareness of how Making it Count can be used as a multi-faceted, multilingual professional development program for all school nutrition personnel.

Duplicate Yourself! (How to Reach 100,000+ People by Going Virtual with Your Demos)
12:45 p.m.- 2:15 p.m., Monday 8/1 | Grand C | 1.5 CEU
Moderator: Joanne Kinsey, MS, CFCS, CWWS, Rutgers Cooperative Extension
Speakers: Jesse Sharrard, BA, AST, Greater Pittsburgh Community Food Bank; Joanne Kinsey, MS, CFCS, CWWS, Rutgers Cooperative Extension; Alice Henneman, University of Nebraska-Lincoln Extension

Eating healthier can be a daunting road to travel. In this session, discover ways that you can apply marketing techniques and toward the glamorization of healthy alternatives, identify credible spokespeople to advance your healthy eating message, and take advantage of free social media tools that can be used to extend and enhance programmatic efforts when demonstrating healthy cooking techniques. Leave this session with a plan for developing your personalized cooking demonstration strategy that can increase the likelihood your clients are able to build and maintain healthy habits they enjoy.

Learning Objectives:
• Participants will understand the direct connection between cooking skills and ability to follow dietary guidelines.
• Session participants will be able to identify three methods of demonstrations using videos, online newsletter, or fact sheet (a method other than face-to-face) that can potentially be used when presenting cooking techniques to consumers/community.
• Participants will observe and identify the differences that graphic design make in a recipe’s perceived appeal.

Global Food Systems: Solutions for a Growing World
12:45 p.m. - 2:15 p.m., Monday, 8/1 | Nautilus 1&2 | 1.5 CEU
Moderator: Seung-Yeon Lee, PhD, SNEB Division of International Nutrition and Education
Speakers: Andrew Jones, PhD, University of Michigan Department of Nutritional Sciences; Angie (Anchi) Mei, AICP, MLA, MCP, International Rescue Committee; Rishi Kumar, The Growing Home

Nutrition professionals play a role in finding solutions to provide food that is safe and nutritionally sound for the growing population. This session will begin with an overview on food systems and how it impacts public health nutrition at both a regional and global level. Participants will learn the nutritional challenges in feeding a growing population and the health, economic and environmental impacts of our current food system. Speakers will share their approaches used to address the challenges faced in our global food system. A group discussion will follow that allows the audience to interact and brainstorm solutions together.

Learning Objectives:
• Describe the potential implications of food systems in low-income countries, especially agricultural biodiversity, on the quality of diets and the nutritional status of vulnerable populations.
• Learn about the economic and environmental impacts of our current food system and explore local and sustainable approaches used to address these impacts for the benefit of our health.
• Understand the importance of urban farms and gardens as connection points for children to have access to healthy foods and environments.

Session supported by the SNEB Public Health Nutrition Division and Division of International Nutrition and Education

Debate: Weight as a Measure of Health vs. Health at Every Size Concepts
2:30 p.m. 4:00 p.m., Monday 8/1 | Grand AB | 1.5 CEU
Speakers: Dr. Glenn A. Gaesser, Director, Healthy Lifestyles Research Center at Arizona State University; Dr. Christopher D. Gardner, Director of Nutrition Studies at Stanford Prevention Research Center

Speakers will:
• Describe their work on obesity and the strategies that they have used, detailing the elements that they found most important including their results.
• Provide evidence based examples that show the relationship between weight status and health in a number of ways including its relationship with chronic diseases.
• As a way of bridging both perspectives, provide a brief aspect of what they think is positive in the Health at Every Size concept.

In the conclusion, they will deliver a clear recommendation of the next practice in fight against obesity and where we need to improve in our practice, measurements, and conclusions. It is imperative that the attendees get clear recommendations of what has worked and where we need to be going in our practice if we want to make a dent in fight against obesity and related chronic diseases.

Scholarship of Teaching & Learning: Innovative Collaborative Learning Strategies for Nutrition Education
4:15 p.m - 5:15 p.m., Monday, 8/1 | Grand AB | 1 CEU
Moderator: Natalie K. Cooke, PhD, North Carolina State University
Speaker: Natalie K. Cooke, PhD, North Carolina State University; Karla Shelnutt, PhD, RD, University of Florida; Marissa Burgermaster, PhD, MAED, Columbia University Medical Center; Amanda Peterson, BS, RDN, East Carolina University; Virginia Carraway-Stage, PhD, RDN, LDN, East Carolina University

Those teaching nutrition in higher education settings are often asked to produce scholarship while balancing a heavy teaching load. The scholarship of teaching and learning (SoTL) session provides nutrition educators in higher education the opportunity to learn about research-based next practices that can be used to evaluate and improve student-learning outcomes, while producing research suitable for peer-reviewed publication. The focus of this session is to share creative collaborative learning strategies being used in undergraduate and graduate nutrition courses across the nation with an emphasis on topics related to technology, writing, and critical thinking.
Conference Programs - Monday, August 1

Learning Objectives:
• Participants will be able to describe the concept of Scholarship of Teaching and Learning.
• Participants will be able to discuss creative approaches to collaborative learning in undergraduate/graduate nutrition courses with an emphasis on topics related to technology, writing, and critical thinking.
• Participants will be able to identify next practices that they may be interested in applying in their classrooms to improve student-learning outcomes.

MyPlate Promotion Campaign Leverages Key Messages from the 2015 Dietary Guidelines for Americans
4:15 p.m. - 5:15 p.m., Monday, 8/1 | Grand C | 1 CEU
Speaker: Jackie Haven, MS, RD, USDA Center for Nutrition Policy and Promotion; Kellie Casavale, PhD, RD, US DHHS/ODPHP

We all eat every day, but how can we help Americans make food decisions that are better for their health? CNPP will share messages gained from consumer insights and discuss how these findings are being used to more effectively reach the public with science-based nutrition messages.

The presenter will share strategies on how organizations, especially those that promote healthy eating messages and products, can use research based on the Dietary Guidelines to influence their audience’s behavior toward more healthful food decisions.

Learning Objectives:
• Review key messages based on MyPlate consumer insights.
• Identify how nutrition educators can leverage MyPlate Campaign to reach a variety of target audiences.
• Examine how MyPlate nutrition messages can reach consumers through gamification technology.

Childhood Obesity Prevention Research through a Community Context
4:15p.m. - 5:15 p.m., Monday, 8/1, Nautilus 1&2 | 1 CEU
Moderator: Paula Peters, PhD, Research and Extensions, Family and Consumer Sciences, Kansas State University
Speakers: Abby Gold, PhD, MPH, RD, Department of Public Health, College of Health Professions, North Dakota State University; Sandy Procter, PhD, RD, LD, Department of Human Nutrition, Kansas State University; Carol Smathers, MS, MPH, Ohio State University Extension

Establishing a culture and environment of healthful eating and physical activity focused on preventing childhood obesity is best accomplished with an engaged community team who take action in multiple levels of the socio-ecological construct. Community and environmental assessments within rural, low-income communities provide a broad understanding of needs which in turn inform plans for improvement. Collectively identifying and evaluating resources, developing strong community coalitions and training community coaches to facilitate decision making, enhances community members’ enthusiasm to participate and contributes to success. Reliance on qualitative and quantitative data findings secures sustainability and future efforts.

Learning Objectives:
• Determine whether a new Extension model will be identified as the next practice tool for preventing childhood obesity.
• Characterize how to effectively increase capacity and engage communities to create and sustain a healthy environment for young children.
• Define effective collaborations among 7 states with community coalitions and/or community coaches to achieve goals SNEB/SNEBF gratefully acknowledges the underwriting of this activity provided by Abbott Nutrition Health Institute. Acceptance of these resources does not imply endorsement of the donor or its mission, products, or services.

