



Weight Realities Division

Society for Nutrition Education and Behavior

Joanne Ikeda Memorial Student Scholarship

GOAL

The goal of the Joanne Ikeda Memorial Student Scholarship is to provide financial assistance to a student to attend the SNEB Annual Conference. Joanne Ikeda was an internationally known nutritionist and former SNEB president who passed away in November of 2018. Joanne played a huge role in the development of a new approach to weight management, Health at Every Size® (HAES), which is built on the following five principles:

- **Weight Inclusivity:** Accept and respect the inherent diversity of body shapes and sizes and reject the idealizing or pathologizing of specific weights.
- **Health Enhancement:** Support health policies that improve and equalize access to information and services, and personal practices that improve human well-being, including attention to individual physical, economic, social, spiritual, emotional, and other needs.
- **Respectful Care:** Acknowledge our biases, and work to end weight discrimination, weight stigma, and weight bias. Provide information and services from an understanding that socio-economic status, race, gender, sexual orientation, age, and other identities impact weight stigma, and support environments that address these inequities.
- **Eating for Well-being:** Promote flexible, individualized eating based on hunger, satiety, nutritional needs, and pleasure, rather than any externally regulated eating plan focused on weight control.
- **Life-Enhancing Movement:** Support physical activities that allow people of all sizes, abilities, and interests to engage in enjoyable movement, to the degree that they choose.

SCHOLARSHIP

One scholarship of \$250 will be awarded to an SNEB student member to offset the cost to attend the annual conference.

CRITERIA FOR ELIGIBILITY

To be eligible for consideration for this scholarship the applicant must be a Student Member of SNEB.

Student Members are: Individuals who are registered as full-time students or are actively working on a degree at an accredited college or university or are enrolled in a dietetic intern program. Student status must be verified by having a faculty member sign the membership application. Non-members can join at <https://www.sneb.org/become-a-member-of-sneb/>

APPLICATION PROCESS

An eligible student who wishes to apply for the Joanne Ikeda Memorial Student Scholarship must fully complete an application online at <https://sneb.submittable.com/submit>. The application will entail providing the following information:

- Name
- Mailing address

- Phone number
- Email
- College/University
- Year in school
- Degree in progress and subject area of degree
- Essay question response (500 word max)
- Current curriculum vita/resume

APPLICATION DEADLINE

The application must be submitted by midnight EDT **April 1.**

JUDGING PROCESS

All essays will be rated based on the quality of response to the following two questions. The student's ability to express ideas well and convey information clearly and concisely will also be considered. (500 word max)

- How is your research or work promoting the HAES principles? (This can be expressed by describing work you are already doing or work you are interested in pursuing in the future.)
- How will exposure to conference sessions help you advance your nutrition education career goals?

SCHOLARSHIP RECIPIENT NOTIFICATION AND RECOGNITION

The scholarship recipient will be chosen by June 1 and notified by the Weight Realities Division Chair. The scholarship recipient will be recognized at the Weight Realities Annual Business Meeting and other Annual Conference activities/sessions, and in the Annual Conference Program Booklet.

SCHOLARSHIP RECIPIENT MENTORING

The scholarship recipient will be offered the opportunity to work with a conference mentor. The name and contact information for the mentor will be provided by the Weight Realities Division Chair.

Note: Following the conference, the scholarship recipient will be required to submit a brief recap in the format of an article, video, or blog about your experience at the conference, which will be posted on the Weight Realities-Division website.