SNEB
HEALTHY AGING DIVISION

Annual conference Division meeting
July 30, 2020 @ 2pm
AGENDA

• WELCOME AND INTRODUCTIONS
• PURPOSE OF THE DIVISION
• HIGHLIGHTS FROM THIS YEAR
• HAD CONFERENCE SESSION
• PLANNING
• NEXT STEPS
WELCOME!
We’re so glad you are here!

Healthy Aging Division
Society for Nutrition Education and Behavior

#SNEB2020: What Food Future?
Where in the world are you?
Who is in the room?

Current Member - Keep me coming back!

Potential New Member - Impress me :)

Text SOCIETYFORNU208 to 22333 once to join
Who is in the room?

Current Member
- Keep me coming back!

Potential New Member
- Impress me :)
When poll is active, respond at PollEv.com/societyfornu208
Text SOCIETYFORNU208 to 22333 once to join

Who is in the room?

Current Member - Keep me coming back!

Potential New Member - Impress me :)

Start the presentation to see live content. For screen share software, share the entire screen. Get help at pollev.com/app
THANK YOU FOR SHARING!

Welcome!
HEALTHY AGING DIVISION LEADERSHIP

Alexandra Lewin-Zwerdling, PhD
Chair 19 – 20

Ali Berg, PhD, RDN
Chair-Elect 19 -20
(Incoming Chair)

Seung Eun Jung, PhD, RDN
Incoming Chair-Elect 20 - 21

#SNEB2020: What Food Future?
THANK YOU! - HEALTHY AGING DIVISION VOLUNTEERS

Oyinlola Toyin Babatunde, PhD, MPH, RDN, FAND
ACPP Representative 19 – 20

Doris Montgomery, MS, RDN
ACPP Representative 19 – 20
PURPOSE OF THE DIVISION

The goal of this division is to provide a forum for SNEB members to network, stimulate research, and optimize nutrition-related quality of life for older adults through improved nutrition education and behavior.
THE DIVISION STRIVES TO:

- Provide a forum for division members to share knowledge and resources to support nutrition educators interested in and/or working with the older adult population;

- Provide knowledge, skills and resources pertinent to healthy aging;

- Provide a forum at the SNEB Annual Conference for professional development and discussion of issues related to older adults;

- Promote SNEB’s goals and strategic plan through division activities;

- Foster policy development and leadership through SNEB’s ACPP

- Determine the need for, develop, and/or endorse position and policy papers supporting SNEB’s direction for nutrition quality of life and nutrition education issues related to older adults;

- Encourage publication of articles related to healthy aging in JNEB; and

- Establish partnerships with other agencies to promote nutrition quality of life for older adults.
WHAT DOES THIS LOOK LIKE?

• MAJOR ACTIVITIES
  – Professional Development:
    • Webinars
    • Hot topics calls
    • Annual Conference Sponsored Session
  – Policy updates, including those via ACPP
  – Propose resolutions
  – Publish editorials
HIGHLIGHTS FROM 2019 - 2021

• Hot Topics Call
  – Rose Saltalamacchia, Feeding America State Of Senior Hunger Report

• Webinar
  – Delivering Health Aging and Improving Quality of Life, Dorothea Vafiadis, NCOA
RESOLUTION PASSED!

“Recommit to an Ongoing Lifespan Approach and Address the Needs of a Growing Aging Population”
HEALTHY AGING DIVISION
SPONSORED CONFERENCE SESSION

NUTRITION AND AGING SERVICES:
Screening, Innovating, Collaborating and Best Practices on Evaluating their Impact

July 24, 2020

#SNEB2020: What Food Future?

Speakers
Sarah Francis, PhD, MHS, RDN
Associate Professor, Extension Specialist
Iowa State University

Wendy Dahl, PhD, RDN
Associate Professor
University of Florida

Ali Berg, PhD, RDN
Associate Professor, Extension Specialist
University of Georgia
CONFERENCE SESSION HIGHLIGHTS

• CALL TO ACTION:
  – Nutrition educators are vital to improving the health of older adults
  – Need to focus on high quality program delivery and evaluation
  – Evaluation/research → funding
  – Use validated tools: COAST (Dahl et al.)
  – Publish findings!
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Society for Nutrition Education and Behavior

#SNEB2020: What Food Future?
THE ROAD AHEAD
COMING YEAR NEEDS (*Minimum*)

- 2 WEBINARS
  - 1 HAD Standalone
  - 1 HAD with ACPP
- 1 HOT TOPICS CALL
- 2021 ANNUAL CONFERENCE SESSION PROPOSAL (DUE SEP/OCT)
LET’S CHAT!

WHAT WOULD YOU LIKE TO SEE IN THE COMING YEAR?
LEADERSHIP OPPORTUNITIES

NEED NOW (DEFINITELY)

• Membership Coordinator
  – Send new member welcome
  – Recruit new members

• ACPP Committee Representative
  – Attend monthly ACPP meetings
  – Bring division important issues to ACPP
  – Provide content for ACPP emails as appropriate

NEED NOW (IDEALLY)

• Conference Committee Representative

• Fundraising Committee Representative

• Communication Coordinator

• Competency Coordinator

*Appointed positions; identify by Sep 1, 2020

#SNEB2020: What Food Future?
LEADERSHIP OPPORTUNITIES—ELECTED POSITIONS

NEED LATER FOR 2021 - 2022

• Chair-Elect
  – Responsible for supporting the work of the Division, learning from the Chair as they prepare to take on the role of leadership in the next year.

• Treasurer/Secretary (NEW)
  – Responsible for creating and managing the financials of the Division such as the budget and expenses as well as taking notes and tracking progress on Division goals around meetings.

*Elected positions; need nominations in January 2021
VOLUNTEER NEEDS

• OSTEOARTHRITIS ACTION ALLIANCE (OAAA) SNEB REPRESENTATIVE
  – OAAA expanding its work/offerings in nutrition and weight management
  – Need a nutrition educator to serve on a subcommittee with physicians, social workers, exercise scientists, and other health practitioners
    • 1 meeting per month (~30 minutes)
  – SNEB has agreed to present a lunch-and-learn as part of monthly series
    • Date: Oct 21, 2020
    • 18-20 minutes of content plus Q&A
    • Volunteer can present or collaborate with Dr. Kolasa
GOALS FOR THE DIVISION

• LONG TERM – OVER THE NEXT 3 YEARS

• SHORT TERM – THIS YEAR

• COMMUNICATIONS CONSISTENCY – WHAT DO YOU WANT?

• CONNECTING WITH OTHER ORGANIZATIONS?
SAVE THE DATE!

• NEXT DIVISION MEETING

• AUGUST 18, 2020 @ 1 PM EST

• VIA GO TO MEETING  
  —will email link
SNEB
HEALTHY AGING DIVISION

Thank you!!