Meetings
• 5:30 p.m. - 6:30 p.m. | Student Committee Meeting | All Welcome | Spinnaker
Come learn more about the SNEB Student Committee and opportunities to get involved. You’ll also have the opportunity share your input and start planning activities for the student sub-committees to work on, so bring your ideas!
• 5:30 p.m - 6:30 p.m. | NIFA-AFRI Reception | Invitation Only | Nautilus 3

Early Childhood and Beyond: CACFP Meal Patterns Final Rule, Best Practices, and Resources
7:00 p.m - 8:00 p.m., Monday, 8/1 | Grand AB | 1 CEU
Moderator: Alicia H White, MS, RD, Chief, Nutrition Education and Promotion Branch, Nutrition, Education, Training, and Technical Assistance Division
Speaker: Andrea L. Farmer, MS, RD, LD, Chief, Community Meals Branch, Policy and Program Development Division, USDA Food and Nutrition Service, Child Nutrition Programs; Cheryl Jackson Lewis, MPA, RD, LDN, Director, Nutrition, Education, Training, and Technical Assistance Division, USDA Food and Nutrition Service, Child Nutrition Programs

This session highlights the Child and Adult Care Food Program (CACFP) Meal Patterns Final Rule that was released in April 2016 and represents the first major changes to meals and snacks since the Program’s inception in 1968. Under the new standards outlined in the rule, meals and snacks will include a greater variety of vegetables and fruit, more whole grains, and less added sugar and saturated fat, and child care sites will also receive increased support for breastfeeding. These new standards will help safeguard the health of infants and children early in their lives and improve the wellness of adults.

USDA will provide an overview of the requirements of the final rule and best practices, showcase training and nutrition education resources to support implementing of the new meal standards, and discuss the value that nutrition educators and nutrition educa-
tion experts can bring to facilities and institutions participating in CACFP. Findings from USDA’s formative research study on nutrition, physical activity, and electronic media use in CACFP will also be highlighted to show the challenges that providers face in implementing guidelines as well as their technical assistance needs.

Tuesday, August 2

Coffee And...
Optimal Nutrition at First Bite: Identifying First Foods for Healthier Lifespans
7:00 a.m. - 8:30 a.m., Tuesday, 8/2, Grand C | Breakfast served | RSVP required although there is no cost | 1 CEU

Speaker: Julia Nordgren, MD, Pediatric Lipid Specialist, Palo Alto Medical Foundation

Nutrient density, texture/consistency and flavor profile are all important considerations when choosing first foods to feed infants and toddlers. Yet, these characteristics may not only be important during the first two years of life. Research shows, babies’ diets during the complementary and transitional feeding period may influence eating behaviors in early childhood and later in life. This session will explore the current science investigating optimal first foods to help ensure lifelong healthy eating habits, and provide recommendations on best practices for health professionals to follow when counseling clients and the public.

Learning Objectives:
• Amplify science findings to help improve knowledge among health professionals and colleagues on best practices to follow when feeding infants and toddlers.
• Counsel clients and the public on specific food combinations to ensure toddlers and infants are exposed to appropriate textures and flavors, and are meeting nutrient needs.
• Create tools and tips to help caregivers choose optimal foods for their infants and/or toddlers to ensure they are building lifelong healthy eating habits.

SNEB/SNEBF gratefully acknowledges the underwriting of this activity provided by Hass Avocado Board. Acceptance of these resources does not imply endorsement of the donor or its mission, products, or services.

8:30 a.m. - 10:00 a.m., Tuesday, 8/2, Grand AB | 1.5 CEU
Moderator: Nicole Turner-Ravana, MS, Strategic Nutrition Communications LLC
Speakers: Robert C. Post, PhD, MEd, MSc, Chobani, LLC; Tish Van Dyke, Edelman

Our food landscape reflects a bumpy terrain of debate around the “best” food choices. A variety of communicators are impacting consumer perceptions, values and demands for different foods and expanding the view of why people make the choices they do, whether science-based or not. This session will include a panel discussion around the challenges of compelling yet science-based nutrition communication strategies and include key skill building techniques for the next practice to be more effective as nutrition educators and more influential within your realm of food dialogue.

Learning Objectives:
• Identify current communications influences on consumer/public perceptions and behaviors related to nutrition;
• Utilize resources and strategies used in popular media to impact nutrition knowledge;
• Demonstrate key skills and vocabulary that can help them be a more effective communicator within their work.

Session sponsored by the SNEB Foundation

USDA NIFA-AFRI and Team Nutrition Poster Abstracts
10:00 a.m.- 12:00 p.m., Tuesday, 8/2, Pavilion | 2 CEU
Look for QR code artwork in the corner of a poster board. Scan the code with your phone or tablet to link to a full version of the poster artwork online as supplemental material to the abstract in the online edition of the Journal of Nutrition Education and Behavior (www.jneb.org). This is a great way to remind yourself of the research you want to review more closely after conference.

Team Nutrition
FP1 Tessa Adcock, MS, RD, LDN, Kansas Team Nutrition
FP2 Gail Anderson, MPH, RD, Scratch Cooking and Smart Snacks: A Minnesota Team Nutrition Recipe Book
FP3 Katie Bark, RD, LD, SNS, Outcomes From a Montana School Wellness in Action Mini-Grant Program and Implications for Sustaining Long-Term Policy Support
FP4 Lynn Boyd, MPH, South Carolina Team Nutrition 2014: Growing Healthy in Child Care
FP5 Patti Delger, RD, LD, Satisfy Students’ Taste Preferences Through Smarter Lunchroom Changes
FP6 Kelly Williams, RD, CD, Creating Wisconsin Smarter Lunchrooms to Increase Student Selection of Healthful Foods
FP7 Nick Drzal, MPH, RDN, Michigan Team Nutrition Boost Breakfast Initiative Increases Breakfast Participation
FP8 Elizabeth Foland, MS RD, Evaluation of Collaborative Efforts Between Foodservice and Family and Consumer Sciences Teachers to Teach Students
Conference Programs - Tuesday, August 2

FP9  Christanne Harrison, MPH, RD, Successful Smarter Lunchrooms Implementation Through Coach-Guided Assessment and Technical Assistance
FP10  Heather Hauswirth, RD, Take Action in School Wellness: A Training for Colorado Schools and Districts
FP11  Alma Hopkins, RD, MEd, LD, Marketing Events for Salad Bars Show an Increase in Student Participation
FP12  Barbara Keen, RD, Missouri’s MOVE Smart Child Care Coaching Project
FP13  Susan Patton, MS, RD, LDN, Using Social Media to Educate School Nutrition Professionals

FP14  Zainab Rida, PhD, RD, LDN, Nebraska Team Nutrition Supports Sustaining Healthy Nebraska Schools Through the Coordinated School Health (CSH) Initiative
FP15  Megan Olesen, MS, RD, LN, South Dakota Team Nutrition: PhotoVoice and Farmers Grow MyPlate
FP16  Megan Sweat Lopes, MPH, Maryland’s Team Nutrition Wellness Champions for Change: School-Level Wellness Policy Implementation
FP17  Brenda Thompson-Wattles, RD, Idaho’s Chef Designed School Breakfast Workshop
FP18  Kathryn Hoy, MS, RD, LDN, Enhancing Health Choices in South Carolina Schools—Highlights From South Carolina’s Team Nutrition Training Efforts to Enrich Cafeterias in Strikeforce Countries

NIFA-AFRI

NP1  Alyssa Havlovic, MS, RD ACSM EP-C, Growing Healthy Kids Program Evaluation
NP2  Erica Weintraub Austin, PhD, Field Testing of a Family-Based Media Literacy and Nutrition Program to Prevent Childhood Obesity
NP3  Laura Bellows, PhD, RD, MPH, The HEROs Study: Bridging Home and Preschool Environments to Promote Healthy Eating and Activity Behaviors and Prevent Obesity In Early Childhood
NP4  Laura Bellows, PhD, RD, MPH, Longitudinal Findings from the Colorado LEAP Study: An Obesity Prevention Study in Early Childhood

NP5  Annie Harrison-Moody, PhD, Using Community-Led Mini-Grant Projects to Increase Access to Healthy, Affordable Food and Places to be Active
NP6  Holly Brophy-Herb, PhD, Effectiveness of Supports for Family Mealtimes on Obesity Prevention Among Head Start Preschoolers: The Simply Dinner Study
NP7  Carol Byrd-Bredbenner, PhD, RD, FAND, HomeStyles: Shaping Home Environments and Lifestyle Practices to Prevent Childhood Obesity- A Randomized Controlled Trial
NP8  Anna McAlister, PhD, The Use of Coupons to Motivate Healthier Snack Food Choices Among Children: Results of the CHOMPS Pilot
NP9  Susan Evans, PhD, Fighting Obesity Among Low-Income 9-14 Year Olds: A Home-Based Intervention Using Mobile Phones to Deliver Customized Nutrition Outreach

NP10  Catherine Coccia, PhD, RD, Developing the Mentoring, Education, and Nutrition Knowledge for Teachers to Reduce Obesity Risk in Children (M.E.N.T.O.R.) Project: In-Service and Pre-Service Teacher Needs Assessment Results
NP11  Lesley Cottrell, PhD, Best Practices and Lessons Learned from the Choose to Change Project: Nutrition Education and Interventions for Preschool Children
NP12  Sarah Colby, PhD, RD, A Social Marketing and Environmental Change Intervention: Get Fruved Years 01-02
NP13  Jose Condor, BS, Barriers to the Delivery of Children’s Physical Activity in California’s Central Valley
NP14  Leslie Cunningham-Saboo, PhD, RDN, Fuel for Fun: Cooking with Kids Plus Parents and Play – Year 4 Achievements
NP15  Marsha Davis, PhD, Using the Child as Change Agent for Preventing Childhood Obesity in Rural Georgia: Year One Home Environment Results
NP16  Karina Diaz Rios, PhD, Spanish Adaptation of My Child at Mealtime: A Feeding Style Self-Assessment Tool for Low-Income Parents of Preschoolers
NP17  Sharon Donovan, PhD, RD, Publication Patterns of PhD Students in the Illinois Transdisciplinary Obesity Prevention Program vs. Traditional Programs
NP18  Nancy Findholt, PhD, RN, Engaging Youth as Advocates to Create Healthy Snacking Zones Around Rural Schools – Year 4
NP19  Lori Francis, PhD, Optimizing a Childhood Obesity Prevention Program Using an Engineering-Inspired Framework
NP20  Alisha Gaines, PhD, CHES, Process Evaluation of the Smart Lunchrooms Randomized Controlled Trial: Years 1-3

NP21  Joan Giampoli, PhD, RDN, Development of a Mindful Eating Intervention Among Elementary School Children and Their Parents
NP22  Katherine Greene, MPH, Smarter Lunchrooms Randomized Control Trial: Results from Year 3
NP23  Erin Hager, PhD, Approaches to Enhancing Wellness Policy Implementation in Schools to Promote Healthy Behaviors and Prevent Obesity
NP24  Linda Whent, PhD, Purchases Made With a Fruit and Vegetable Voucher Among Mexican-Heritage Households
NP25  Tisa Hill, MPH, Talking to Parents of Middle School Children About How to Support Healthy Food Choices at Home and at School

NP26  Sheryl Hughes, PhD, Use of Engaging Online Videos in Conjunction With New Feeding Content to Enhance a Current EFNEP Program
NP27  Pamela Hull, PhD, Children Eating Well (CHEW) Smartphone Application for WIC-Participating Families With Preschool Children
NP28  Ghaffar Hurtado, PhD, Latino Fathers Promoting Healthy Youth Behaviors
NP29  Deborah John, PhD, Generating Rural Options for Weight Healthy Kids and Communities – Outcomes and Impacts
NP30  Mary Wilson, MPH, COPASCities: Building Capacity for Food Systems Change for Childhood Obesity Prevention in South Carolina Communities
Conference Programs - Tuesday, August 2

NP31 Lucia Kaiser, PhD, RD, Niños Sanos, Familia Sana: A Multi-Component Intervention to Prevent Obesity in Mexican-Heritage Children in Rural California

NP32 Tandalayo Kidd, PhD, RD, LPN, A Data Summary of a Community-Based Participatory Research Project Targeted Toward the Prevention of Adolescent Obesity

NP33 Julie Lumeng, MD, Enhancing Self Regulation as a Strategy for Obesity Prevention in Head Start Preschoolers

NP34 Rosa Manzo, PhD, Demographic and Parenting Differences in the Niños Sanos, Familia Sana Communities

NP35 Jessica Meendering, PhD, EP-C, Creating a Transdisciplinary Childhood Obesity Prevention Program: A Focus on Interprofessional Education and the Triple Aim

NP36 Mary Jo Messito, MD, Starting Early/Empezando Temprano: Randomized Control Trial to Test the Effectiveness of an Early Obesity Prevention Program

NP37 Claudia Mincemoyer, PhD, Partnerships to Integrate Health Education for Child Care Professionals

NP38 Ruby Natale, PhD, PsyD, Healthy Caregivers-Healthy Children: A Train-the-Trainer Implemented Childcare Center-Based Obesity Prevention Program

NP39 Cassandra Nikolaus, BS, Impact of a Grocery Store Tour on Parental Perception of Their Adolescent Child’s Presence and Role

NP40 Rachel Novotny, PhD, RD, LDN, Year 5 of the Children’s Healthy Living Program for Remote Underserved Minority Populations of the Pacific Region

NP41 Veronica Oates, PhD, RDN, Strengthening Youth Active and Media Savvy

NP42 Lenna Ontai, PhD, Correspondence Between My Child at Mealtime Responses and Observed Parent Behaviors During Mealtimes

NP43 Michele Polacsek, PhD, MHS, Supermarket Science: Multipronged Approaches to Increasing Fresh, Frozen and Canned Fruit and Vegetable Purchases

NP44 Francine Overcash, MPH, Using In-Home Behavioral Economic Strategies and Enhanced Food Preparation Skills to Increase Vegetable Intake and Variety Among Children

NP45 Paula Peters, Mobilizing Rural Low-Income Communities to Assess and Improve the Ecological Environment to Prevent Childhood Obesity

NP46 Lorrene Ritchie, PhD, RD, Technology and Design Innovation to Support 21st Century School Nutrition

NP47 Jennifer Savage Williams, PhD, The Pennsylvania State University Childhood Obesity Prevention Graduate Training Transdisciplinary Program

NP48 Sara Schaefer, PhD, Niños Sanos, Familia Sana - Impact on Child Physical Activity

NP49 Rebecca Seguin, PhD, CSCS, Innovative Community Supported Agriculture Cost-Offset Intervention to Prevent Childhood Obesity and Strengthen Local Agricultural Economies

NP50 Joseph Sharkey, PhD, RD, MPH, Salud Para Usted y Su Familia [Health For You and Your Family]: Constructive Evaluation of the Program-Planning Stage

NP51 Mical Shilts, PhD, Physical Activity and Screen Time 24-Hour Logs Validate a Brief Activity Tool

NP52 Suzanne Stluka, MS, RD, LN, Voices for Food: Bridging the Gap in Multi-State Collaborative Grant Efforts

NP53 Umekia R. Taylor, MS, RD, CDN, Connecticut Fitness and Nutrition Clubs In Motion—Prevention of Childhood Obesity via 4-H STEM Clubs in Urban Communities

NP54 Margarita Teran-Garcia, PhD, MD, We Don’t Know What We Don’t Know: Using Focus Groups to Tailor Nutrition Education in the Abriendo Caminos Community Intervention

NP55 Marilyn Townsend, PhD, RD, Obesity Risk, Parenting and Diet Quality Assessment for Spanish-Speaking Families With Preschool Children: EFNEP, Head Start, Medical Clinic-Year 1

NP56 Marilyn Townsend, PhD, RD, Focus on Snacks: Reliability and Validity

NP57 Kerry Vachta, PhD, Detroit Child Health Incubator Research Project: Creating a Transformational Community

NP58 Gregory Welk, PhD, Implementation Feasibility of School Modules Designed to Enhance the Evidence-Based Switch Obesity Prevention Program

NP59 Linda Whent, PhD, Classroom Teacher Impact on Student Physical Activity

NP60 Adrienne White, PhD, RD, LDN, Cooking, Eating and Playing Together: iCook 4-H Year 4

NP61 Siew Sun Wong, PhD, The WAVE—Ripples for Change: Obesity Prevention in High-School Soccer Players (Year 3 of 5)

Oral Abstract Presentations

10:15 a.m. to 11:45 a.m., Tuesday, 8/2 | Grand AB | 1.5 CEU
Moderator: Jamie S. Dollahite, PhD, RD

O1 Rachel Paul, MS, RD, #eatingoodtonight: A Social Media Campaign to Increase Awareness of Unhealthy Late Night Eating Among College Students

O2 Marissa Burgemaster, PhD, Effortful Control Predicts Behavioral Outcomes for Urban Youth Participating in a Childhood Obesity Prevention Intervention

O3 Colleen Spees, PhD, MEd, RDN, LD, FAND, e-Motivational Interviewing Coaching for Cancer Survivors: Feasibility, Preliminary Efficacy, and Lessons Learned

O4 Aliza Stark, PhD, RD, Nutrition Education Works: Increasing Nutrition Literacy and Promoting Healthy Eating in Israeli Adolescents

O5 Ann Lin, PhD, MPH, Nutrition Behavior Modification Through Mobile Technology

O6 Teresia Mbogori, MS, Effects of a Nutrition Education Intervention on Maternal Nutrition Knowledge, Child Care Practices and Nutrition Status

10:15 a.m. to 11:45 a.m., Tuesday, 8/2 | Grand C | 1.5 CEU
Moderator: Rickelle Richards, PhD, RD, MPH

O7 Catherine Lillehoj, PhD, Factors Influencing Nutritional Risk Among Congregate Meal Participants

O8 Jennifer Utter, PhD, Family Meals and Mental Health

Indicators of Adolescents: Findings from a National Study

O9 Suzanna Martinez, PhD, What Factors Increase Risk for Food Insecurity Among College Students?
Calling parents and caregivers . . . Are you there? . . . Can you hear me?

12:45 p.m.- 2:15 p.m., Tuesday, 8/2 | Grand AB | 1.5 CEU
Moderator: Leslie Cunningham-Sabo, PhD, RDN, Colorado State University

Speakers: Leslie Cunningham-Sabo PhD, RDN, Colorado State University; Kate Cronin, MPH, Department of Family Medicine and Comm Health University of Wisconsin-Madison; Myles Faith, PhD, University of Buffalo-SUNY; Melissa Offert, DrPH, MS, RDN, LD, West Virginia University; Lisa Franzen-Castle, PhD, RD, University of Nebraska-Lincoln; Barbara Lohse, PhD, RD, Wegmans School of Health and Nutrition, Rochester Institute of Technology

Engaging adults in nutrition education that targets their children has been challenging and frustrating; sometimes sideling anticipated outcomes. Experienced researchers and practitioners address this issue by discussing the use of social media and text messaging, and describing incentive delivery strategies and dosage options to enhance participation. Learners will be challenged to reconsider accepted practices and utilize new models in designing educational experiences for children that can drive parent/caregiver engagement.

Learning Objectives:
• Describe and discuss social media, text messaging and the dyad model as strategies to engage parents of children in nutrition education programs.
• Examine the role of nutrition education of children in the context of strengthening family relationships.
• Develop ideas for engaging parents/caregivers based on experience from iCook and Fuel for Fun outcome assessments.

Session supported by Wegmans School of Health and Nutrition, Rochester Institute of Technology

Food Insecurity: Double Burden of Malnutrition

12:45 p.m. - 2:15 p.m., Tuesday, 8/2, Grand C | 1.5 CEU
Moderator: Kavitha Sankavaram, MS, PhD, University of Maryland, College Park

Speakers: Daniel Remley, PhD, MSPH, Ohio State University Extension; Stacia Nordin, BS, RD, Never Ending Food; Paige Harrigan, MS, Save the Children

Over 800-million people suffer from hunger and nearly two billion people from undernutrition/underweight putting them at-risk for chronic diseases. This double-burden threatens the economies of countries due to increased healthcare costs associated with nutrition-related illnesses. To meet the challenge of providing nutrition guidance in a world where undernutrition and over nutrition co-exist, nutrition/healthcare professionals must understand the complex interplay of economic/social/environmental and behavioral factors that prevent people from consuming and fully benefiting from healthy diets. This session explores dual paradoxes of obesity/undernutrition and hunger and strategies to improve
Conference Programs Tuesday, August 2

national and international nutrition programs addressing all forms of malnutrition.

Learning Objectives:
- Explain the dual paradoxes of food insecurity related to obesity and hunger and its connection to health and environmental sustainability.
- Learn about the Rainbow of Colors Choice Food Pantry Model and how it might impact dietary quality and food insecurity.
- Understand processes, research efforts and approaches used to improve national and international agriculture nutrition programs and policies and identify strategies to address all forms of malnutrition.

Cognitive Load and Neuro-Economics: Implications for Health Literacy and Nutrition Education Program Design

12:45 p.m. - 2:15 p.m., Tuesday, 8/2 | Nautilus 1&2 | 1.5 CEU

Moderator: Alisha Farris, PhD, Virginia Tech

Speakers: George Davis, PhD, Virginia Tech; Elena Serrano, PhD, Virginia Tech

Cognitive load is determined by how much attention, focus, and concentration a decision requires. Neuro-economics is a relatively new field of economics that combines methods and theories from neuroscience, psychology, economics, and computer science to better understand the process of decision-making and the resulting choices. The goal of this session is to provide participants with a foundation in these disciplines to help develop more effective programming. This session will provide an overview of cognitive load and neuro-economics as they apply to food choices and nutrition with opportunities for group discussion to consider applications within programs and also research initiatives.

Learning Objectives:
- To understand the constructs of cognitive load and neuro-economics.
- To identify how cognitive load and neuro-economics help provide insight into food and nutrition choices, particularly among individuals with budget constraints, such as low-income individuals.
- To discuss strategies for addressing cognitive load and neuro-economics within nutrition education programs and research.

USDA Funding Opportunities in Nutrition Research, Education, and Extension

1:15 p.m. - 2:15 p.m., Tuesday, 8/2 | Nautilus 5 | 1 CEU

Moderator: Marly Diallo

Speakers: Deirdra Chester, PhD, RDN; Jane Clary Loveless, PhD, RN, MS, MCHES; Helen Chipman, PhD, RD; Cheryl Jackson Lewis, MPA, RD, LDN; Mallory M. Koenings, PhD, RDN

This session will provide an overview of USDA nutrition research and programs for conference participants. USDA will share information on research and programs. Following the speakers’ presentations an interactive discussion will provide an opportunity to share knowledge with conference participants and strengthen collaboration with USDA partners.

Public Policy Plenary Session - What’s on the Menu? Federal Policy Implications and Community Solutions Resulting From National Menu Labeling Requirements

2:30 p.m. - 4:00 p.m., Tuesday 8/2 | Grand AB | 1.5 CEU

Speakers: Margo Wootan, DSc, Center for Science in the Public Interest; Megan Mueller, MPH, Tufts University; Pam Smith, RD; Misty S. Nelson, RD, Taco Bell

This session will highlight how new national menu labeling requirements will affect nutrition information available in various settings. Speakers will discuss the implementation process across settings, the importance of this national public health policy and why nutrition education is a key variable in this policy’s ultimate success in driving healthier habits. Community and private sector initiatives will be shared, in addition to research around purchasing behavior and habits.

Learning Objectives:
- Understand implications of national menu labeling policy and critical role of nutrition education in its overall success.
- Gain knowledge of Childhood Obesity 180 menu labeling initiative.
- Learn how a leading food company has implemented menu labeling in a chain restaurant.

SNAP to it! Collaborating to Enhance School Wellness Policies

4:15 - 5:15 p.m., Tuesday, 8/2 | Grand AB | 1 CEU

Moderator: Cheryl Jackson Lewis, MPA, RD, LDN, USDA Food and Nutrition Service

Speakers: Erika Pijai, MS, RD, USDA Food and Nutrition Service; Katie O'Brien, USDA Food and Nutrition Services Western Regional Office; Heather Reed, MA, RDN, California Department of Education; Shannan D. Young, RDN, SNS, Dairy Council of California; Kate McDevitt, UC San Diego School Of Medicine, Center for Community Health

Local school wellness policies (LWP) are an important tool for establishing healthy school environments. Schools are encouraged to include SNAP-Education coordinators and educators on LWP committees. State and local partnerships that include SNAP-Ed providers expand the scope of activities conducted in school settings using policy, system, and environmental change (PSE) efforts. Hear directly from USDA about the new regulation on LWP requirements, useful tools and resources, as well as best practices from state agencies and schools that have leveraged SNAP-Ed partnerships to successfully implement and evaluate LWP. Get involved to enhance your wellness policy and create systems-level changes!
Learning Objectives:
• Discuss new requirements for local school wellness policies as a result of the Healthy, Hunger-Free Kids Act of 2010 and the new Federal regulation.
• Identify examples of policy, system, and environmental change efforts in school settings, consistent with SNAP-Ed guidance.
• Access and use technical assistance tools and resources in creating a healthier school environment.

Initial Results from the Northeast Regional Nutrition Education Center of Excellence (NE-RNECE) Research: Examining the Additive Effect of Direct Nutrition Education and Policy, Systems, and Environmental Changes to Prevent Obesity
4:15 p.m.- 5:15 p.m., Tuesday, 8/2 | Grand C | 1 CEU
Moderator: Jamie Dollahite, PhD, Cornell University, Division of Nutritional Sciences
Speakers: Grace Damio, MS, Hispanic Health Council; Joel Gittelsohn, PhD, John Hopkins University, Bloomberg School of Public Health; Mira Mehta, PhD, University of Maryland Extension, Department of Nutrition and Food Science; Geoffrey Greene, PhD, University of Rhode Island, Department of Nutrition and Food Sciences; Tisa Fontaine Hill, MPH, Cornell University, Division of Nutritional Sciences; Sofia Segura-Perez, MS, RD, Hispanic Health Council

Results from 5 research projects funded by the NE-RNECE will be presented. Projects are designed to build the evidence-base for the additive/synergistic effects of direct nutrition education and policy, systems, and environmental change (PSE) efforts conducted by EFNEP and/or SNAP-Ed by addressing one overarching research question: Are PSE approaches combined with direct education more effective for obesity prevention than either approach alone? Research settings are in 4 states across the northeastern U.S., range from farmer’s markets to healthcare providers to schools, and include diverse low-income populations, e.g. urban Hispanic families, rural white adults, and urban African-American youth.

Learning Objectives:
• Describe 5 research studies designed to assess the impact of combined PSE and nutrition education approaches conducted by EFNEP and/or SNAP-Ed implementing agencies in a variety of settings and with diverse populations.
• Explore initial outcome and process evaluation results from these studies conducted in 4 states across the northeast region of the U.S.
• Learn how ongoing nutrition education programming was leveraged to engage in research designed to build the evidence base for effective programs.

HomeStyles: A Case Study in Developing a Childhood-Obesity Prevention Intervention
4:15 p.m. - 5:15 p.m., Tuesday, 8/2 | Nautilus 1&2 | 1 CEU
Moderator: Carol Byrd-Bredbenner, PhD, RD, FAND, Rutgers University
Speakers: Carol Byrd-Bredbenner, PhD, RD, FAND, Rutgers University; Jennifer Martin-Biggers, MS, RD, Rutgers University

The theory-driven HomeStyles intervention enables and motivates parents to shape their home environment and lifestyle behavioral practices (diet, exercise, sleep) using quick, easy, no-cost strategies to prevent excessive weight gain in their preschool children (ages 2-5 years). The session will elucidate the development and implementation of HomeStyles, starting from conceptualization to implementation of randomized controlled trial, using best practices identified in the research literature and by guidance from a panel of experts in health behavior change, nutrition, physical activity, child development, parenting, and adult education, including motivational interviewing, healthy behavior change theory, and community based participatory research principles.

Learning Objectives:
• Describe best practices for developing childhood obesity prevention interventions targeting home environments and lifestyle practices.
• Summarize the importance of using social ecological model, social cognitive theory constructs, adult learning theory, community based participatory research, and motivational interviewing to guide intervention development.
• Create and implement interventions using best practices.

USDA Highlights from the NIFA Childhood Obesity Prevention Program
4:15 p.m. - 5:15 p.m., Tuesday, 8/2 | Nautilus 5 | 1 CEU
Moderators: Deirdra N. Chester, PhD, RDN; Mallory M. Koemens, PhD, RDN, National Institute of Food and Agriculture United States Department of Agriculture Institute of Food Safety and Nutrition
Speakers: Janice Emerson, PhD, Tennessee State University; Carol Byrd-Bredbenner, PhD, RD, FAND, Rutgers University; Sharon Donovan, PhD, RD, University of Illinois; Marian Fitzgibbon, PhD, University of Illinois at Chicago; S Cheryl Hughes, PhD, Baylor College of Medicine; Deborah John, PhD, Oregon State University; Julie Lumeng, MD, University of Michigan; Jessica Meendering, PhD, EP-C, South Dakota State University

This session will provide highlights from the research portfolio of the Agriculture and Food Research Initiative (AFRI) competitive grants program – Childhood Obesity Prevention.

Learning Objectives:
1. Articulate new knowledge of behavioral, social, cultural and/or environmental factors that influence childhood obesity.
2. Describe the impacts of family, peer, community and/or school based interventions for preventing childhood obesity.
Conference Programs - Wednesday, August 3

Developing and Promoting Sustainable Dietary Guidance
8:00 a.m. - 12:00 p.m., Wednesday, 8/3 | Grand Ballroom C | $75 per person/ Breakfast included | 4 CEU Reservation Required
Moderator: Justin Fast, SNEB Division of Sustainable Food Systems
Speakers: Hugh Joseph, PhD, Tufts University, Friedman School of Nutrition Science & Policy; Jennifer L. Wilkins, PhD, RD, David B. Fulk College of Sport and Human Dynamics; Syracuse University

With SNEB now developing a position paper concerning sustainability, this is the perfect time to reflect on ‘sustainable diets’, a term introduced by Joan Gussow & Kate Clancy in ‘Dietary Guidelines for Sustainability’ (JNE, 1986). It took until 2015 before a serious effort was made (but ultimately rejected) to include sustainability in the 2016 Dietary Guidelines for Americans (DGA).

Recent years have seen the emergence of several sustainable dietary guidelines, issued primarily by NGOs. However, many were based on limited evidence and omitted issues such as climate change, biodiversity and food security. Their development often reflected a lack of expertise relative to what goes into producing the DGA, resulting in weaker scientific standards of evidence. This suggests that intermediary roles for qualified professionals can be important to the guidance development process and to the integrity of guidelines. ‘Tufts Sustainable Diets Project’ (TSDP) is designing a framework to facilitate development of rigorously-designed sustainable dietary guidance that involves roles for professional intermediaries.

This workshop will address sustainable diets and associated guidelines development. We will initially explore key elements of sustainable diets and their connections to food systems. Participants will then be led through a decision-making exercise to navigate the links among global systems, food systems, and diets from sustainability approaches. Finally, we will address together the potential for Division of Sustainable Food Systems members to develop a set of sustainable dietary guidelines, in sync with the emerging TSDP Framework protocols. If supported, an initial one-year action plan will be a key outcome of this workshop.

Session sponsored by the Division of Sustainable Food Systems

Integrating Movement into Nutrition and Gardening for Nutrition Education
9:00 a.m. - 10:30 a.m., Wednesday, 8/3 | Nautilus 1-2 | $35 | Reservation Required | 1.5 CEU
Speakers: Carol R. Miller, RD, MEd, LDN, University of Maryland Extension, Food Supplement Nutrition Education; Jane Kostenko, MEd, BS, BA, University of Maryland Extension, Food Supplement Nutrition Education

Are you looking for ways to add movement to your students’ nutrition and gardening for nutrition lessons? Participants attending this interactive session will learn about the science supporting physical activity and classroom movement, discuss examples of how to engage youth in movement and identify opportunities to integrate movement in their nutrition education teaching. Lessons will be demonstrated using Maryland SNAP-Ed resources for elementary aged youth.

Learning Objectives:
• Participants will be able to describe the difference between physical activity and movement and explain at least two benefits from incorporating either into nutrition and gardening education.
• The participants will be able to provide a minimum of three specific lesson-related nutrition and/or gardening movement examples they can implement with their students.
• Participants will be able to reference resources available to nutrition educators to integrate movement in their nutrition and gardening for nutrition lessons.

Tour to Coastal Roots Farm: Nourishing Connections
9:00 a.m. - 3:00 p.m., Wednesday, 8/3 | Offsite - Meet in the Grand Foyer | Registration Required | $75 per person - transportation and lunch included | 4 CEU

As access to fresh fruits and vegetables becomes more challenging, particularly in urban areas, community gardens are increasingly important. Jewish community farms are a fast-growing segment of community farms that seek to cultivate more than just produce.

• Understand the way a nonprofit community farm and education center can nourish connections—to individuals, their neighbors, and the land.
• Become familiar with the Jewish wisdom and centuries-old agricultural traditions that contribute to the success of Coastal Roots Farm.
• Coastal Roots Farm is part of a growing movement of Jewish community farms around the country with the goal of becoming a model for community farming and creative Jewish expression, both at home in Encinitas, California, and around the world. Participants will have the opportunity to learn about the philosophies and practices behind these unique community gardens.

Connections - Tour to Coastal Roots Farm: Nourishing Connections

Please be aware that by registering for this Society for Nutrition Education and Behavior event, you consent to your likeness being used, without compensation, in any and all media types for use in/on Society for Nutrition Education and Behavior materials, whether now known or hereafter devised, for eternity, and you release the Society for Nutrition Education and Behavior, its successors, assigns and licensees from any liability whatsoever.
Ancillary Meetings

Saturday, July 30
7:15 a.m. - 5:00 p.m. Team Nutrition.........................................................Nautilus 3 .......... (invitation only)
3:15 p.m.- 4:30 p.m. Leadership Workshop ........................................Spinnaker .......... (invitation only)

Sunday, July 31
7:00 a.m. - 8:00 a.m. ACPP Committee ....................................................Nautilus 3 ........ (committee only)
7:00 a.m. - 8:00 a.m. Mentor/Mentee Meetup ........................................Nautilus 5
10:15 a.m. - 11:15 a.m. Nutrition Education with Industry Division Meeting ........................................Nautilus 3 ........ (all welcome)
10:15 a.m. - 11:15 a.m. Sustainable Food Systems Division Meeting ........................................Nautilus 4 .......... (all welcome)
10:15 a.m. - 11:15 a.m. Systematic Review Planning Meeting .....................Nautilus 5 .......... (all welcome)
11:30 a.m. - 12:30 p.m. Nominating Committee ........................................Nautilus 3 .......... (committee only)
11:30 a.m.-12:30 p.m. Multi-State Research Group ....................................Nautilus 4 .......... (invitation only)
11:45 a.m. - 12:45 p.m. Student Mixer - ..............................................Harbor's Edge Restaurant
Place lunch order at registration desk by 10:30 a.m. ....................all students welcome
2:00 p.m. - 2:30 p.m. SNEB Website Reveal..............................................Grand AB .......... (all welcome)
4:15 p.m. - 5:15 p.m. SNEB Awards Presentation and Business Meeting ..........Grand AB .......... (all welcome)
5:15 p.m. Resolution Reading ..........................................................Grand AB .......... (all welcome)
5:30 p.m. - 6:30 p.m. Elsevier .............................................................Spinnaker .......... (invitation only)
5:30 p.m. - 6:30 p.m. ASNNA ..............................................................Nautilus 5 .......... (invitation only)
6:00 p.m. - 7:00 p.m. Food and Nutrition Extension Education Division Meeting ........Nautilus 4 .......... (all welcome)

Monday, August 1
7:00 a.m. - 8:00 a.m. Journal Committee ..............................................Spinnaker .......... (committee only)
7:00 a.m. - 8:00 a.m. Advisory Committee on Public Policy Open Meeting .................Nautilus 1&2 .......... (all welcome)
7:00 a.m. - 8:00 a.m. 2017 Conference Planning Committee .........................Nautilus 3 .......... (all welcome especially DC area members)
7:00 a.m. - 8:00 a.m. Nutrition Education for Children's Division Meeting ............Nautilus 4 .......... (all welcome)
7:00 a.m. - 8:00 a.m. Public Health Nutrition Division Meeting .........................Nautilus 5 .......... (all welcome)
10:15 a.m. - 11:15 a.m. Weight Realities Division Meeting ............................Nautilus 4 .......... (all welcome)
10:15 a.m. - 11:15 a.m. Communications Division Meeting ............................Nautilus 5 .......... (all welcome)
11:15 a.m. - 12:15 p.m. Resolution Forum ............................................Grand C .......... (all welcome)
11:15 a.m. - 12:45 p.m. SNEB Foundation Board of Trustees Meeting ..........Nautilus 3 .......... (invitation only)
5:30 p.m. - 6:30 p.m. Student Committee ............................................Spinnaker .......... (all welcome)
5:30 p.m. - 6:30 p.m. AFRI Reception ....................................................Nautilus 3 .......... (invitation only)
6:15 p.m. Past Presidents’ Meeting & Dinner ........................................Meet at Hotel Foyer... (invitation only)

Tuesday, August 2
7:00 a.m. - 8:00 a.m. Healthy Aging Division Meeting ..............................Spinnaker .......... (all welcome)
10:15 a.m. - 11:15 a.m. EFNEP ...........................................................Nautilus 3 .......... (invitation only)
10:15 a.m. - 11:15 a.m. Division of International Nutrition Education Meeting ..........Nautilus 4 .......... (all welcome)
11:45 a.m. - 12:45 p.m. SNEB Board of Directors Meeting .........................Spinnaker .......... (committee only)
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SNEB relies on volunteers for all types of tasks. Volunteering for SNEB is a great chance to meet other members, practice a skill and build your resume.

In order to help you decide how SNEB involvement fits into your schedule, look at the opportunities grid at http://www.sneb.org/members/volunteer.html. Some tasks only take 15 minutes and can be done just once. Other tasks might need to be done for one hour each month.

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If you have questions about any of the tasks posted online, email the office at info@sneb.org.

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We value the free exchange of ideas, opinions, and research that advances knowledge in nutrition and health. These ideas provide a unique forum for your organization to experience innovative strategies in nutrition education, as well as allow you to participate in expressing a range of views on important nutrition issues. We invite you to become involved in the Society and our Foundation.

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<thead>
<tr>
<th>Name</th>
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</thead>
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Abstract Presenter Index

Abu, Brenda................................P23
Adcock, Tessa..............................FP1
Aflague, Tanisha..........................P122
Akamatsu, Rie..............................P75
Albashabsheh, Zaher.....................P24
Anderson, Gall................................FP2
Andrade, Jeanette..........................P13
Apatu, Emma................................P1
Aragon, Catalina.........................P67
Archuleta, Martha..........................P76
Asada, Yuka................................P15
Ashton, Emily..............................P123
Austin, Erica Weintraub..................NP2
Austin, Sharon..............................P26
Babautunde, Oyinola......................P124
Baker, Samantha............................P27
Baker, Sandra................................FP7
Ball, Lanoa................................P82, P132
Bark, Katie................................FP3
Barone, Adam...............................P28
Barr, Makenzie L............................FN3
Barr, Susannah..............................P2
Barre, Laura.................................P113
Bauer, Kathleen............................P29
Bellows, Laura..............................NP3, NP4
Benson, Matthew...........................O13
Bergman, Diana.............................P3
Bhana, Hershenee............................P66, P69, P159, P160
Bhurosy, Trishnee............................P16
Bill, Holly..................................P78
Blondin, Stacy...............................P30
Bowman, Shanthy.........................P79
Boyd, Lynn..................................FP4
Brand, John................................P70, P71, P211, P212
Brophy-Herb, Holly.........................NP6
Burgermaster, Marissa....................O2, P114
Burgess-Champion, Teri...................P4
Bush-Kaufman, Alexandra..................P198
Byrd-Bredbenner, Carol..................P81
Camargo, Juliana...........................P80
Camelo, Ruth...............................P32
Carlton, Jacob..............................P81
Case, Patricia..............................P33
Chen, Billy..................................P34
Cherry-Williams, Carinthia..............P35
Chrisinger, Ashley.........................P125
Clavijo, Katerina...........P83
Close, Michael A............................P84
Coccia, Catherine..........................NP10
Coker, Cora................................P36
Colby, Sarah.................................NP12
Coleman, Gayle............................P37
Colgrove, Kayla............................P38
Condor, Jose................................NP13
Connors, Priscilla.........................P60, P250
Conte, Isabel................................P85
Cooke, Natalie..............................P39
Cottrell, Lesley.............................P11
Cowling, Caree.............................P72
Cunningham-Sabo, Leslie..................NP14
Davis, Jennie...............................P156
Davis, Marsha................................NP15
Davison, Karen.............................P86, P213
Delgado, Erika..............................P41
DeGler, Patti.................................FP5
DeLisio, Amy................................P61
Dembicki, Dianne.........................P115
Dev, Dipali................................P42, P162
Diaz Rios, Karina.........................NP16
DiFilippo, Kristen.........................P87
Doerr, Celeste..............................P88
Donovan, Sharon.........................NP17
Droeger, Alyson.............................P126
Drzal, Nick.................................FP7
Duitsman, Pam...............................P89
Dunn, Caroline.............................P17, P252
Durward, Carrie............................FN1
Egan, Madison..............................P44
Ellis, Jenna..................................P45
Ensslin, Judy...............................P46, P163
Evans, Susan...............................NP9
Ewald, D. Rose.............................P90
Famodu, Oluremi A........................FN8, FN9
Fialkowski, Marie Kainoa...............P47, P214
Findholt, Nancy............................NP18
Folkens, Stephanie.......................P43
Fly, Alyce..................................P91, P215
Folander, Elizabeth......................FP8
Folken, Stephanie.........................P164
Francis, Lori................................NP19
Franck, Karen.............................P93, P94, P216
Gaines, Alisha..............................P49, P219, NP20
Garden-Robinson, Julie..................P116, P165
Gates, Gall..................................P48
Giampoli, Joan.............................P9, NP21
Giurgevich, Jennifer.....................P73
Golub, Haleigh.............................P20
Gould, Susan................................P63
Gray, Heewon...............................P95
Graziowe, Matthew.......................P96, P220
Greene, Katherine.......................P271, NP22
Guzo, Klaara...............................P25
Hagedorn, Rebecca L.....................FN4
Hager, Erin................................NP23
Hallissey, Nicole...........................P50
Hammons, Amber...........................P97
Hanson, Andrea..............................P51
Harlin-Fanning, Frances.................P52
Harison-Moody, Annie...................P5, P166, NP5
Harris, Margaret.........................P98
Harrison, Christophe.............P99
Hasin, Afroza...............................P118
Hauswirth, Heather.......................FP10
Havlavco, Alyssa.........................NP1
Henneman, Alice............................P6, P253
Herne, Rebecca.........................P239
Hey, Jen....................................P53
Hill, Tisa..................................NP25
Hofer, Emily...............................P54
Holland, Katie..............................FN2
Hopkins, Alma.............................FP11
Hopkins, Laura.............................P100
Horacek, Tanya.............................P224
Hoy, Kathryn...............................P18, P19, P218, P219
Hughes, Sheryl............................PN26
Hull, Pamela...............................NP27
Humphrey, Alyson.........................P55
Hurtado, Ghaffar.........................PN28
Izumi, Betty.................................P133
Jalbert-Arsenault, Elise..................P101
John, Deborah..............................NP29
Jung, Seung Eun...........................P102
Kaiser, Lucia...............................NP31
Karamanian, Vanesa......................P103, P167
Karnik, Gauri...............................P104
Kaume, Lydia...............................P168
Keen, Barbara..............................FP12
Keyney, Lauren.........................P105
Khurana, Priya.............................P64, P199
Kidd, Tandalayo............................NP32
Killion, Hanna.............................P10
Kim, Mi-Hyun...............................P169
Kim, Oksun.................................P170
King, Sina J E..............................FN6
Kleine, Hope...............................P127, P259
Koch, Pamela...............................P14, P145
Kurzynske, Janet.........................P221
Kwon, Sooyoun.............................P171
Lanigan, Jane..............................P106
Larsen, Jenna...............................P172
Larson, Nicole.............................O15, P128, P222
Lee, Jung Sun...............................P65
Lee, Soo-Kyung.............................P157
Lee, Seung Min.............................P258
Leung, May May............................P107, P223
Li, Cheng.................................P119
Li, Yijing.................................P108
Lillehoj, Catherine......................O7
Lin, Ann..................................O5
Lindemann, Alice..........................P109
Lingl, Christoph...........................P21
Liu, Doreen.................................P173
Lisson, Sarah...............................P200
Loehmer, Emily.............................P120
Lohse, Barbara.............................P31, P74
Lopes, Megan...............................FP16
Lumeng, Julie...............................NP33
Lundeen, Elizabeth.......................O11
Lundquist, Alexandra....................P225
Lynch, Krystal..............................P226
Mademann, Claire.........................P260
Mansfield, Jennifer......................P22, P146
Manzo, Rosa...............................NP34
Martinez, Suzanna.......................O9
Masis, Natalie.............................P147
Matvienko, Oksana.......................P142
Mbogori, Teresia............................O6, P66
McAlister, Anna.........................NP8
McBride, Rachel............................P175, P176
McCaffrey, Jennifer......................P121
McCullough, Lauren......................P177
McGirr, Katie..............................P178
Meendering, Jessica......................NP35
Mendez, Rocio..............................P134
Mesito, Mary Jo............................NP36
Metcalfe, Jessica Jarick..................P7, P135
Metzgar, Catherine.......................P227
Mincemoyer, Claudia.....................NP37
Molitor, Fred...............................P228
Moon, Maggie..............................P254
Moosman, Deanne.........................P229
Morris, Allison M.........................FN5
Mueller, Megan.............................P261
Presenting Author Index

Natale, Ruby ................. NP38  Polacsek, Michele........ NP43
Neira, Paula ................. P179  Policastro, Peggy ......... P111
Nelson, Christine .......... P180  Porter, Summer .......... P234
Nemec, Kelly ............... P262  Povis Alleman, Gayle.... P139
Newman, Terra ............. P181  Power, Lorna ............. P40
Nguyen, Bong ............... P182  Qamar, Zubaida .......... P235
Nikolaus, Cassandra J .... NP39  Quintana, Magaly ....... P187
Nix, Elizabeth .......... P230  Reeves, Cynthia ........ FN10
Noble, Brooke ............. P263  Remley, Dan ............. P188
Novotny, Rachel ........... NP40  Rida, Zainab ............ FP14
Oakley, Amanda ........... P136  Rigginsbee, Kristin .... P255
Oates, Veronica .......... NP41  Ritchie, Lorrene .......... NP46
Olesen, Megan ............. P15  Ritter, Allison .......... P143
Olfert, Melissa D. ........ FN7  Rivera, Rebecca L. ...... O16, P236
Ontai, Lenna ............... NP42  Robertson, Trina ....... P189
Opoku-Acheampong, Audrey.... P264  Sallijeral, Luanda ...... P190
Osera, Tomoko .......... P148  Sastre, Lauren .......... P237, P238
Overcash, Francine ....... NP44  Savage Williams, Jennifer NP47
Park, Haeryun ............ P184  Schaefer, Sara ........ NP48
Park, Oak-Hee .......... P205  Seguin, Rebecca ....... P201, NP49
Park, Sohuny ............ O10, P231  Serrano, Elena .......... P56, P150
Patton, Susan .......... FP13  Sharkey, Joseph ........ NP50
Paul, Rachel ............... O1  Shills, Mical ............... NP51
Perez, Mariana .......... P149  Silidorff, Jessica ....... P174
Peters, Paula .......... NP45  Silva, Monica ............ P256
Peterson, Amanda D. .... P206  Simpson, Emma .......... P240
Pflugh Prescott, Melissa ... P185, P186  Singleton, Chelsea .... O12
Pierson, Shannon ....... P232  Sisson, Susan .......... P191
Pignotti, Giselle ........ P233  Sloat, Cassidy .......... P241
Sneed, Christopher ....... P202  Smith, Diane ............ P12, P207
So, Marvin ................ O18  Sorensen, Morgan ....... P62
Soule, Katherine .......... P57  Walker, Brent .......... P195
Spees, Colleen ............. O3, P99  Walther, Ashley ......... FN12
Speirs, Katherine .......... P242  Washington, Alexandria.. P131
Stark, Aliza ............... O4  Webber, Caroline .......... P158
Stark, Christina .......... FN11  Welk, Gregory .......... NP58
Stlu,ka, Suzanne .......... NP52  Wells, Cami ............. P196
Stutz, Sarah ............... P192  Wengreen, Heidi ....... P246
Swindle, Taren ............ P110, P243  Whent, Linda .......... NP24, NP59
Syed, Noreen ............. P129  White, Adrienne ......... NP60
Tal, Aner ................. P112, P208, P209  White, Jade ............ P247
Taylor, Christopher ...... O17  Wickham, Catherine .... P58, P143, P154, P155
Taylor, Jennifer .......... P151  Williams, Kelly .......... FP6
Taylor, Umekia R. ........ NP53  Wilson, Mary .......... NP30
Teran-Garcia, Margarita NP54  Wong, Siew Sun .......... NP61
Theuri, Serah .............. P244  Woo, Taejung ............ P249
Thiagarajah, Krishna .... P152  Wright, Breanne ....... O14
Thompson-Wattles, Brenda...... FP17  Younginer, Nicholas .... P210
Torquato, Luiza .......... P193  Zahr, Rola .......... P138
Townsend, Marilyn ...... P54, NP55, NP56  Zhang, Youjie .......... P59
Turner-McGrievy, Gabrielle... P257  Zimmerman, Lynda ....... P197
Udahogora, Margaret .... P203  Wengreen, Heidi ....... P246
Ueda, Yukiko ............. P144  Whent, Linda .......... NP24, NP59
Uno, Kaoru ............... P130  White, Adrienne ......... NP60
Utter, Jennifer .......... O8, P137  White, Jade ............ P247
Vachta, Kerry .......... NP57  Zimmerman, Lynda ....... P197

Announcing the Fall 2016 Journal Club
Health Behaviors Across the Lifespan:
Education, Theory, and Policy

This is the eighth in a series that SNEB is hosting a JNEB Journal Club webinar series. Based on member interest, the fall series will focus on the topic of Health Behaviors Across the Lifespan: Education, Theory, and Policy. The series begins September 12 and will be held each Monday at 12 noon ET.

The webinars will host nutrition education and health behavior experts who will share their research that uses education, theory and/or a policy approaches focused on improving the health of individuals across the lifespan. These informative educational workshops will provide valuable learning opportunities for participants to learn the latest hot topics in the nutrition and health field. Participants can also receive CPEs by attending these educational webinars.

Remember that SNEB members attend webinars free as a benefit of membership and can access recorded sessions free at any time. If you would like to be registered for the entire fall webinar series, email rdaeger@sneb.org.

For more information go online to http://www.sneb/journal-club-webinar-series/ or contact the SNEB office at info@sneb.org or call 317-328-4627.
Celebrate SNRB’s 50th annual conference at the 2017 Annual Conference held July 19 - 22 at the Grand Hyatt Washington in Washington, DC. The Society for Nutrition Education was founded in June 1968 as a non-profit organization to publish the Journal of Nutrition Education. Once the Journal was established its purposes to include education, communication and research activities. The first issue of the Journal was published as Summer in 1969.

The SNRB Annual Conference is the premier event for nutrition education professionals from around the world. Attendees have the opportunity to interface with influential nutritionists from extension, public health, government, academia, industry, and community settings. Throughout the conference, attendees will be able to experience education sessions featuring the latest information on dietary guidelines, educational strategies, nutrition policy, technology advances, and wellness initiatives with a focus on putting research into practice.

**Key Dates:**
- Call for Programs Due: Friday, October 7, 2016
- Abstract Submissions Accepted: November 1, 2016
- First Deadline for Abstract Submissions: Monday, January 23, 2017
- Late Breaking Research Abstract Deadline: March 1, 2017
- Details at [http://www.sneb.org](http://www.sneb.org)

**Conference Hotel | Grand Hyatt Washington**
100 H Street NW, Washington, DC 20001
Mobile friendly schedule and speaker material online at http://www.sneb.org/2016